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## Advertiser-News

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Volume XIX Number 20

"Your Hometown Newspaper"

May 16, 1996

## Zabielski Given Nod To Take Helm At Agawam High School

by Kathy Cassanelli  
News Editor

He's not "acting" anymore. After spending most of the school year auditioning for the part, Joseph Zabielski has been appointed as the new principal of Agawam High School.

Superintendent of Schools Bernard F. Ryder said Zabielski was the unanimous choice of the search committee he had appointed to assist in narrowing the field of a dozen candidates to two finalists.

Ryder said the year of experience as acting principal brought Zabielski up to the level of being able to compete with the more experienced candidates for the job.

"He's the best person to serve the needs of the High School staff and students," Ryder said.

Zabielski has been given a three-year contract.

Ryder said the new High School principal would need the confidence of having a three-year contract in order to make the necessary corrections and improvements to the school.

Hired as a social studies teacher in 1968, Zabielski moved from the classroom to the front office as acting assistant principal when David Bates retired in January 1995. He was appointed deputy principal last August and took over as acting principal when Russell Furtado resigned in September.

SEE ZABIELSKI - Page 2...



ACTING AHS PRINCIPAL Joseph Zabielski has been appointed as the school's permanent principal.

## Memorial Trees On Leonard House Lawn Honor 2 Civic Leaders

by Kathy Cassanelli  
News Editor

The front yard at the Captain Leonard House was recently enhanced by the addition of three trees planted as living memorials through the contributions made by two Agawam residents and a civic club to one of the town's historic landmarks.

Under the auspices of the town's Beautification Committee Memorial Tree Planting Program, the trees honor former Town Councilor Richard Brindle, Walter Lawrenchuk, and the Agawam Women's Club.

On hand for the ceremonial planting, Mrs. Marian Brindle said it meant a lot to her family to have a tree planted on the front lawn of the historic home that was so dear to her late husband.

### Former Board Of Directors Member

Serving on the Leonard House board of directors for 38 years, and for many years as president, Brindle visited the town's showpiece on a daily basis, Mrs. Brindle said.

Attending the ceremony on behalf of the Beautification Committee, Town Councilor George Bitzas added, "The Leonard House was Richard's second home."

SEE MEMORIAL TREE PLANTINGS - continued on Page 6...

## Ouster Move On Thompson Fails At Tense Meeting

by Kathy Cassanelli  
News Editor

After more than two hours of parliamentary maneuvering, the Town Council failed to oust president Nancy Thompson at the second of two special meetings held on Friday, May 10th.

Both meetings were chaired by Council Vice-President Jill Simpson. Serving as the acting mayor while Christopher C. Johnson was on vacation, Ms. Thompson could not participate in the vote that nearly removed her from office.

In the end, it wasn't the challenges to the chair's rulings, the many 10-minute recesses, the filibustering or the squabbling over whether or not citizens' input should be allowed that made the difference.

In the end it all came down to one councilor's decision. Although he was one of the six councilors who had called for the meeting to rescind the January 2nd election of Ms. Thompson as the council president, Councilor Dennis Perry voted against removing her from the chair. It was expected that Perry would have been elected as the next council president.

Voting to rescind Ms. Thompson's election were Councilors Gary Suffriti, Thomas Ennis, Edward Caba, Kent Servis, and Joseph Langone. Councilors Jill Simpson and Christian Quatrone abstained; Councilor Bitzas was absent due to illness, and Ms. Thompson could not vote. Councilor David Skolnick voted no.

In a move that drew audible gasps of surprise from both Town Councilors and audience members, Perry, a freshman councilor, switched sides and threw his support to Ms. Thompson when the tense roll call vote was called.

Exhausted after more than a week of political intrigue and in-fighting, Ms. Thompson said she would continue to conduct herself in a professional manner, but she expected the "good old boys network" would try again to remove her as the council president.

"If that's their agenda, that's what will happen," Ms. Thompson said. "But I will not step down; I will not move."

Ms. Thompson called the move to oust her a sad day for Agawam, as councilors with ties to the "old boy network" practiced battlefield politics to remove her while the mayor was out of town by calling two special Town Council meetings.

Usually, special meetings are called for emergency situations impacting the health, safety, and welfare of the town.

SEE OUSTER MOVE - Page 8...

## Superintendent Interviews Slated

The Agawam School Committee will conduct semi-finalist interviews for superintendent of schools on Tuesday, May 21st and Wednesday, May 22nd, in the Middle School auditorium. The public is welcome to attend and the interviews will be aired on Cable Access Channel 5.



ON THE FRONT LAWN of the Captain Charles Leonard House, Town Councilor George Bitzas, a member of the Beautification Committee, Marion Brindle, wife of late civic leader Richard Brindle, and John Zebryk, Beautification Committee member, were on hand for a ceremonial tree planting earlier this month. Advertiser News photo by Jack Devine.



## Five Star Transportation's Bid Rejected...

## School Time Transportation Gets 5-Year Contract For School Buses

by Kathy Cassanelli  
News Editor

Agawam schoolchildren will ride to school for the next five years on buses operated by School Time Transportation, Inc. of Springfield.

At the Tuesday, May 14th meeting, the School Committee voted 6-0 to accept School Time as the lowest responsible bidder for the largest single contract awarded by the School Department.

School Time entered a bid of \$2,523,909 to provide regular school bus transportation, the kindergarten runs, four days of late bus service at the Middle School, Junior High, and High School, and transportation for field trips and athletic events.

Associate Superintendent of Schools Donald Charest said the competition for the contract was so close that the second- and third-place bids were separated by \$55.10.

Charest said he recommended School Time without hesitation, even though the firm had been in the news recently when nearly half its fleet in

Springfield failed safety inspections.

Charest said the failed safety inspections dealt with student littering and vandalism.

Charest said he spoke with the state police inspector who conducted the inspections and sought input from other school systems currently being served by School Time before making his recommendation.

The inspector had nothing but praise for the effectiveness of the company's maintenance, and the company received high marks from the school systems they serve, Charest said.

School Time Vice-President William M. Hurley said there were no serious safety violations on their buses in Springfield. "We transport 25,000 children twice a day and we have the support of every community we deal with," Hurley said.

Hurley said he planned to meet with bus drivers currently working in Agawam next week to discuss future employment.

Also in a 6-0 vote, the committee rejected the bid submitted by Five Star Transportation as non-responsive. Five Star is the current school bus contractor. Their contract runs out at the end of June.

School Committee Chairman (Mayor) Christopher C. Johnson said the committee had received a letter from Five Star claiming that they had made a mistake filling out the bid specifications and they were the actual low bidder on the contract.

After reviewing the bid, Johnson said he came to the conclusion that their bid was non-responsive because their error was not a minor mistake or the transposition of numbers.

Johnson said attorneys from the state Inspector General's Office concurred, although they declined to put their opinion in writing pending the receipt of a complaint from Five Star.

## ZABIELSKI - from Page 1...

Since taking over in September, Zabielski has been working to implement the five-point action plan first presented to the School Committee last fall.

To date, Zabielski's accomplishments include a new student disciplinary code based on a policy of zero tolerance for violence and drugs; a new attendance policy linking student absences to a reduction in their grade; the creation of a partnership with the business community; increased visibility and consistency within the High School administration; and increased parental involvement.

Zabielski said he would continue his open and honest approach to work with people to make improvements at the school.

"As long as we work together and realize there

is a lot of work to be done, we will make the High School a better place," Zabielski said. "We have a good High School and like all schools, we need more work."

## Focusing On The Months Ahead...

Zabielski said in the months ahead he will be focusing his attention on developing an accreditation plan for 1998; setting up a mentoring program pairing first-year teachers with experienced teachers; and looking into ways to improve teacher evaluation.

In the short term, Zabielski is seeking to have the position of dean of students expanded to a full-time rather than a 10-month position. Also, plans are being made for an orientation day for incoming freshmen and their parents.

The announcement of Zabielski's hiring drew praise from the former co-chairman of the AHS School Improvement Council and from the feature editor of the school's student newspaper.

Thomas Tierney, who resigned his spot on the school council to protest an underfunded school budget, said he was pleased and happy with the decision to hire Zabielski.

"He is a very good choice," Tierney said. "He has the potential to be a strong leader for the future of education in Agawam."

AHS senior B.J. Cortis said Zabielski's appointment was a relief after nearly a year of uncertainty.

"I was a little worried at the process (of selecting a new principal)," Cortis said. "I don't think anyone could prove themselves more than Mr. Zabielski has and no one could be more qualified for the job. He's the only person for the job."

Zabielski lives in Westfield with his wife, Jane, and their teenage sons, Joe and Edward. Mrs. Zabielski teaches second grade at Granger School.

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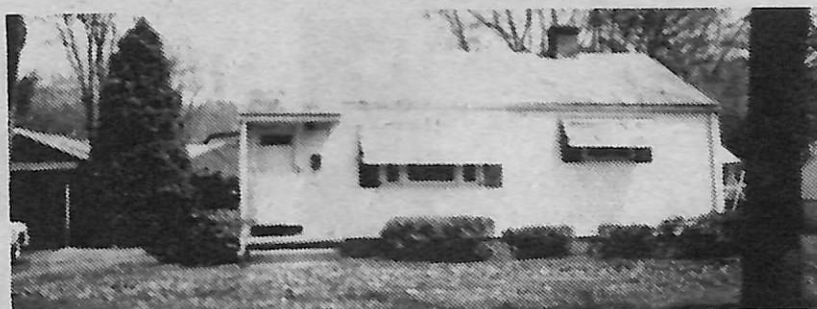


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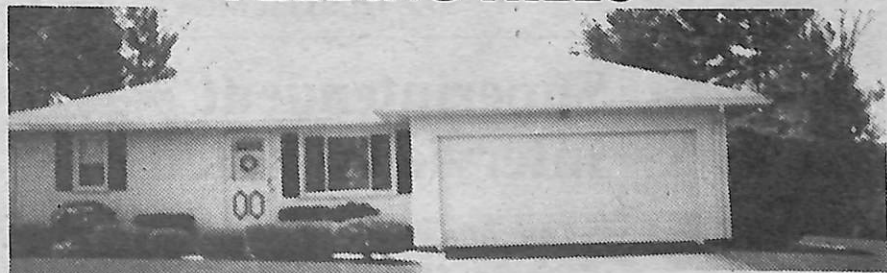


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## Myths Are Being Perpetuated At Town Council Meetings

### To The Editor:

There are many myths being perpetuated at council meetings that can make your blood boil:

MYTH NO. 1: We adopted the charter in 1989 because we wanted the mayor and council to govern us and make all our decisions without consulting us.

RESPONSE: As a Korean War draftee, I deeply resent being blocked from the democratic process.

MYTH NO. 2: It is enough that the public has the right to vote people out of office.

RESPONSE: It is not enough that we can only participate in a game of musical chairs, where the faces may change but the frustrations continue.

MYTH NO. 3: The public has adequate means of expression through Citizen Speak Time, letters to the AAN editor, and radio talk shows.

RESPONSE: We greatly appreciate these opportunities, but majority opinion remains unknown. Ballot questions provide majority opinion, but we have to wait up to two years for the answers.

PROPOSAL: INTERACTIVE GOVERNMENT.

Ross Perot proposed in his presidential campaign four years ago that there was technology available for instantaneous public opinion polls. Picture a council meeting of the future when a non-binding question is asked over Channel 5 and the results are announced by the end of Citizen Speak Time.

What a tool this could be for decision-making!

Don Hazen  
Feeding Hills

## Councilor Perry Has Given Priority To The Town's Needs

### To The Editor:

On behalf of C.A.T. and myself, I would like to thank Town Councilor Dennis Perry for placing the needs of the town over any personal pressure he may have felt in voting "no" for the removal of Nancy Thompson as Council President.

Apparently he was under tremendous pressure, and I know he made a courageous decision on Friday, May 10th. The council must now look past the horrendous dialogue of that evening and work together to make important decisions regarding the future of our town.

As I collected signatures on a petition regarding the six members of the council who voted against a public hearing on the "in-lieu-of-tax" agreement with Berkshire Power, I heard many negative comments concerning certain council members and their behavior during the past few months. These same members want public input only when it is convenient to them.

They voted for an expensive, non-binding referendum on the one hand, and an hour later refused to allow citizen input on the "in-lieu-of-tax" agreement. Then on Friday, May 10th, certain members of this group went public with statements that the citizens should have no right to comment on the removal of the Council Presi-

dent.

Are they in favor of the citizens' right to speak on the issue or not? You decide, and keep that decision until the next council election.

We have collected almost 200 signatures in just two days to force a public hearing. Please watch the media for an announcement on the date of this important hearing.

Mayor Johnson has promised to hold an open discussion with the town on this agreement. This was originally scheduled for 5:30 p.m. on Monday before the next council meeting. Please check the media and Community Bulletin Board on cable channel 5 for more details.

This is an important issue. Please stay informed. Ask as many questions as you want. The Mayor has nothing to hide and is trying to bring a worthwhile project to town.

In my opinion, Berkshire Power will strengthen the town's future, and the agreement will not only give us increased revenue but will protect the town's rights for the next 40 years.

All citizens should become involved on this issue. Let the council know what you think. Don't wait for a future referendum. Contact them by phone or letter A.S.A.P.

If you have concerns, call Berkshire Power at 786-5640. Their spokesperson will answer all the questions you have. They offer this service because they are also concerned about the future of this town where many of their future employees may live.

Frank Meagher  
Feeding Hills

## Vote On Council President Tied To Berkshire Power

### To The Editor:

It's nice to see that some facets of our town government work in the interests of the people of Agawam. Twice this year, the insidious Berkshire Power power plant scheme has been dealt rightful blows. First, the Zoning Board of Appeals rejected the proposal. And now the Town Council has refused to allow the "in-lieu-of-taxes" treaty to be pushed down our throats by the increasingly desperate Berkshire Power proponents and their pet politicians.

Unfortunately, there is still room for a huge amount of improvement in our town government. The latest indication of this was the vote to remove Ms. Thompson from the position of town council president.

Since the beginning of the power plant controversy, Ms. Thompson has acted against the interests of the people of Agawam. Her latest ploy was to reject a public hearing petitioned for by town residents regarding town insurance contracts. This action demands her removal from the council presidency, and should demand her resignation from the council.

Several items with respect to the recent town council vote on Ms. Thompson's presidency bear scrutiny. First, Ms. Thompson commented in the press that the attempt to remove her was an indication of politics as usual in our town. This is amusing, as she is part of the ruling clique which apparently is trying to run the town for its own selfish interests.

I see "politics as usual" in her remaining as the town council president. Apparently, the interests of the people of Agawam will continue to suffer. If Ms. Thompson had any integrity, she would resign from the town council immediately, as her words and actions indicate that she does not have OUR interests at heart.

In addition, it was very interesting to see in the television news segment regarding the town council vote that Ms. Thompson was being embraced in a victory celebration by a Berkshire

Power employee. This helps reinforce in the minds of many of us who saw this as the appearance that Ms. Thompson has "sold out" to those outsiders who are trying to plunder our town.

Also interesting was Mr. Perry's comment seen in the TV news segment, which stated that the vote on Ms. Thompson's presidency "sent a message." Unfortunately, the message sent was to Agawam's residents, in that it appears Mr. Perry was gotten to, by political or Berkshire Power interests, to not press home the removal of Ms. Thompson.

His failure to vote Ms. Thompson out of the town council presidency wasted OUR time and resources. As a reminder to all of the town council members, public service means service to the people of our town, not to political or business cronies. If self-interest and conflict of interest cannot be avoided, those indulging in such mean-spirited acts should step down from the town council.

An interesting comment also came from former Town Councilor Dziardziel, who stated that she and her cronies would not stand to see the town get "screwed out of any money." As a town councilor, Ms. Dziardziel had no problem with "screwing" the town over the Berkshire Power proposal, and in mocking town residents during Town Meeting citizen speak time.

Evidently, a paltry, "insignificant" amount of money, which would be in-lieu-of-taxes, means more to her and her "Committee of Agawam Tax-payers" than all the problems to be foisted on Agawam by Berkshire Power. Such a "committee" continues to support Berkshire Power, which has refused to pay taxes on their monstrous project. Apparently, the "Committee of Agawam Tax-payers" is nothing more than a front for Berkshire Power.

The severest criticism should rest on the person at the top of our political heap, our so-called Mayor Johnson. Despite disclosure of his conflicts on interest, he apparently continues to engage in them. His division of legal resources in defending the town from Berkshire Power's lawsuit regarding the Zoning Board of Appeals' decision is an indication that he is representing Berkshire Power's interests and not the town's.

By perverting town processes and by not telling the complete truth regarding the Berkshire Power deal, Mr. Johnson represents the definition of a public official who no longer represents the public's interests.

SEE LETTERS - Page 5...

## COMMUNITY CALENDAR

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Saturday, May 18th  
Agawam Garden Club's plant sale  
(to benefit club's scholarship fund)  
At Captain Leonard House, Main St.  
9:00 a.m. to 12:00 noon

Saturday, May 18th  
Tag & bake sale at the Spfld.  
Turnverein, 176 Garden St., F.H.  
10:00 a.m. to 4:00 p.m.

Saturday, May 18th,  
Car wash to benefit AHS Band  
At Topper's Ice Cream,  
312 Springfield St., Agawam  
12:00 noon to 3:00 p.m.  
Cars, \$4; vans & trucks, \$7

Saturday, May 18th  
Roast beef supper at  
Agawa Methodist Church  
5:30 p.m.  
Call 789-0684 for tickets

Sunday, May 19th  
Boy Scout Troop 78's  
"Pancake Breakfast" at the  
Spfld. Turnverein, Garden St.  
7:00 to 11:00 a.m.  
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## LETTERS - from Page 4...

My question to Mr. Johnson continues to be, what is in the Berkshire Power deal for him personally? Unfortunately, I do not expect an honest answer from him. Instead, Mr. Johnson will probably try to fluff off such criticism in the same vein as his recently publicized remarks, that his critics are just a bunch of political "has-beens" or "wannabes."

While trying to pass off the concern of Agawam citizens as merely the squabbling between political "clubs," Mr. Johnson evidently misses the point. Most of his critics are like me—frustrated, aggravated citizens who are NOT seeking town office, but ARE tired of seeing the town run in a manner detrimental to our health, safety, taxes, property values, and resources.

Again, a mayor with any integrity would throw the rapacious outsider Berkshire Power representatives out on their ears and clean up his act, or resign immediately.

Rob Keenan  
Agawam

## Councilors Deserve Praise For No Vote On BP's Tax Payment

### To The Editor:

Thank you Tom Ennis and the rest of the councilors who voted against the \$1.2 million in-lieu-of-tax payment.

No matter what the CAT people say, the councilors who take the most interest in the Agawam taxpayers are doing their job now. The other ones got thrown off the council or came close.

Great job, people.

Robert Philp III  
Agawam

## Planning Board Member Said To Have "NIMBY" Syndrome

### To The Editor:

In the "Local" section of the *Sunday Republican* of May 12, 1996 was a large article detailing plans to beautify the much-traveled entrances to Agawam. What a great idea. Some minor work has been done in the past, mostly in the summer months, to spruce-up the busy intersections in town, but this project is much larger and will be permanent.

The article went on to say that the cost of the project would be funded mostly by donations and volunteer help, exactly the kind of citizen input that makes someone feel even more proud of their town. When I lived in Ludlow 10 years ago, the people of the town donated money and skills to build an impressive playscape for the children, which is still just as beautiful and busy today as it was when it was first erected.

What was disheartening about the *Republican* article was the reaction by one of our town officials, Planning Board member Mr. Frank Lawlor. What a slap in the face for Associate Professor Ahern and the graduate students of the University of Massachusetts who worked hard on this project. I find it very unprofessional on the part of Mr. Lawlor to label this effort "a total waste of money."

Am I surprised? NO. This "Twilight Zone" attitude exhibited by Mr. Lawlor is just another symptom of the Not In My Backyard (NIMBY) Syndrome. You see, a NIMBY is only concerned about what is good for themselves and their own area and is unconcerned about how their selfish attitude affects the whole. Keeping Agawam rural, beautiful and supportive of property value is top on Mr. Lawlor's list when it comes to a power plant being built near his home, but beauty and property value is a "total waste of money" when it comes to some other neighborhood.

Remember the proposal for the gambling casino at Riverside Park? Mr. Lawlor was a vehement supporter for the increased employment and economic spin-off to the town from a casino not in his own neighborhood, but now he is against employment and economic gain for the town when the project is in his backyard.

You can't have it both ways. A Not In My Backyard attitude can stunt the economic and social growth of a town just like cancer robs the young of a long and productive life.

Thank You,  
Stephen Maloney  
Feeding Hills

## Concerned About Country Property On School Street

### To The Editor:

I have been concerned over a piece of property on School St. that had been the old farm for the County Jail that was located on York St. in Springfield for many years. The farmhouse on the

parcel was home to the Hampden County deputy sheriff, who managed the 45-acre parcel as a prison farm for the County.

Since the building of the new Hampden County jail in Ludlow, the farm and the farmhouse have been abandoned and fallen into disrepair. The only maintenance of the property over the last several years has been the placing of "No Trespassing" signs on the barn. It has only been since I have made known my concerns has some cleanup started around the property in the last couple of weeks. Now I have heard it rumored that the Hampden County Commissioners has a plan to demolish the old farmhouse.

What concerns me the most about this property is that the Hampden County Commissioners have filed a lawsuit in Feb. of 1995, against the Town of Agawam, the Great and General Court of the Commonwealth of Mass., and the Attorney General of the Commonwealth over this parcel on School St. and other parcels in Feeding Hills. This court case comes under the docket number 95-206.

The three County Commissioners, through the county attorney, state in the complaint that:

"This is an action to Quiet Title to five (5) parcels of real estate in Agawam, MA owned by the County of Hampden. On 1988 the legislature enacted C119 of the Acts of 1988 which directs that the land be conveyed to the Town of Agawam. The legislation is invalid because the land is held for agricultural and environmental purposes, and a two-thirds (2/3) vote is necessary, as well as compensation, for such a direction for a conveyance."

I have found, after obtaining and reading the complaint brought, that the amount of land in Agawam involved in this case is approx. 350 acres, including land along the riverfront and the bulk of the land being in Feeding Hills. It is my opinion that the County Commissioners should not be landlords in the Town of Agawam nor should they talk about, as it has been rumored, the demolition of a farmhouse on the land mentioned in the suit that might have historic or other value to the Town of Agawam.

The Hampden County Superior Court case first should be adjudicated before any steps or decisions are made with regards to the land located in Agawam other than the needed maintenance and upkeep of the property. The ownership of land by Hampden County is not limited to Agawam but to nearly all of the 23 cities and towns in Hampden County, however, the greatest amount of County land is located in Agawam.

SEE LETTERS - Page 6...

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## LETTERS - from Page 5...

I am looking into the history of the building and land on the School St. parcel and its possible uses, should the case be decided in the favor of the Town of Agawam. The building on the School St. parcel could possibly be used, if brought into repair, as a home for our historical society. The 45 acres of land on School St. and River Rd. could be utilized for the site a much needed new senior center facility, a riverfront picnic area for the citizens of Agawam, community gardens, community basketball courts, tennis courts, and/or athletic fields. We could combine one or all or any combination of these much needed facilities so that the old and the young of our community could enjoy this area by the river.

Indeed the Town of Agawam should have the ultimate control, use, and ownership of this property and all property in Agawam currently owned by Hampden County. The Town of Agawam pays approx. \$113,000.00 per year directly to the Hampden County Commissioners for its share of services provided to this Town by the County. I have yet to understand what service the Town of Agawam is receiving by being sued by the Hampden County Commissioners over land in our Town. I also have to wonder how much of the \$113,000.00 of our tax money paid to the County is being used to fund this suit against our Town.

The County Commissioner meetings are presently held at 50 State St. at the Hampden County Hall of Justice in Springfield, MA at 1:00 p.m. each Wednesday. These meetings are open to the public. At the next meeting, I will be asking the Commissioners not to plan any demolition of the building on School St. until the resolution of the aforementioned case. I will also be asking them to allow the Agawam Historical Society to gain access to the building and records regarding the construction and history of the building to determine any historical significance.

Abe Kasparian

Candidate for Hampden County Commissioner  
Agawam

## AHS Lacrosse Wants Better Coverage From The AAN

### To The Editor:

I am a co-captain of Agawam's varsity girls' lacrosse team and I am writing on behalf of the team. We are very unhappy, to say the least, at the job Dave Rollins has done covering our games.

As of now, we have played seven games and he has covered one. Every week the team looks in *The Advertiser* for coverage of our games, and every week we find absolutely nothing. This team has worked very hard and has earned the right to become a varsity team.

Therefore, we also earned the right to be covered in your sports section. Obviously Mr. Rollins does not agree, otherwise, we would have the same amount of coverage as the other varsity teams at Agawam High.

Lacrosse is a great, fast-paced, high scoring game and the team feels the Town of Agawam should be able to read about it.

Thank you,

Alison Reseigne, Co-captain  
AHS Varsity Girls' Lacrosse Team

## Police Officers & EMT's Applauded By Resident

### To The Editor:

I would like to express my sincere appreciation and gratitude to the officers and EMT who responded to my 911 call on May 4th, early morning.

They were at my home in minutes and gave me comfort and support on the way to Baystate Medical Center.

Agawam residents are fortunate to have these caring people on our police force.

Thank you all.

Fern Binelli  
Agawam

## Best Local News...

### Personalized Wedding Invitations All Occasion Invitations

Selections in the comfort of your home,  
at your convenience.

For an appointment, call...

413-786-7231 Gail Roberts



**ON HAND FOR THE MEMORIAL TREE PLANTING** on the front lawn of the Captain Charles Leonard House. From left - John Zebryk, Beautification Committee; Joanne Willis, president, Agawam Women's Club; Alice Collins, assistant treasurer, Agawam Women's Club; Elaine Smith, past president, Agawam Women's Club; and Town Councilor George Bitzas, Beautification Committee member. The Women's Club was honored with a memorial tree, along with the late Richard Brindle and Walter Lawrenchuk. Advertiser News photo by Jack Devine.

### TREE PLANTING - from Page 1...

Mrs. Brindle said the family also planned to contribute memorial plantings to the Junior High School where Brindle served on the building committee; at the main gateway into Agawam at the Morgan Sullivan Bridge, and at the Agawam Country Club.

He was very much in favor of purchasing the golf course, even though he rarely golfed," Mrs. Brindle said. "He felt it was good for the town."

After the linden tree was planted in her husband's memory, Mrs. Brindle said, "It'll be nice to drive by and see something living in his memory."

A member of the Beautification Committee, Helen Lawrenchuk donated a flowering Bradford pear tree in memory of her husband, Walter, to grace the Leonard House lawn close to the site of Westfield Savings Bank. The property now occupied by the bank was formerly known as the Subotin property when it was owned by Mrs. Lawrenchuk's father.

### Association Dating Back To 1929

Along with members of the Agawam Women's Club, President Joanne Willis watched as a tree was planted to commemorate their club's long association with the Leonard House.

Mrs. Willis said the Agawam Women's Club has been meeting at the Leonard House since 1929 when Minerva Davis stipulated in her will that the club would have the use of the home for their meetings.

The Memorial Tree Planting allows individuals or organizations to donate a tree in memory of a loved one or the cause of their choice. The names of those being honored with memorial trees as well as the names of those donating the trees are inscribed on a plaque hanging in the lobby of Town Hall.

The trees are chosen from an inventory of trees planted by Conservation Committee. While the supply lasts, the memorial trees can be planted for a donation of \$110 and will be planted on the tree belts of the town's major streets, in front of a public building, whenever possible.

A member of the Beautification Committee, John Zebryk said, "This is a way of replacing many of the trees which have been lost over the years to disease, storms, and development."

For more information on the Memorial Tree Planting Program, contact the town's office of planning and development for a brochure and an application. The phone number is 786-0400, ext. 283.

**Check our classified pages every week - AAN!**



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- BLT
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At Regular Price And  
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The Second Small**

\* One Coupon Per Visit \*  
Not Good With Any Other  
Offer Or Promotion  
(Good Thru 5/31/96)

**Buy One Medium Sandwich  
At Regular Price And  
Receive \$2.00 OFF  
The Second Medium**

\* One Coupon Per Visit \*  
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(Good Thru 5/31/96)



## Keenan Sponsors Bill To Provide Temporary Handicapped Plates

Representative Daniel F. Keenan has co-sponsored legislation that would provide for temporary handicapped license plates. The plates are aimed at those individuals who have experienced medical conditions which have left them temporarily handicapped, such as those people who have suffered heart attacks or are recovering from surgery.

The bill provides for a temporary numbered identification plate that will contain the name and photograph of the person to whom it will be issued. The plate will be displayed through the vehicle's windshield. Determination of the temporary handicap will be made by the medical advisory board.

"These plates will allow people who have been incapacitated temporarily to be more self-sufficient and mobile," stated Rep. Keenan. "We believe that these plates are a necessity for our modern lifestyle where we rely so heavily on the private automobile for transportation."

## Fire Wise...

by Fire Chief David Pisano

## Fire Sprinklers Provide Home Protection!

The Agawam Fire Department would like you to know how you can have 24-hour fire protection inside your home.

A home fire sprinkler system will spray water on a fire within 35 seconds of the appearance of flames. Today, a fire sprinkler system is relatively inexpensive, and their design can be made to blend in with any decor.

Most important, though, they save lives and reduce property damage up to 80 percent. You can't afford to be without them.

Call the Agawam Fire Department at 786-2662 for further information.

## Police Swear-In Permanent Lieutenants



ON THURSDAY, MAY 2ND, three acting lieutenants of the Agawam Police Dept. were sworn-in as permanent lieutenants on the force. From left - Mayor Christopher C. Johnson, Police Chief Robert Campbell, Lieutenants William Sliech, Robert Rossi, and Gary Nardi, and Town Clerk Richard Theroux. Advertiser News photo by Jack Devine.

## Veterans' Graves To Be Flagged On May 19th

The Agawam Veterans' Council has set plans to flag the graves of Agawam veterans on Sunday, May 19th.

In accordance with Massachusetts General Law, in all cities and towns where there are cemeteries containing the remains of deceased veterans, a United States flag will be placed upon each grave.

The Veterans' Council is encouraging participation in this annual event. Boys' and girls' scout organizations and interested residents are invited to help. Volunteers are invited to meet at the

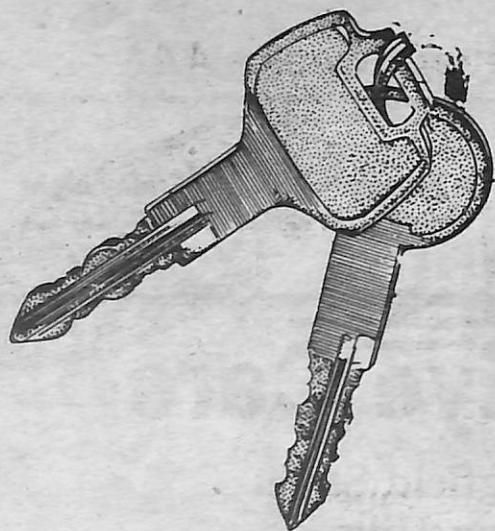
Agawam Center Cemetery or Springfield Street Cemetery at 9:00 a.m. All help is appreciated.

In addition, parade registration forms have been mailed to those organizations that normally participate in the town's annual Memorial Day Parade.

If your organization has not been contacted and you would like to join us for the parade, please contact any Veterans' Council member or call Veterans' Agent Ruth Bitzas at the Town Hall, 786-0400, ext. 236.



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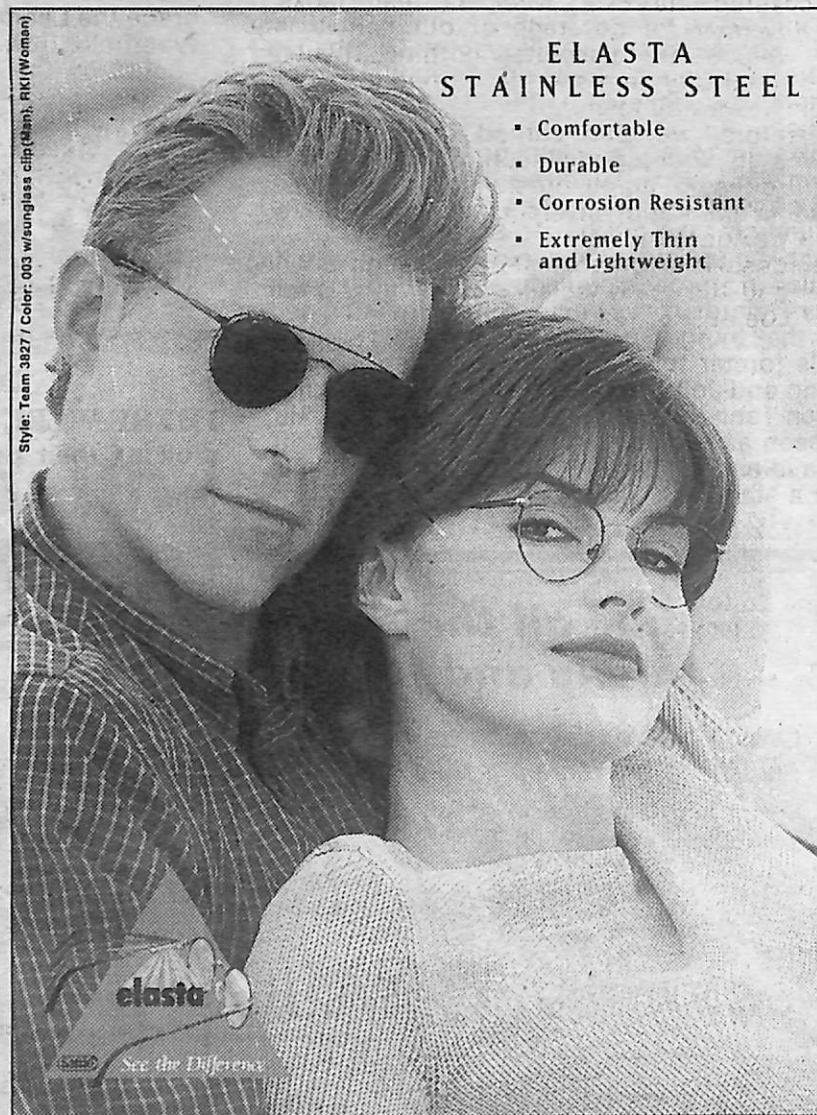
Free Life Insurance For Qualified Accounts  
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**OUSTER MOVE FAILS - from Page 1...****Ten Days Before The Special Meeting...**

Ten days before the special meeting, Ms. Thompson was asked by Councilor Gary Suffriti to resign or be removed from her position as the council's presiding officer in the wake of her decision to cancel a public hearing on the advice of the town's attorney. Suffriti said the council's rules and procedures were not being followed.

Perry said he expected his vote to cause him trouble in both the political arena and at home. Suffriti, who spearheaded the move to oust Ms. Thompson, is Perry's brother-in-law.

Perry said he had campaigned as an independent vote for the people. "I learned in four short months how quickly you learn the meaning of politics. I ran to help the community; I'm not part of the in-fighting."

Perry said he had received many calls of support for Ms. Thompson.

Blasting his colleagues for insulting and ridiculing the council president, Skolnick said what was needed was not a change in leadership, but a change in the attitude of the council.

Skolnick said, "Those who try to out-shout the president and challenge her at every turn are the ones who should not be on the council. They do not understand the word respect."

Skolnick's remarks were interrupted three times by applause from the audience.

**Asking For "Citizen Speak Time"...**

At the request of an audience member, Quatrone asked that the council suspend its rules and allow citizens to opportunity to address the council. Citizen Speak Time is not scheduled at special meetings.

Quatrone said it would be "talking out of both sides of your mouth" for councilors who have made much of the people's right to be heard to deny the request for Citizen Speak Time.

But councilors argued that the matter before the council was not one affecting the public, as the council president serves at the pleasure of the council.

Voting to allow citizen input at the meeting were councilors Ennis, Perry, Quatrone, Servis, Simpson, and Skolnick.

Voting against Citizen Speak Time were Caba, Langone, and Suffriti.

Without the necessary eight votes, the measure was defeated.

Suffriti said the meeting was planned for the last night of the Mayor's vacation because the Mayor would not have felt comfortable with having a new council president serving as the acting mayor in his absence.

Carrying signs asking "Why?" and "What's The Hurry?", as well as signs calling for the council to "Restore Agawam's Credibility," supporters of Ms. Thompson picketed on the steps of the Middle School.

Frank Meagher, a member of Concerned Agawam Taxpayers, criticized the councilors for calling a special meeting when there would be no opportunity for the citizens to speak.

Meagher disputed claims that Ms. Thompson is not following proper procedures. Meagher said, "Nancy Thompson runs an excellent meeting and knows that things have to be done right."

While former town councilors often described as being anti-Johnson slumped in disbelief when Simpson announced the vote retaining Ms. Thompson as the council president, the majority of the audience of about 60 jumped to their feet to deliver a standing ovation.



NANCY E. THOMPSON

JILL SIMPSON



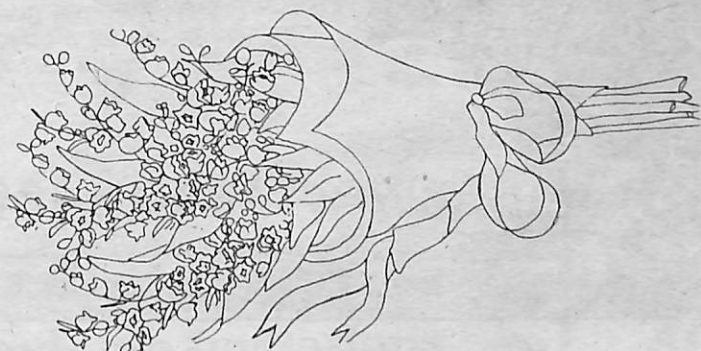
**A TENSE Town Councilor PRESIDENT Nancy Thompson and Council Vice-President Jill Simpson listen to heated debate last Friday night on Ms. Thompson's stewardship as the council president. IN PHOTO RIGHT, Ms. Thompson is all smiles after the vote was taken and it was ruled she had not been removed as the council's leader. Advertiser News photos by Jack Devine.**



**THERE WERE SOME PICKETERS in front of the Agawam Middle School last Friday night showing their support for Town Council President Nancy Thompson. Advertiser News photo by Jack Devine.**

**Enjoy all the social events  
family and friends plan.**

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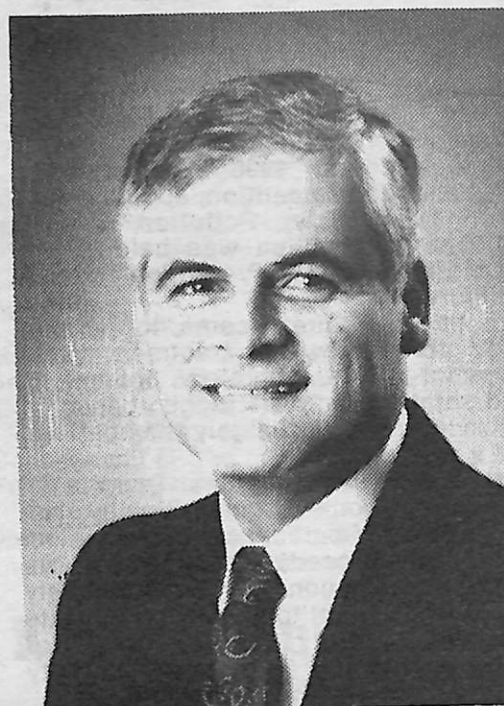
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## Bondi's Island Facility In "Mass. Challenge"

On Saturday, May 4, 1996, the Springfield Regional Wastewater Treatment Facility sent a team to compete in the 1996 Massachusetts Operations Challenge competition, sponsored by the Massachusetts Water Pollution Control Association. The competition was held at the Department of Environmental Protection Training Center in Milbury, MA.

The competition requires teams to perform skills related to wastewater treatment plant operations, maintenance, laboratory, collections systems and safety. Teams are judged based on how quickly, accurately, and safely they perform the skills.

Congratulations to the Springfield Team, named *Mass Balance*, who won the competition by placing first in the Pump Maintenance, Process Control and Laboratory Procedures events and second place in the Collection Systems and Safety events. Second place went to the Massachusetts Water Resources Authority *Bad Boys*, and third place to the Rockland Treatment Facility *Minutemen* run by Professional Services Group.

George Romano, Plant Superintendent, commented, "This is another example of the professional, qualified staff we are fortunate to have employed here. I want to personally thank the team members and coach for the excellent way they presented themselves at the competition. I also want to thank the SRWTF staff who contributed by helping the team prepare for this competition."

The Springfield Team is composed of wastewater treatment facility employees Joseph Kruzel, Leah Douglas, Allen Yelle, Marty Lobik, and coach Mickey Nowak. They will receive an expense-paid trip to Portland, Maine, June 2-4, 1996 to represent Massachusetts in the New England Operations Challenge competition against teams from the other five New England states (one team from each state).

The top two teams from New England will receive an expense-paid trip to compete in the National Operations Challenge competition in Dallas, Texas, October 5-9, 1996 at the Water Environment Federation's (WEF) annual conference. WEF is the world's largest association dedicated to water quality and has been sponsoring the State, Regional, and National level competition since 1987.

## Town Council Agenda For May 20th

1. Citizen's Speak Time
2. Roll Call
3. Moment of Silence and the Pledge of Allegiance
4. Minutes - Regular Council Meeting of 5/6/96; Minutes - Special Council Meeting of 5/10/96 (7:00 p.m.); Minutes - Special Council Meeting of 5/10/96 (7:10 p.m.)
5. Declaration from Council President
6. Presentation of Petitions, Memorials & Remonstrances
  - (a) Resolutions
    1. TR-96-10-Resolution Authorizing the Mayor to Accept Easements for Water and Sewer Services at the Agawam Country Club (Mayor).
    2. TR-96-11-Resolution Confirming the Appointment of Marie Kellogg, 77 Harvey Johnson Dr., Agawam, MA 01001 to the Whiting Street Fund and Thomas Pyne Fund for a Term Expiring December 31, 1997 (Mayor).
    3. TR-96-12-Resolution Confirming the Reappointment of Richard A. DiLullo, 39 Willowbrook Dr., Agawam, MA 01001 to the Liquor Licensing Commission for a Five Year Term Expiring the First Monday in June, 2001 (Mayor).
    4. TR-96-14-Resolution Authorizing the Mayor to Release an Existing Drainage Easement and Accept a New Drainage Easement in the Agawam Regional Industrial Park at Shoemaker Lane in the City of Agawam, County of Hampden, Mass. (Mayor).
    5. TR-96-15-Resolution Authorizing the Mayor to

Submit a Grant Application to the Executive Office of Environmental Affairs for Partial Reimbursement of the Renovations of Perry Lane Park, Perry Lane, Agawam, MA (Mayor).

### 7. Report of Council Committees

#### 8. Elections

None.

#### 9. Public Hearings

PH-96-2-(TO-96-13)-An Order Granting a License Pursuant to Ch. 148 for Aboveground Storage of Flammable and Combustible Liquids for Butler Realty, Inc. (School Specialty, Inc.), 101 Almgren Drive, Agawam, MA (Mayor)(Conduct Public Hearing).

#### 10. Old Business

1. TO-96-3-An Ordinance to amend Ch. 155 of the Code of the Town of Agawam entitled "Street and Sidewalks" (Coun. Bitzas)(Ref. to Ordin. Comm. on 6/5/96)(1st Reading).

2. TO-96-8-Request the City Council to hire an outside Attorney for legal opinion (Coun. Suffriti) (Tabled on 3/6/96 - Left on table on 3/18/96, 4/1/96, 4/16/96 & 5/6/96).

3. TO-96-12-Voucher List (\$87.70).

4. TO-96-14-Renewal of Junk Dealer License: Block Jewelers.

5. TO-96-15-Renewal of Junk Dealer License: John Rosati d/b/a John's Trucking of Agawam, Inc.

6. TO-96-16-Renewal of Junk Dealer License: T's Jewelers.

7. TO-96-17-To consider the dismissal of Council President.

## School Committee Tables Vote On Budget

by Kathy Cassanelli  
News Editor

In a surprise tabling motion, the School Committee put off adopting the School Budget until its next meeting on May 28th.

In a 4-3 vote, the committee refused to consider a motion from Chairman (Mayor) Christopher C. Johnson to allocate surplus funds left in the transportation account upon the awarding of the bus contract.

Voting to postpone adopting the \$18,673,193 School Budget were committee members Rosemary Sandlin, Roberta Doering, Teresa Kozloski, and Linda Galarneau. Against tabling were Louis Massoia, Susan Pettazoni, and

Johnson.

Visibly annoyed at being questioned on the spending proposal set forth in his plan, Johnson withdrew his motion to amend the School Budget.

Johnson said he had six changes to suggest, but could only describe one before being interrupted "all over the house."

Committee members said they needed more time to consider the changes and requested that the information be sent to them in writing.

Johnson agreed. "We can vote on it at the next meeting. That should be enough time to be included in the town budget, I hope."

## MAY IS NATIONAL FITNESS MONTH

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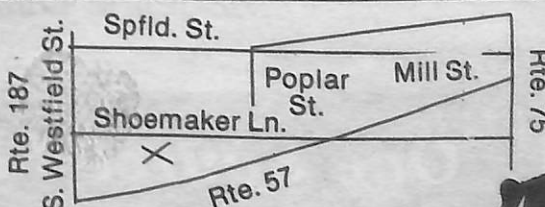
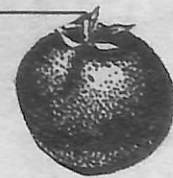
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**Vegetable Plants**

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**Hot House Tomatoes**  
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## Agawam Obituaries

### Dorothy E. LoMonaco

Dorothy E. (Neill) LoMonaco, 83, of 213 Shoemaker Lane, Agawam, a retired nine-year, second-shift supervisor at Shriners Hospital for Crippled Children in Springfield, died in a local nursing home.

She retired in 1973. Previously, she was a 10-year nurse at the Department of Public Health in Hartford.

Born in Springfield, she spent most of her life in this town and graduated from Agawam High School and the Hartford Hospital School of Nursing.

She was a registered nurse in the Navy, and served as a Lieutenant Junior Grade Nurse at Chelsea Naval Hospital during World War II.

She was a member of Bethany Assembly of God Church.

Her husband, Jack LoMonaco, died in 1989. She leaves three sons, James of Waterville Valley, NH, Mark E. of Lancaster, PA, and Philip A. of Agawam; four brothers, Earl of Great Barrington, Everett of Stafford Springs, CT, William of West Springfield, and Donald of Agawam; a sister, Mildred Hamborg of Springfield; and five grandchildren.

The funeral was held at Curran-Jones Funeral Home, with burial at Springfield Street Cemetery.

Memorial contributions may be made to the church memorial fund, Main Street, Agawam, MA 01001.

### Mary O. Collins

Mary O. (O'Neil) "Marion" Collins, 76, of Agawam, a former substitute teacher in the Agawam public schools, died at home.

A former member of the Farmington Valley Sweet Adelines, she sang at Carnegie Hall and in various competitions and performances.

Born in North Adams, she attended Williamstown schools and moved to Agawam in 1953.

A member of St. John the Evangelist Church, she was in the Catholic Women's Club and served on the Christmas Bazaar and St. Patrick's Day Show boards.

Her husband, James B. Collins, died in 1963.

She leaves two sons, James P. of Agawam and Joseph B. of Longmeadow; a daughter-in-law, Denise B. Collins of Longmeadow; two brothers, Kenneth J. of Williamstown and Paul W. of Winchester; and a grandson.

The funeral was held at Toomey-O'Brien Funeral Home and in the church, with burial at St. Thomas Cemetery.

Memorial contributions may be made to the Pioneer Valley Hospice, P.O. Box 9058, Springfield, MA 01102.

### George H. Buzzell

George H. Buzzell, 87, formerly of 22 Hall Street, Feeding Hills, a retired 28-year machinist at Chapman Valve Co. of Indian Orchard in Springfield, died in a local nursing home.

He retired in 1970.

Born in Milo, Maine, he moved to the Springfield area in 1926. He moved to Feeding Hills in 1952.

His wife, Arminia (Crivelli) Buzzell, died in 1993.

He leaves a son, Clarence of Taylors, SC; a sister, Edith West of Lindon, Texas; three grandchildren; and six great-grandchildren.

Another son, George, died in 1934.

The funeral was held at Curran-Jones Funeral Home, with burial at Springfield Street Cemetery.

### Jeanne A. Allard

Jeanne A. (Violette) Allard, 75, of 44a Pheasant Hill Drive, Feeding Hills, died at home. Born in Van Buren, Maine, she spent 24 years in Springfield before moving to Feeding Hills in 1984.

She attended the Bethany Assembly of God Church. Her husband, Laurence S. Allard, died in 1968. She leaves two sons, Lawrence S. of Three Rivers, Palmer, and George P. of Springfield; a daughter, Alma W. Benton of Feeding Hills; two sisters, Laurette Doucette of Bristol, Connecticut, and Alice Beaulieu of Neptune, New Jersey.

Another daughter, Patricia Allard, died in 1950. The funeral and burial was private. Agawam Funeral Home was in charge. Memorial contributions may be made to the Pioneer Valley Hospice, P.O. Box 9058, Springfield, 01102-9058, or the church at 580 Main St., Agawam, 01001.

## Bob Magovern To Officially Announce State Rep. Candidacy

Bob Magovern of Birch Hill Road in Agawam will announce his candidacy for State Representative from the Third Hampden District at a reception on Thursday, May 23rd, at 7:00 p.m. at the Captain Leonard House, 663 Main Street, Agawam.

The reception will also be a celebration of Magovern's birthday, which is on May 24th. Birthday cake and other refreshments will be served. The public is invited to attend.

On Thursday, June 27th, Lt. Governor Paul Cellucci will be the honored guest at a Magovern Fundraiser to be held at The Oaks in Agawam.

For further information or if you wish to volunteer or contribute to the campaign, contact the Magovern Committee at 789-0171.

## Keenan Applauds Cut In Premiums For Workmen's Comp

Representative Daniel F. Keenan welcomed the announcement that the Commonwealth's Division of Insurance and the state's workers' compensation insurers agreed to an average 12.2 percent rate decrease. The rate filing took effect on May 1, 1996. This translates into an aggregate savings of approximately \$100 to \$120 million for Massachusetts employers.

The third straight double digit decrease means that the average rates will be almost 40 percent less than they were in 1993. This is in marked contrast to the years 1987 to 1991, when rates annually increased by double digits.

"The Legislature has taken another major step to decrease the overall cost of doing business in Massachusetts," stated Rep. Keenan. "I'm delighted that the Insurance Commissioner and the insurers acted promptly to set a rate that reflects reductions in the cost of workers' compensation and is fair for employers and insurers alike."



### The Mortgage Pros

Left to right: Bob Michel,  
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## Families

### Hazardous Waste From Households To Be Collected

The Town of Agawam announces that a "Household Hazardous Waste Collection Day" has been scheduled for Saturday, June 8, 1996 from 9:00 a.m. to 2:00 p.m. BY APPOINTMENT ONLY!

The location will be the Agawam High School parking lot on Cooper Street. Proof of Agawam residency will be required.

Each household will be limited to a quantity of waste equal to 15 gallons liquid or 20 pounds solid.

#### WHAT DO I BRING?

**From the house:** Rubber cement, photo chemicals, furniture polish, oven cleaner, drain/toilet cleaners, rug/upholstery cleaner.

**From the garage:** Gasoline/kerosene, antifreeze, engine degreaser, car wax/polish, driveway sealers, roofing tar.

**From the workbench:** oil/latex paints, stains/varnishes, wood preservative, paint stripper/thinner, aerosol cans, adhesives.

**From the yard:** insecticides/fungicides, chemical fertilizers, weed killers, flea control products, no-pest strips, pool chemicals.

#### WHAT NOT TO BRING!

Empty containers, commercially generated wastes, radioactive wastes/smoke detectors, biological wastes, explosives/ammunition, prescription medicines/syringes, motor oil.

To pre-register for the collection, call the town's Health Department at 786-0400, ext. 207. If you are unable to participate in this event on June 8th, bring your household hazardous waste to the town's DPW Garage, 1347 Main Street, Agawam, Monday through Friday from 7:30 a.m. to 3:00 p.m.

### "Share" Food Co-Op To Hold Sign-Up Dates Beginning May 18th

"Share" is a food co-op that gives you an opportunity to purchase \$35 worth of fresh fruits, vegetables, meats, and staple items for only \$14.

The only thing needed is your willingness to help others in your community. Two hours of volunteer service (of your choice) is your ticket to a great deal.

June is "Bring A Friend" month, during which you and your friend can save an additional dollar on your packages ... so don't miss out!

For more information, call Jane Tuohy at 789-4674. Sign-up dates and times are as follows:

On May 18th, from 11:00 a.m. to 12:00 noon, and June 4th, from 6:15 to 7:00 p.m., at St. John the Evangelist Church, 833 Main Street, Agawam; and also on June 4th, from 10:00 to 11:00 a.m., at St. David's Church, 522 Springfield Street, Feeding Hills.

### Memorial Day Committee Getting Ready



**MEMBERS OF THE TOWN'S MEMORIAL DAY COMMITTEE** are finalizing plans for the upcoming Memorial Day celebration in town on Monday, May 27th. Back row, from left - George Schlagel, Jay O'Sullivan, Priscilla Peterson, Peg Brown, and Glenn Seymour. Seated - Dianne Moreau, Edward Kellogg, Ruth Bitzas, and Jessie Fuller. Advertiser News photo by Jack Devine.

### Agawam VFW Women's Auxiliary Members Involved In Massachusetts Recognition

Diane Dello Iacono, State VFW Ladies Auxiliary President, held her District Presidents' Conference and Council of Administration meeting recently in West Springfield at the Barcomb-Trowbridge Post Home on Riverdale Road.

Mary Driscoll of Feeding Hills, the District 7 President of the Ladies Auxiliary to VFW, was present, as well as the other 17 District Presidents from throughout Massachusetts.

District 7 is still in second place in the Department of Massachusetts and only needs three more members for their 100-percent membership.

All the State Chairmen spoke on the programs and reminded the ladies that their end-of-the-year reports were due at the beginning of May.

Laura Harrington of Agawam, State Patriotic Instructor, led the Council with the pledge to the flag. Local State Safety Chairman Sandra McCarthy (from Chicopee) spoke on many facets of safety and the patrolling efforts by the West Springfield Police Department.

Rita Shea, President of Auxiliary 6714 and State Chairman for the VFW National Home, acknowledged "Massachusetts Day" for the National Home and that a large banner was

displayed in the Home's lobby. She also had a "nightcap" contest, and locally Marge Baker was one of the judges.

On 630 acres of land in Eaton Rapids, Michigan, are the many buildings and 32 cottages for children and grandchildren of VFW and Auxiliary members. They have their own fire department, etc. It is similar to Mooseheart and survives only by donations from VFW and Auxiliary members.

Life memberships to the Home are available to members, and there is an associate life membership available to non-members. Interested residents can call 746-3697 for more information.

A roast pork dinner was served by Robert Deralieu and his helpers. Auxiliary members helping in the kitchen were Virginia Kallock of West Springfield, Lee Peloquin of West Springfield, Theresa Konalvalchick and Marie Stevens of Springfield.

Daisy lollipops were made by Annie Granger, Chaplain for Auxiliary 6714. Over 160 dinners were served.

The last Council of Administration meeting will be held at the State Convention in Peabody in June.

### On The Avenue LOBSTER TRAP AND GRILL

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## Scout Troop 78 Hard At Work



MEMBERS OF BOY SCOUT TROOP 78 from the Springfield Turnverein on Garden Street, Feeding Hills, held a benefit car wash at the Middle School earlier this month. Advertiser News photo by Jack Devine.

### Smorgasbord Supper At Agawam Legion On Tuesday, May 21

Chef Rick says, "Come support American Legion Post 185 Baseball of Agawam," at a Frank & Beans Smorg to be held Tuesday, May 21st from 5:00-8:00 p.m.

The menu includes tossed salad, macaroni salad, cold cuts, potato salad, and brown bread. Proceeds to go to the baseball team.

Cost for adults is \$6.95, \$3 for kids under 10, and \$4.95 for seniors (60 yrs. and over). For tickets, call 786-4806.

### Boy Scout Troop 78 Cooking Pancakes On Sunday, May 19th

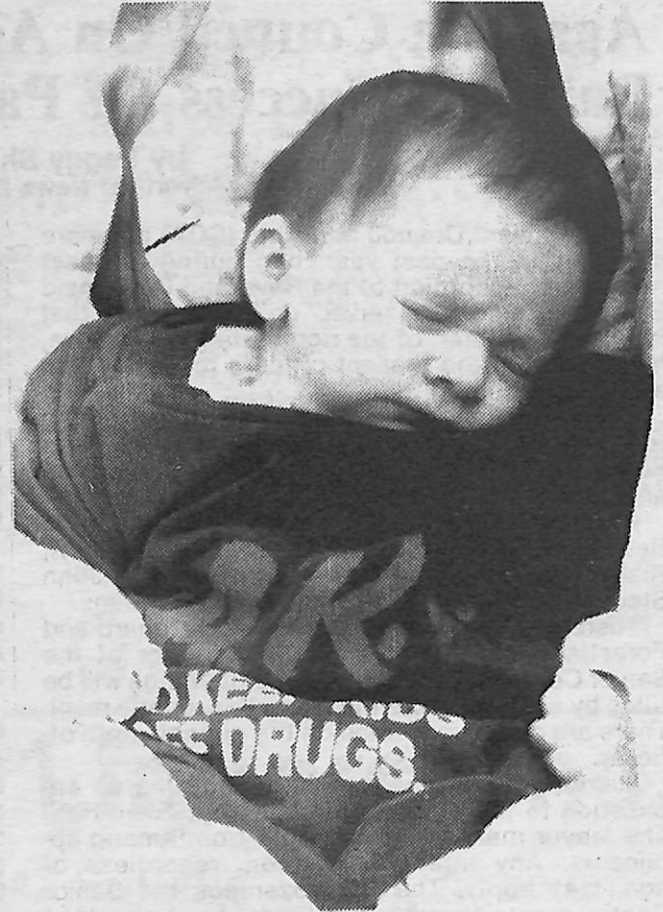
Boy Scout Troop 78 will be holding a pancake breakfast on Sunday, May 19th, from 7:00 to 11:00 a.m. at the Springfield Turnverein on Garden Street.

Tickets will be sold at \$3.50 for adults and \$2.50 for children. All proceeds from this breakfast will help the local troop pay for its summer trip to New Hampshire.

Tickets can be purchased in advance from any scout or at the door.

Check  
our  
classified

Best local news...



ERICA LYNN GALLERANI

### Gallerani Family Announces Birth Of Daughter, Erica Lynn

On March 30, 1996 at 8:55 p.m., Donald and Lori Gallerani had a new addition to their family. Erica Lynn was born weighing six pounds, two ounces, and was 19 inches long.

Her maternal grandfather is Philip Greene of West Springfield. Her paternal grandparents are Arthur and Janet Gallerani of Agawam.

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Small - \$3.00  
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Large - \$5.00

Mini Golf  
Under 5 - Free  
Kids - \$3.00  
Adults - \$4.00



## Agawam Council On Aging Looking To Build On Success Of Past Year

by Peggy Shoemaker  
Advertiser News Feature Writer

The Agawam Council on Aging (COA) ran more smoothly in the past year than during the past nine years, according to the Reverend Dr. Donald B. Morris, who has served on the council that long. As chairman of the nominating committee, he nominated the present officers for reelection, and they accepted.

Unanimously reelected at the monthly meeting to head the COA for the next year were Peter Forastiere, chairman; Vi Presz, vice chairwoman; and Janice Bonk, secretary.

Other members of the council in addition to Rev. Morris are William Ekstedt, Charles Heyl, Richard Aldrich, Attorney Anthony Bonavita, John Stacy, David Modzeleski, and John S. Mullen.

There are two openings on the COA board and Forastiere and Richard Mundo, director of the Senior Center, said they hope the openings will be filled by women (since the council is mostly men). There are only two women on the council, both officers.

Membership is obtained by submitting an application to the office of the Mayor at Town Hall. The Mayor makes appointments from among applicants. Any interested person, regardless of age, may apply. The COA oversees the Senior Center, meets monthly, and works for the good of the town's elderly.

Charles Heyl, chairman for a COA golf tournament planned for June 13th at Agawam Country Club, reported on progress. A rain date of June 25th has been set. Sponsors are being sought for golf carts, greens' signs, tees, etc., and volunteers are needed to help with the tournament.

The possibility of having summer music concerts at the Senior Center was initiated and will be pursued.

Due to the number of elders who become disoriented, lost, or unable to find or remember their way home, a program is being set up with the Agawam Police Department, Senior Center, Agawam Housing Authority, and local nursing homes. It is called "Care Alert Photo Identification/Safe Return Program for Elders."

In a lengthy report on the program's progress, Mundo indicated that elderly persons would be encouraged to have their photo and an identification form listing address and next of kin on file in the police station.

Present at the recent meeting were Mundo and Valina Carpenter, COA deputy director; Brenda Bronner, social work director for Country Estates rehab facility; Phyllis Mason of Agawam Housing Authority; and Julie Ely, administrator at Heritage Hall West.

This committee will meet again and details will be announced as they evolve.

Mundo stated that by the year 2000, there will be 6,000 residents in Agawam over 60 years of age. Nationwide, he said, one in five persons will be over 60.

A brochure on the Senior Center is being prepared for publication by the COA secretary. It will be informative and is planned for public distribution.

Mundo announced that Administrative Assistant Elaine Pilon will be retiring in June.

The next meeting of the Council on Aging will be at 4:00 p.m. on May 28th at the Senior Center.



**COUNCIL ON AGING OFFICERS** elected for the coming year include, from left - Janice Bonk, corresponding secretary; Peter Forastiere, chairman; and Vi Presz, vice-chairwoman. Advertiser News photo by Jack Devine.

### Rummage/Tag Sale At St. John's School Of Business

A rummage/tag sale will be held adjacent to Immaculate Conception Church at 475 Main Street, West Springfield, in the school auditorium of St. John's School of Business.

The sale will take place on Saturday, May 18th, from 9:00 a.m. to 3:00 p.m., and Sunday, May 19th, from 11:30 a.m. to 3:00 p.m.

Among the items available for purchase will be almost-perfect women's, men's, and children's clothing; small household articles; books; sports equipment; and children's games and toys.

There will also be a raffle and a bake sale, and refreshments will be available at lunchtime.

Come to the sale, which will be held rain or shine!

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Healthy  
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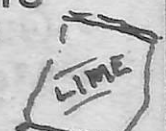
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#### LIME PELLETS

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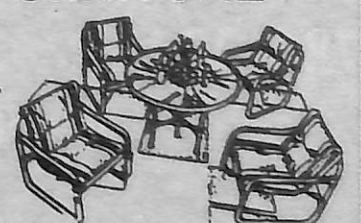


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MR. &amp; MRS. JOSEPH MATHIAS

## Mr. & Mrs. Mathias Celebrate 50th At Federal Hill Club

Mr. & Mrs. Joseph Mathias of 71 Federal Avenue recently celebrated their 50th wedding anniversary with a reception given by their children at the Federal Hill Club in Agawam.

Mrs. Mathias, the former Nellie Casini, and Joseph were married on May 4, 1946 in Mount Carmel Church in Springfield.

They have two daughters, MaryAnn Majewski of Hatfield and Cynthia Mathias of Springfield.

Joseph is a retired meat cutter for Stop & Shop, and Nellis was a waitress for the former Mountain Laurel Restaurant.

The couple have two grandchildren, Kimberly Majewski and Benjamin Flythe.

## Local AARP To Hold Installation Luncheon On Monday, May 20th

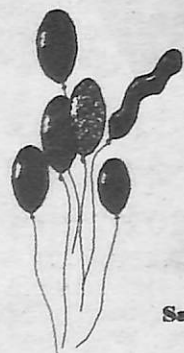
The Agawam/Feeding Hills Chapter No. 4915 of AARP will hold its installation luncheon banquet on Monday, May 20th, at Storowton Tavern, Memorial Drive, West Springfield, beginning at 12:00 noon.

The new officers for 1996-1997 to be installed are Pauline Paquette, President; Jessie Fuller, Vice-President; Patricia Matte, Secretary; Oliver Muldrew, Treasurer; and Paul Osypuk and Christine Mikszewski, Directors (three-year terms).

The choice of menu is honey mustard chicken, baked ham, or baked Boston scrod. The price is \$15 per person (this includes tax and gratuity). For reservations, call 789-0193.

Anyone who is a member of the national AARP is invited to attend. Chapter members may bring guests.

Anyone interested in joining the local chapter is invited to attend.



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For Appointments — 786-6556

## Ladies Benevolent Soc. To Hold Strawberry Supper At F.H. Congo.

The Ladies Benevolent Society of the Feeding Hills Congregational Church, 21 North Westfield Street, Feeding Hills, is sponsoring a "Strawberry Supper" and food sale on Saturday, June 15, 1996.

The menu will include: potato and egg salad, boiled ham, cole slaw, rolls and pickles, strawberry shortcake, and beverage.

The cost will be \$7 for adults, \$2.50 for children under eight years of age, and free for preschool-age children. Continuous servings will be held from 5:00 to 7:00 p.m.

For reservations, call Mrs. Betty Bava, 786-0679, or Mrs. William Horenstein, 786-9195.

*Best hometown news...*

## Strawberry Supper Slated For June 6th At Ag. Congregational

The Ladies Aid Society of Agawam Congregational Church will hold its annual strawberry supper on June 6th with sittings from 5:00 through 6:00 p.m. at the church (745 Main Street, Agawam).

The menu will include potato salad, cole slaw, boiled ham, relish, rolls, and beverages along with homemade strawberry shortcake.

The cost is \$7 for adults, and \$3 for children under 12 years of age. For reservations, call Ruth Galica at 786-0550, or the church at 786-7111 between 9:00 a.m. and 12:00 noon.

Reservations close on June 4th.

*For glossy copies of photos in this edition, give Jack a call at 789-0053.*

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## Memorial Day Savings

 <b>Original</b> <b>\$11.99 *</b> Plus Deposit 30 Pk. Cans (* After Rebate)	<b>Carlo Rossi</b> <b>\$6.99</b> 4 Ltrs.	<b>Pete's Wicked Summer Brew</b> <b>\$4.95</b> Plus Deposit 6 Pk. Btls.	 <b>Capt. Morgan Spiced Rum</b> <b>\$13.99 *</b> ★ Free 2 Ltr. Coke ★ (* After Rebate)
<b>Barton's Vodka</b> <b>\$5.99</b> 1 Ltr. Btl.	<b>Sam Adams Boston Lager</b> <b>\$9.99</b> Plus Deposit 12 Pk. Btls.	 <b>Seagram's Gin</b> 1.75 Ltr. <b>\$9.99 *</b> (* After Rebate)	<b>New Miller Beer</b> <b>\$12.99 *</b> Plus Deposit Case - 24 Btls. (* After Rebate)
<b>Coors Light &amp; Extra Gold</b> <b>\$15.99</b> 30 Pk. Cans	<b>Tornino Leaf Varietals</b> <b>\$5.49</b> 750 ML	 <b>Miller Genuine Draft (Reg. &amp; Light)</b> <b>\$9.99</b> Plus Deposit Case - 24 LN Btls.	<b>Martini &amp; Rossi Asti Spumante</b> <b>\$6.99</b> 750 ML (* After Rebate)
 <b>Bacardi</b> <b>\$14.99</b> 1.75 Ltr.	 <b>Michelob (Reg. &amp; Light)</b> <b>\$10.49</b> Plus Deposit 18 Pk. Cans	<b>Franzia 5 Lb. "Bag In The Box"</b> <b>\$8.99</b> Low Tier Only	 <b>Bud Ice</b> <b>\$15.99</b> Plus Deposit 30 Pk. Cans

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All Major Credit Cards Accepted  
Prices Effective May 20th - May 25th  
Closed Monday, Memorial Day — Shop Early!



## NACCCA Chapter 158 Will Hold Fifth Reunion On June 12th

On June 12, 1996, from 10:00 a.m. to 4:00 p.m., NACCCA Chapter 158 of Holyoke will hold its fifth reunion at the Mt. Tom Reservation in Holyoke.

The reunion will salute the Americorp, a group of young people ages 18 to 25. About 200 of them are going to be present at the reunion, and they will provide manual labor, serve food, donate desserts and cold salads, and assist in operations.

The Americorp is similar to the old CCC that was instituted by President Roosevelt back in 1933. The members of both organizations were in the same age group (18 to 25) at the time of their respective establishment, and contribute to national and community service.

Americorp is stationed in Holyoke.

For more information, call 786-3842 or 533-6070.

## Cub Scout Pack 77 To Conduct Bottle Drive

A bottle drive to benefit Cub Scout Pack 77 will take place on June 8, 1996, so please start saving your MA redeemable bottles and cans now for this upcoming event.

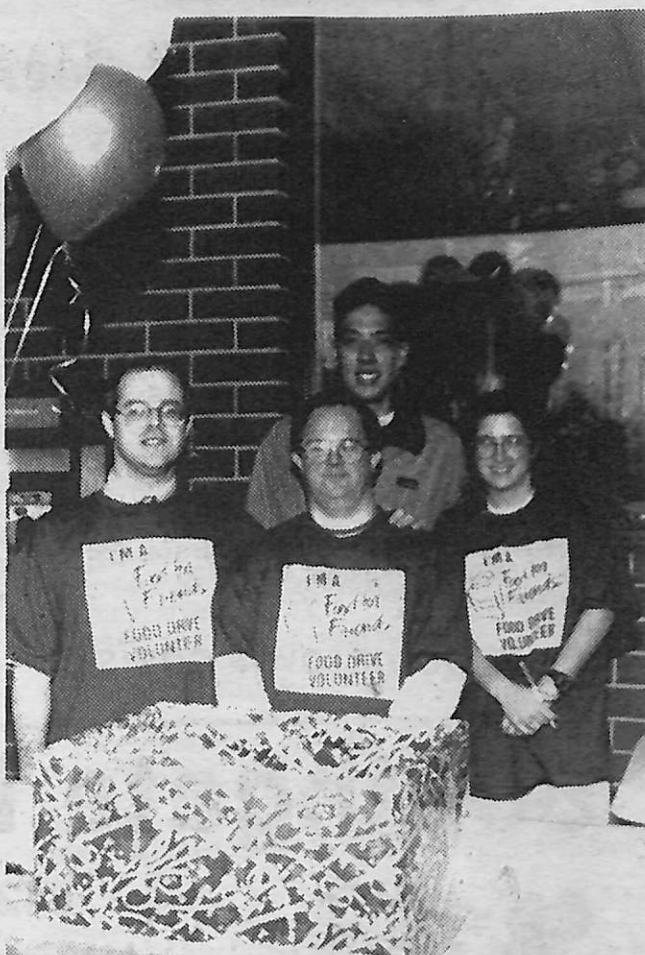
Simply place your redeemable bottles and cans in a bag and someone from the Pack will come to pick them up, or you may place them at the end of your driveway on the evening of June 7th by 6:00 p.m. for pick-up.

Please call 786-3561 and leave your address so arrangements can be made to pick up your bottles and cans.

You can also drop off your bottles and cans on June 8th between 10:00 a.m. and 2:00 p.m. in front of St. John's hall, 843 Main Street, Agawam.

Thank you for supporting Cub Scout Pack 77!

*Check our classified*



SUPER STOP & SHOP in Feeding Hills Center participated in a "Food For Friends" drive for the Western Mass. Food Bank. From left - Steven Provost, Andrew M. Meador, Gary DuBour, Jr., Jennifer Carra, Bob Kyser, Jean Kyser, Jack O'Neil, Matthew O'Neil, and Emilia Miner (store manager). Advertiser News photos by Jack Devine.



## "Food For Friends Drive" Celebrated At Super Stop & Shop Called Success

Were you there? We were! On Saturday, May 4th, Super Stop & Shop in Feeding Hills held its annual "Food For Friends" drive to collect food donations for the Western Mass. Food Bank. Store employees donated their time to collect 74 boxes of foodstuff.

The company goal was to have each store collect one ton of food per store. The Feeding Hills store collected approximately 3,700 pounds of donations during the eight-hour drive.

The store manager, Emilia Miner, wishes to thank everyone that helped out in any way—food, time, money.

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Model 8-25 Riding Mower  
8 hp shown with 25" Recycler® mowing deck



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NEW Model 269-H Lawn & Garden Tractor  
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\*Savings subject to local dealer option. See dealer for details.



## Jr. Women's Club Making Plans For Country Dance

Back by popular demand, the Agawam Junior Women's Club invites you to the second Country Western Dance of the season featuring the "Broken Spoke" band.

Free line dancing instruction by Tim Welesky will be offered from 8:00-9:00 p.m. prior to the dance. The event takes place on May 25th at the Springfield Turnverein from 8:00 p.m. until 1:00 a.m. The Turnverein is located at 176 Garden St., Agawam.

There will be plenty of refreshments on sale. This is one event you don't want to miss! Tickets may be obtained through Donna Shibley; call 786-3888.

The Agawam Junior Women's Club is a member of the General Federation of Women's Clubs and the General Federation of Women's Clubs of Massachusetts.

## Vivenzio Published In Anthology

Carl M. Vivenzio of 52 Fox Farm Road, Feeding Hills, has just had original poetry published in *Shadows & Lights*, a treasury of today's poetry compiled by The National Library of Poetry. His poem is entitled "Perception."

The National Library of Poetry seeks to discover and encourage poets like Vivenzio by sponsoring contests that are open to the public and by publishing poems in widely distributed hard-back volumes.

Vivenzio has been writing for over seven years and his favorite subjects and ideas are personal and political ideologies.

Poets interested in publication may send one original poem, any subject or style, 20 lines or less, to The National Library of Poetry, 11419-10 Cronridge Drive, P.O. Box 704-1377 Owings Mills, Maryland 21117. Please be sure to include your name and address with your poem.

All poems received are also entered in The National Library of Poetry's North American Open Poetry Contest, which awards over \$24,000 in prizes annually.

## La Leche Offers Help For Moms

If you have considered breastfeeding your baby, but have questions about this womanly art, contact the West Springfield-Agawam La Leche League.

This month's meeting will be held on Monday, May 20th, at 7:30 p.m. at the Grace Lutheran Church.

The discussion for the evening will include encouragement and information on how to establish a happy nursing relationship.

For further information, call Chris at 736-3238.

**Best local  
news!!!**

## HMMM, HMMM, Good...



ENJOYING A MACARONI supper at the Agawam Lions Club Den on the grounds of the Big E recently were members of the Hare Family - Lori, David, and Donald. Advertiser News photo by Jack Devine.

*To the staff of Country Estates, who  
show that a caring approach  
makes a lasting impression....  
~ Thank You ~*

PAIGE CLAIRE CHARLENE LINDA FRANCINE DEBORAH KATHLEEN JOSEPH JOSEPH  
MICHAEL SHAWN SANDARA ANOTHONY DEREK TASHA DIANA LOUISE KELLY  
DANIELLE PAUAL JAMIE WILLIAM BRAIN CONSTANCE BETTE RYAN MICHELLE JOHN  
CARMEN TRINIDAD NANCY TINA GREGORY DONNA DANIELLE RITA PATRICIA  
CENEATHA MELDINDA KIMBERLY IMOGENE MIRIAM JEANNE TRACI ALLEN ROBERT  
TANYA DAVID DIANE JAMES JUNE KATHLEEN MARCIN BEVERLY JEFEREY EDWIN  
TETESA LUIS ANTHONY ELZBIETA ROLANDE FRANCIS DONALD JANE ARELENE  
CAROLYN ELIZABETH SANDARA TARA MICHELL ANDREA JOANNE VIRGINIA SUSAN  
IRENE SUZANNE BARBARA JOANNE BONNIE KIMBERLY WILLIAM DORENE DIANNA  
GREGORY NORMA MARY ALICE PAULINE VERONICA MICHELLE MARIE KATHLEEN  
NANCY ARELENE NANCY JEAN JUNE LUCILLE MARCIA IRENE JACQUELINE CYNTHIA  
MARIA CAROL DONNA MARGARET MARIE ANGLEA MARCIA JEAN ROSEMARIE THOMAS  
PAULA LESLIE PEGGY LINDA ELIZABETH MARGARIDA SANDARA MAUREEN LIZABETH  
CHRISTING BRAIN DOROTHY THERESA BARBARA DARREL LINDA MARYANNE  
CLAUDETTE GRETCHEN KAREN JESSICA MARY NORMAN BOBBIE JO ABIGAIL JENNIFER  
DALE NICOLE DARLENE SKYLAR PAULETTE SHERRY CAROLINE LINDA EDYTHA  
BENJAMIN WILLIA FAYE JUSTINA CARLEEN DIANE PRENSLIA MARTIN LISA ANN  
JESTING DAPHNE LEOLA THELMA MATTIE JULIE ANN KARIN PAMELA NADIA SHARON  
ANGELA TERESA LORAN THEODORE DIANE KIMBERLY CONSTANCE NICHELLE KAREN  
KRISTINE SUZANNE TAMALA MARY LORI DONNA JENNIFER CAROL JERRI LYNN MARIA  
LINDA CHRISTINE KARIN KELLY CHRISTOPHER MARGRITA DAISY BRAD MAURA  
HAROLD MARY MELISSA YAW-ANING DEBRA JENNIFER LYNN MAURA PATRICIA  
DEBORAH VALERIE JACQUELINE ANNETTE STACY ROBERT BERTHA ANA NIKKI LYNNE  
KELLY MARIE DAPHNE CHERYL MARY RENA PARTICIA ELZIABETH JOLANA DARLENE  
PATRICIA MILDRED SAPHONIA LUZ BRENDA SHARON GIOVANNA BRIDGET MARGARET  
LAURENCE SANDRA LUDMILA JERRINETTA SANDARA TANYA DEE-ANNA PATRICIA  
GINA BRENDA KIMBERLY JEFFERY JENNIFER NANCY JEAN ROBIN AEL ANN PHYLLIS  
JANE ROBERT SHEEWAYNE JAMIE SHIELA RUTH JEAN SHARON SUSAN MATT



**During Nursing Home Week  
The Residents and Families of**

***Country Estates of Agawam***

**Want to Thank Everyone on the Care Team**



## Ag. Senior Center's Weekly Lunch Menu

**Monday, May 20th:** Chicken supreme, potato puffs, corn, wheat bread, orange.

**Tuesday, May 21st:** Hamburg gravy, mashed potatoes, carrots, oat bread, baked custard.

**Wednesday, May 22nd:** Juice, vegetable lasagna, tossed salad, bread, apricots.

**Thursday, May 23rd:** Roast turkey, stuffing w/gravy, peas, bread, jello w/fruit.

**Friday, May 24th:** Baked fish, potato wedges, spinach, rye bread, tapioca pudding.

(Menu subject to change without notice.)

## Whelan Family Announces Birth Of Daughter, Jacqueline

Daniel and Lisa Whelan of Lynnfield, MA, are the proud parents of a baby girl, Jacqueline Dina, who was born at Salem Hospital on May 1, 1996.

The maternal grandparents are Lino and Dolores Gatti of Agawam. The paternal grandparents are James and Claire Whelan of Peabody, MA.

## Sgt. Streeter Completes Officer Course At Fort Jackson, S.C.

Army Sgt. Anton M. Streeter has completed the Army Basic Noncommissioned Officer Course (BNCO) at Fort Jackson, S.C.

Soldiers received training in mid-level management, leadership, and general military subjects. Additional management training is provided in the soldier's individual job specialty.

Streeter is an administrative specialist at Camp Zama, Japan.

He is the son of Melvin L. Streeter of 53 Suffolk St., Springfield, and Louise Hymen of 8 Sutton Place, Agawam.

The sergeant is a 1991 graduate of Springfield Central High School.

## Garden Club Slates Sale Of Plants May 18

A plant sale to benefit a scholarship fund will be presented for the public by the Agawam Garden Club on Saturday, May 18th, on the lawn of the Captain Charles Leonard House on Main Street.

Annuals, perennials, geraniums, vegetables, and herbs will be on sale from 9:00 a.m. to 12:00 noon. There will also be a baked goods table, according to Judy Cline and Kathy Norris, co-chairpersons of the event.

Proceeds will be used for the club's scholarship fund, which is awarded annually to an Agawam High School graduating senior planning to study horticulture and environmental subjects.

**Check  
our  
classified  
pages  
today!**

## Rotary Says Thanks



AGAWAM ROTARY CLUB PRESIDENT Kathy Ayre and member Charles Heyl (right) presented Ron Dunn of the Agawam Country Club with a new podium that was designed and made by Harold Davis, a longtime resident and supporter of various community projects. Rotary held its 1st Annual Golf Tournament at the Agawam Country Club last fall and are currently gearing up for its 2nd Annual Tourney on June 22nd. For more info on the tourney, call Kathy Ayre at 789-0812. Advertiser News photo by Jack Devine.

## Frederick C. Andrews Graduates From Air Force Reserve Course

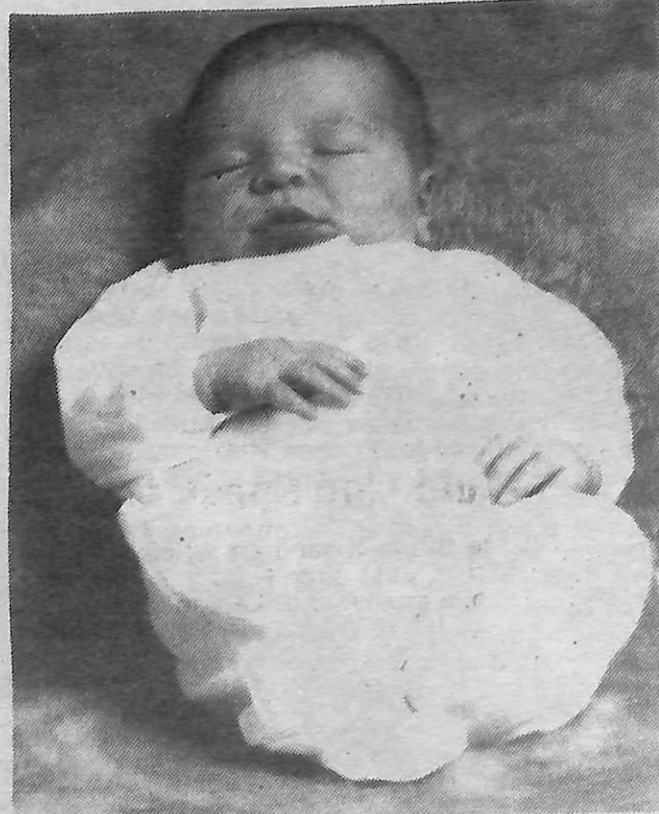
Air Force Reserve Senior Airman Frederick C. Andrews has graduated from the avionics guidance and control systems apprentice course at Keesler Air Force Base, Miss.

Training included basic electronics, use of computer systems dealing with navigation and weapons, and operation, maintenance, and repair of automatic flight control systems, subsystems, and components.

Andrews is the son of Frederick C. Andrews of 94 Orchard Hill Drive, South Windsor, CT.

His wife, Shelley, is the daughter of Percy Mickey of Agawam.

He is a 1981 graduate of Windsor High School.



NICO C. NOLFI

## The Nolfi Family Announces Birth Of First Child, Nico

Brian and Janice Nolfi of Agawam are proud to announce the birth of their first child, Nico Candido Nolfi.

Nico arrived at 11:13 a.m. on Tuesday, April 9, 1996 at Wesson Women's Hospital. He weighed in at a whopping 10 pounds, 11.3 ounces, and measured 22½ inches long.

The proud grandparents are Mr. and Mrs. Hugo Mezzetti of Agawam, and Margaret Nolfi and the late Candido Nolfi of McKees Rocks, PA.

Waiting patiently for Nico's arrival were his two cousins, Matthew and Alyssa Styckiewicz.

## Tag & Bake Sale At Turnverein On May 18

The Springfield Turnverein, 176 Garden Street, Feeding Hills, is sponsoring a TAG AND BAKE SALE on Saturday, May 18th at the Club grounds.

The sale will be held from 10:00 a.m. to 4:00 p.m. A good variety of items will be available.



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# Church News

## Reflections...

submitted by  
**Rev. Peter Monahan**  
Pastor of the Church  
of the Apostles,  
Suffield, CT  
(860) 668-4444 or  
(413) 786-8735

## How Would God Speak Of Us?

Recently, the UPI published an article entitled "When the Truth Just Won't Do," written by Robert Thorton, a professor at Lehigh University.

Prof. Thorton offers advice on how to share one's opinion about a friend with questionable work habits, if asked to offer a recommendation regarding employment. He compiled what he calls the Lexicon of Inconspicuously Ambiguous Recommendations, or L.I.A.R. for short.

For example, if the friend is very lazy, one might say, "In my opinion, you will be very fortunate to get this person to work for you." For a person who is totally inept, "I most enthusiastically recommend this candidate with no qualifications whatsoever."

How about the ex-employee who couldn't get along with anybody? "I am pleased to say this candidate is a former colleague of mine." To describe somebody who is so unproductive that the job would be better left unfilled, try "I can assure you that no other people would be better for the job."

As funny as we think these phrases might be, we might ask ourselves: how would we be spoken of, by God, for instance? Should God have to describe us in the same manner as some would describe people who have dubious qualifications?

If any one of us were to come face to face with the Almighty, are we qualified to enter into Heaven, which He has prepared for us?

Whatever the answer is right now, the fact of the matter is that God wants to describe us with entirely different vocabulary. Hear what God wants to say about each of us:

SEE REV. MONAHAN - Page 20...

## Calendar Of Events From St. David's

**JOIN THE PEOPLE OF ST. DAVID'S CHURCH AS THEY CELEBRATE** the Easter Season in worship services this weekend, May 18th-19th.

The church offers a quiet, contemporary service at 5:00 p.m. and a dignified, traditional service Sunday at 8:00 a.m., both held at the church building, 522 Springfield Street in Feeding Hills. The exuberant, renewal service at 10:00 a.m. is held at the Agawam Middle School, and features children's Sunday School for grades Pre-K through 8. There is also nursery care and interpretation for the deaf.

This week's message will look at the healing ministry of the Lord and His Church, as St. David's Church is knowing as a healing fellowship in the Lord Jesus Christ. The public is cordially invited to attend any service. In addition, at all services, church members will be promising a portion of their time to serve God in and through the church fellowship.

**ST. DAVID'S WILL HONOR THE ASCENSION OF THE LORD JESUS**, the time 40 days after Easter when the Scriptures declare that Jesus was bodily received into heaven, reclaiming his throne as God, but doing so also as a human.

Services of the Holy Eucharist will be celebrated at 11:00 a.m. and 7:00 p.m. All are welcome to attend.

**ST. DAVID'S WILL ASSIST IN THE "SHARE" PROGRAM**, which offers reduced-priced food in exchange for two hours of Community Service.

St. David's is one of the sites to register on a month-by-month basis for the program (call the church office for information), and assists St. John's Church in distributing food, this month on Saturday the 18th from 11:00 a.m. to 12:00 noon.

**THE MEN AND BOYS OF ST. DAVID'S** will put

on a supper for **THE WOMEN AND GIRLS** of the parish on Saturday evening, May 18th. Those interested in joining the church may find this an excellent opportunity to get to know church members in a relaxed setting. Call the office.

**BENEFIT TICKETS ARE STILL ON SALE FOR:**

—An Open Skate to support Betsy Cowan's Mission Trip to Poland this summer, to be held at the Agawam Rollaway on Sunday, May 19th, from 5:15 to 7:15 p.m. Contact the Church Office at 786-6133 for further information.

—A Gospel Concert to support the Victory Church, now meeting at St. David's Sundays at 11:00 a.m., and hoping to purchase the St. David's Building. The Concert will be held Sunday, May 19th, from 5:00 to 7:00 p.m. Stop by the Church Building Sundays for Worship at 11:00 a.m., or at 2:30 p.m. for ticket sales, or call 734-4001.

**ST. DAVID'S MEMBERS WILL TAKE PART IN A "CONCERT OF PRAYER"** for Greater Springfield, to be held at Christ Presbyterian Church in Springfield on Monday, May 20th, at 7:00 p.m.

Consisting of 90 minutes of singing, testimony, teaching, and prayer for our region, this gathering brings together Christians from many churches to join "in concert," asking God's blessing on this area. Please join us.

**THE NEXT OF THE MONTHLY HEALING SERVICES** sponsored by St. David's will be Thursday, May 23rd, at 7:00 p.m., featuring singing, testimonies, a brief teaching, and prayers for the healing of others.

At the conclusion of the one-hour service, private prayers will be offered for those having special needs for healing. The public is cordially invited to attend.

## Roast Beef Dinner At Ag. Methodist Church

Agawam Methodist Church will be holding a roast beef supper on May 18th at 5:30 p.m. All proceeds will go for a new dishwasher.

For reservations, call Dana Henry at 789-0684.

*Please remember that our deadline is every Tuesday at noon.*

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## Church News - continued...

## Upcoming Activities At Ag. United Methodist

On Sunday, May 19th, worship begins at 9:30 a.m. The young people of the church will assist by reading scripture and saying set prayers.

At 7:00 p.m., there will be a prayer and hymn service for all who feel the need for prayers on behalf of themselves, a sick loved one, or someone who is in need of help.

On Sunday, May 26th, the Memorial Day Service will offer the opportunity to meet and pray for veterans who are known to us and who will be with us on that day.

We are looking forward to June 9th, which will be celebrated as Children's Day. The focus will be the Sunday School message-presentation.

Sunday, June 2nd, is our "Guest Sunday." Anyone may bring a guest to church.

The choir will perform special anthems as we climax our choir session before the summer.

Our guests will be entertained in the fellowship hall.

All are welcome to join us on any or all of these worship events and special occasions.

The outreach of Agawam United Methodist Church includes: mission to the Open Pantry; Cub Scout program; AA meetings; and day care center. The social activities include: a soon-to-come computer program for youth and adults; monthly suppers; and occasional breakfasts.

All are welcome!

Join us at worship on Sunday, June 2nd, at 9:30 a.m. There will be a special rendition by the Choir (guest artist).

Our telephone number is (413) 786-5278.

## REV. MONAHAN - from Page 19...

*"But you are a chosen people, a royal priesthood, a holy nation, a people belonging to God, that you might declare the praises of Him who called you out of darkness into His wonderful light" (1 Peter 2:9).*

That is quite a description! It may be you are thinking to yourself, "That sounds nice, but unattainable for me." After all, who among us possesses the kinds of qualities which would merit such a recommendation from God?

It might sound too good to be true, but the Bible tells us that God sincerely desires to say such things about each and every one of us. The Bible also tells us what we must do for that to happen.

*"As you come to Him, the living Stone - rejected by men but chosen by God and precious to Him - you also, like living stones, are being built into a spiritual home to be a holy priesthood, offering spiritual sacrifices acceptable to God through Jesus Christ" (1 Peter 2:4-5).*

None of us has the proper job qualifications to either live in a right relationship with our Creator while we are here on earth, nor to live with God in heaven when our lives on earth are complete. Nevertheless, God wants us to know Him both in this life and the hereafter, and He has made it possible for that to happen. Such a life begins with coming to Jesus Christ and accepting Him as Savior and Lord.

May it be for each of us as we read in 1 Peter 2:10, *"Once you were not a people, but now you are the people of God; once you had not received mercy, but now you have received mercy."*

## Children's Day To Be Celebrated This Week At 1st Baptist Church

A special service of worship will be presented by the church school students this Sunday, May 19th, at First Baptist Church at 9:30 a.m.

Presentations will be given by the students in all classes. Awards and recognitions will be made.

Special music will be a part of the service. Gail Dello Russo, Church School Superintendent, and Tim Deik, Christian Education Director, will chair the event, with assistance from the teachers in the Church School.

As usual, nursery care will be available during the morning, and a social hour will follow the service.

This marks the end of the church school year. Beginning May 26th, Children's Church will meet from 10:00 to 11:00 a.m. each Sunday. This schedule will continue until the Fall session begins.

The Deacons will hold their regular monthly meeting at 7:00 p.m.

On our calendar this week:

**Monday, May 20th:** 6:00 p.m., Potluck Supper (Davis Hall); 7:30 p.m., Gordon College Brass Choir (Sanctuary).

**Tuesday, May 21st:** 1:15 p.m., EZ Does It Aerobics Class; 6:00 p.m., Mr. & Mrs. Club Annual Banquet and Installation of Officers.

**Wednesday, May 22nd:** 7:15 a.m., Midweek Prayer Time (Chapel); 10:00 a.m. to 6:00 p.m., Trading Post Open; 7:00 p.m., Bible Study (Parlor).

**Thursday, May 23rd:** 1:15 p.m., EZ Does It Aerobics Class; 7:30 p.m., Choir Rehearsal.

**Saturday, May 25th:** Youth Group Picnic at Robinson State Park for all Jr. Youth, Sr. Youth, and Youth Leaders.

## Weekly Calendar From Ag. Congregational

Worship service continues at 10:30 a.m. this Sunday, May 19th, at the Agawam Congregational Church, 745 Main Street, Agawam.

This Sunday, May 19th, is Youth Sunday. Katie Tapply, Mark Jeserski, Lisa Lemire, Allie Bertagnoli, Ryan Gallagher, and Alex Ruddock will participate in the service.

The sermon will be "Cast All Your Fears On God" (Text - Psalm 66: 16-20). The children's message will be "Listen With Your Heart."

The "Faith In Action" series for the ninth grade class continues this week.

This Sunday, May 19th, Robert Majewski, a Springfield police officer, will be the guest speaker.

A roast pork dinner will be held on Saturday, May 19th, at 6:00 p.m. The menu will include: roast pork, applesauce, fresh veggies, potato, rolls, dessert, coffee, tea, or milk.

Adults are \$7; children 12 and under, \$4. Call Jerry Hamel, 786-2908, or the church office, 786-7111, to reserve your seat.

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## News And Notes From F.H. Congregational

You are welcome to join with us at the Feeding Hills Congregational Church, which is located at 21 N. Westfield Street in Feeding Hills.

Adult Bible Literacy class begins at 9:00 a.m., as does Sunday School for children.

A Service of Worship begins at 10:00 a.m. Rev. Donaldson's sermon at that time will be entitled, "Thy Kingdom Come?" Children are welcome to join their parents in worship.

Younger children may leave at the appointed time to work on a special activity with the Youth Director, Patsy Traficante. Nursery care will be provided as usual.

Please note that the Trustees did not meet on May 13th as previously scheduled. They will meet instead on Monday, May 20th, at 7:00 p.m.

On Sunday, May 26th, this church will participate in the Strengthen the Church Offering. This is a thank offering for the United Church of Christ.

This special offering supports the present-day Apostles who have been called by our church to gather God's diverse program into inclusive new and reinvigorated congregations. It also underwrites many of the programs and resources that nourish and empower our pastoral and lay leaders.

Today, as 2,000 years ago, the Holy Spirit calls us to share the Good News of Jesus Christ with a spiritually hungry world through our generous gifts.

Sign-up sheets have been posted for those wishing to work on or planning to attend Vacation Bible School. Please use them!

VBS will be held on June 30th, July 14th, and August 17th-18th. Adults are also welcome to attend.

There is no fee, but donations are always welcome!

The Board of Christian Education has announced that scholarships for Bible camp and adult retreats are available. Please contact a member of the Board of call the church office at 786-5061 for more information.

On the calendar this week:

**Saturday, May 18th:** 1:00 p.m., Children's Sunday practice.

**Sunday, May 19th:** 9:00 a.m., Adult Bible Literacy/Sunday School; 10:00 a.m., Worship Service; 12:30 p.m., Cub Scout Family Picnic; 5:00 p.m., Crossroads Christian Fellowship.

**Monday, May 20th:** 2:45 to 5:00 p.m., Girl Scouts (final meeting); 7:00 p.m., Trustees.

**Tuesday, May 21st:** 7:00 p.m., A.A.

**Wednesday, May 22nd:** 2:30 p.m., Girl Scouts; 7:00 p.m., Choir.

**Friday, May 24th:** Rev. Donaldson's day off.

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Boneless Spoon Roast .....	\$2.99 Lb.
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Boneless Top Round London Broil .....	\$2.49 Lb.
Beef Round Cube Steak .....	\$2.89 Lb.
Fresh Ground Round	
5 Lbs. Or More .....	\$2.39 Lb.
10 Lbs. Or More .....	\$1.99 Lb.
Fresh Ground Chuck	
5 Lbs. Or More .....	\$1.79 Lb.
10 Lbs. Or More .....	\$1.59 Lb.
Zonin Italian Sausage (Hot Or Sweet) .....	\$1.99 Lb.
Country Style Pork Ribs .....	\$1.49 Lb.
Gol Pak Chicken Wings (5 Lb. Bag) .....	\$3.99
Willow Tree Chicken Pies (Large - 52 Oz.) .....	\$6.99
Baby Back Pork Spare Ribs .....	\$1.99 Lb.
Fresh Hamburg Patties (2 Lb. Box) .....	\$4.49
Frozen Hamburg Patties (5 Lb. Box) .....	\$8.99
Grade "A" Chicken Breast	
Whole .....	\$1.49 Lb.
Split .....	\$1.69 Lb.

### WHOLESALE MEATS

Whole Boneless Top Sirloins .....	\$2.19 Lb.
Whole Butt Tenderloins .....	\$4.39 Lb.

### SEAFOOD

Frozen Swordfish Steaks .....	\$3.99 Lb.
Scrod Fillet .....	\$2.99 Lb.

### TUESDAY & WEDNESDAY SPECIAL

Fresh Ground Chuck (7 Lbs. Or More) .....	\$1.39 Lb.
---	------------

### DELI

Land O' Lakes White American Cheese .....	\$2.89 Lb.
Russer German Bologna .....	\$1.19 Lb.
Imported Ham .....	\$2.99 Lb.
Margerita Genoa Salami .....	\$2.99 Lb.
Hoffman's Super Sharp Cheese .....	\$3.99 Lb.
Thumann's Gourmet Turkey Breast .....	\$4.99 Lb.
Fresh Seafood Salad .....	\$3.99 Lb.
1st Prize Skinless Franks .....	\$1.99 Lb.
6 Lb. Box .....	\$11.39
Blue Seal Natural Casing Franks .....	\$2.69 Lb.
10 Lb. Box .....	\$25.99

### DAIRY

Sweet Life 1% Low Fat Milk (Gallon) .....	\$1.79
Hood Fruit Drinks (Gallon) .....	99¢
Hood Half & Half (Quarts) .....	99¢

### PRODUCE

Butter & Sugar Corn .....	3 For 99¢
Large Slicing Tomatoes .....	89¢ Lb.
Iceberg Lettuce .....	89¢ Hd.
Super Select Cucumbers .....	39¢ Each
Fresh Strawberries (Pint) .....	\$1.39
California Cantaloupes .....	99¢ Each
Bananas .....	49¢ Lb.
Fresh Limes .....	5/\$1.00

**\*\*\* Sunday, May 26th Only \*\*\***

Fresh Hamburg Patties (5 Lb. Box - As Patties) .....	\$6.99
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## Spotlight On Business

### Medical West Participates In 'Take Your Child To Work Day'



**MEDICAL WEST - AGAWAM** on Main Street celebrated the recent "Take Your Child To Work Day" for the third year in a row. From left - Michael Ferreira, Nicole Pinney, Rachel Loischild, Amelia Gualberto, Kennedy Hudleston, Deidre Smith, Meagan Lampron, Michele Jones, Evelyn Pratt, Karen Alonzo, Theresa Skiba, and Carrie Yon. Advertiser News photos by Jack Devine.

## Work Opportunity Center Of Agawam To Honor Several Town Businesses

The Work Opportunity Center, Inc., Supported Employment Program of Agawam—a provider of vocational services for individuals with developmental disabilities—has scheduled an Employer Appreciation Breakfast at Chez Josef, 176 Shoemaker Lane, Agawam, on May 23, 1996, at 7:30 a.m.

Six area businesses will be receiving an award for their commitment to hire developmentally disabled individuals. In addition, two individuals served by the Supported Employment Program will be receiving special achievement awards for being employed for over two years.

Guests will arrive at 7:30 a.m. Breakfast will be served at 7:45 a.m., and the keynote address will be given by Michael Kendricks. An award ceremony will begin at approximately 8:15 a.m.

The Supported Employment Program is funded by the Department of Mental Retardation. Under the program, full- or part-time employment is

secured for each individual in an area business.

The program provides training and support services for each individual hired and consultative services to the business to facilitate the transition and social integration of their new employee.

Among the awards to be presented, a "Quality Employment Award" will be presented to **Stop & Shop Supermarket** of Agawam.

The guest list will include the following participants:

**Work Opportunity Center, Inc.:** Robert F.L. MacDonald, Executive Director; Richard Wright, Employment Specialist Manager; Al Zaskey, Director of Client Services; Donna Cabana, Employment Specialist; Maria Carrion, Employment Specialist; Faustino Colon, Employment Specialist; Sandy Michaelian, Employment Specialist; and Lisa Savitt, Employment Specialist.

**Board of Directors:** Gary Bevilacqua, Director; Anne Cooley, Director; Michael Discenza, Director; Lionel Gemme, Director; Sheryl Hofman, 1st Vice President; Diane Quaglini, 2nd Vice President; Steven Robinson, Treasurer; Joseph Rolak, Director; Elizabeth Sico, Director; Allan Skole, President; and Virginia Starzic, Secretary/Clerk.

**Agawam Businesses:** **Chez Josef** (Allan Skole, Owner); **McDonalds Hamburgers** (Dan & Karen Ashburne, Owners); **Stop & Shop Supermarket** (Amiela Miner, General Manager; Jean Kyser, Front End Manager); and **United Process** (Richard Mulcahey, President; Eric Reel, Assistant Manager).

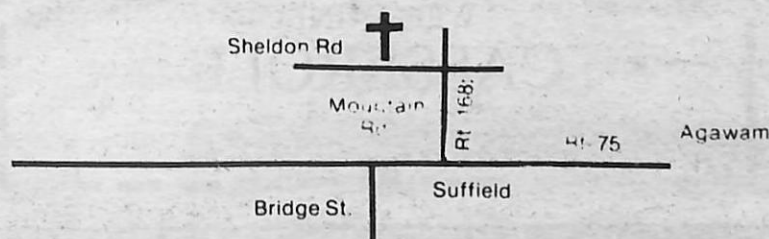
**Enclave Programs:** **Standard Uniform** of Agawam (Phil Johnson, Plant Manager).

**Elected Officials:** **Christopher Johnson**, Mayor of Agawam; **Daniel Keenan**, State Representative/Agawam; and **Linda Melconian**, State Senator/Agawam.



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**INFORMATION HEALTHLINE**



**Spotlight On Business - continued...**

# Keenan & Molta Asso. Merge With Firm From Wilbraham

## Barry Boccasile Named To "Sterling Society" By Coldwell Banker

Robert P. Molta and Joseph P. Keenan of Coldwell Banker Keenan & Molta Associates are pleased to announce the company's recent merger with McInerny & Co. Realtors of Wilbraham, MA.

Now serving the Greater Springfield area with offices in Agawam, Longmeadow, Southwick, Springfield, Westfield, and Wilbraham, Coldwell Banker Keenan & Molta Associates is the fastest growing real estate company in Western Massachusetts and is currently the third largest.

Cathy McInerny has been named the office manager of the Wilbraham office located at 2442 Boston Road, Wilbraham, MA (formerly McInerny & Co.).

McInerny stated, "We are pleased to be part of an organization that is being recognized both locally and nationally as one of the top companies in the real estate industry."

Coldwell Banker Keenan & Molta Associates will now offer customers a wide variety of products and services exclusive to Coldwell Banker, including its best buyer and seller systems to the Wilbraham area.

Coldwell Banker was first established in San Francisco and now has over 2,300 residential real estate offices and over 57,000 sales associates and employees in North America.

In 1995, one out of every nine homes sold in America involved a Coldwell Banker sales associate.

Barry Boccasile of Coldwell Banker Keenan & Molta has been chosen as a member of the company's Sterling Society—an honor bestowed upon only the top 20 percent of the more than 55,000 Coldwell Banker sales associates throughout North America.

Robert Rist, president of Coldwell Banker Residential Affiliates, Inc., presented Barry with his award at the company's international business conference, held recently in San Francisco, California. More than 7,000 Coldwell Banker sales associates, brokers, managers, and employees attended the event that also celebrated the company's 90th anniversary.

"Being a member of Coldwell Banker's Sterling Society is one of the highest honors among our sales associates," said Rist. "Barry has demonstrated super sales performance and is a credit to the Coldwell Banker team."

A resident of Agawam, Barry has been a manager with the Company's Agawam office since 1991 and is one of the original members of Molta Real Estate Inc. (est. 1988). He is currently



**BARRY BOCCASILE**

the manager of the company's Longmeadow office.  
For local real estate information, call 789-9890 or the office nearest you.

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Richard C. Smith, MD   Charles S. Weston, MD   Fred C. Hirschenfang, MD   Alison E. Wondriska, MD  
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## Spotlight On Business - continued...

**Century 21**

by  
**John Schuler**  
Real Estate  
Consultant



**Newschu Real Estate, Inc.**  
820 Suffield St., Agawam, 789-1117

### Soon-To-Be Sellers: Now Is The Time To Prepare For Spring Shoppers

Most real estate writers agree that buying and selling a home are essentially the same adventure. It's just two sides of the same equation. For this reason, buyers and sellers alike can benefit from many of the same tips, such as employing the services of a home inspector.

Sellers will be ahead of the game if you are certain that your property is defect-free and ready for sale. Nonetheless, there are a few cardinal rules just for sellers:

First and foremost, set a reasonable price. Even better, set a realistic price. Experts agree that "pride goeth before a fall" when a seller sets an unrealistic price. The professionals have a saying, "There's a buyer for every home, and the right price will out the competition in half."

Professional relocation services get two appraisers to estimate a reasonable asking price, then take an average of the two. Very, very few homes sell for more than appraised value.

Clean your home and then clean it again. Nothing turns off a prospective buyer more than an unkempt home that's in a state of disarray. Other hints: reseal the driveway, paint the exterior (or at least the entrance way and the trim), install a few elegant exterior fixtures such as a brass door knocker and lockset, a tasteful mailbox, or exterior light fixture. This will improve your "curb appeal."

For the interior, pack away personal collectibles and hobby paraphernalia. Don't send a message to buyers that your home will never be theirs. Make the interior as clean and bright as possible; mirrors can help enlarge and brighten smaller rooms.

Never attempt to conceal a leaking roof, an overburdened septic system, or a furnace near the end of its useful life. Undisclosed defects can destroy a closing, or worse, result in a lawsuit afterwards.

Prepare a "resume" for your home—a one-page fact sheet with a photo that outlines your best selling points in addition to basic information such as dimensions, tax amounts, and average utility bills.

Find a listing agent with a respected firm. Check to be sure he or she has a good reputation. When you work with a real estate professional, you gain the capabilities of the multiple listing service (MLS) that places your home in front of hundreds of agents, who, in turn, represent many other prospective buyers. This is in addition to advertising offered by the sales agent's firm.

Experienced agents can easily separate qualified buyers from tire kickers (and con artists). Regarding the latter, a real estate agent will always accompany a prospective buyer through your home and will guard against wasting your valuable time with an unqualified visitor.

Finally, enjoy the process! It's challenging, and even daunting at times, but finding the perfect buyer for your home is a tremendous source of satisfaction. It's a rewarding experience that will bring you joy for years to come.

(John Schuler is the Broker/Owner of CENTURY 21 Newschu Real Estate, Inc., located in the Southgate Plaza, Agawam, MA [413-789-1117].)

#### LEGAL NOTICE

#### LEGAL NOTICE

#### TOWN OF AGAWAM AGAWAM CONSERVATION COMMISSION

The Agawam Conservation Commission will meet on Thursday, May 23, 1996 at 7:15 PM in the Faolin Peirce Community Room, Agawam Police Station, 681 Springfield Street, Feeding Hills, Mass. The purpose of this meeting will be to hear the Request for Determination of Applicability of Aldridge for property located at 63 Silver Lake Drive.

By Order of Henry A. Kozloski, Chairman  
Agawam Conservation Commission  
Published: May 16, 1996

## "Topper's" To Host 1st Anniversary Party

Topper turns one this Saturday, and he's celebrating all weekend long.

On Friday, May 17th, come join us for a "make your own sundae" party from 5:00 to 10:00 p.m. We are also serving FREE birthday cake during the party.

\*\*\*

On Saturday, May 18th, Topper's is sponsoring a car wash to benefit the Agawam High School band. Cars will be washed from 12:00 noon to 3:00 p.m.

Pony rides will be given at Topper's from 6:00 to 8:00 p.m., and free balloons will be given away all day.

\*\*\*

Sunday, May 19th is "Sandwich Day." From 12:00 noon to 3:00 p.m., all sandwiches are "buy one, get one FREE."

Topper's offers great sandwiches like roast turkey, bologna, Genoa salami, sliced prime rib, and imported ham.

\*\*\*

Come see the greyhounds from 3:00 to 5:00 p.m. on Sunday, May 19th. The members of "Greyhound Options" will have their dogs at Topper's. Come meet them and receive information on adopting a greyhound of your own.

Topper's is also offering a 20 percent discount on all greyhound yogurts and other greyhound products during the "greyhound party."

\*\*\*

Topper's Ice Cream and Frozen Yogurt is a great place to bring the kids. See you this weekend—312 Springfield Street, Agawam.

## Mom's Little Helper



OVER AT THE POND HOUSE Restaurant on Main Street, customer Michael Quaintance is served by Mollie and Sue Ober on "Take Your Child To Work Day" recently. Advertiser

News photo by Jack Devine.

## Best local news...

† AMERICAN LUNG ASSOCIATION®  
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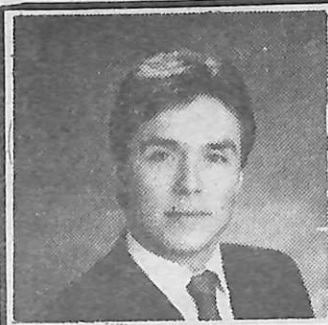
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# For Your Health



## Your Back And Your Health

by Dr. Joseph  
S. Schlaffer  
Schlaffer  
Chiropractic Offices  
192 Shoemaker Lane  
Agawam



## Chiropractic Care by

Dr. Tami Nelson  
Chiropractic  
Physician  
Hampden County  
Chiropractic  
850 Springfield St.  
Feeding Hills  
786-4820

## The Golfing Season!!!

Now that the golfing season has begun, I'm seeing more patients with lower back pain and associated symptoms. Here is some basic information with suggestions that may help you avoid the back pain that so many golfers experience.

Golf is one of the most popular sports in America. During the New England winters, many golfers lose their conditioned muscles so important to playing the game well.

At the first sign of nice weather, they head for one of the local courses prepared for some friendly competition. As the season progresses, many backs give out!

Driving a golf ball off the tee, down a long fairway, requires a lot of physical effort. So does a long iron shot. The problem is that you continually swing the club the same way, time after time after time.

You are either right- or left-handed. So when you repeatedly swing that club, one way (perhaps thousands of times each season), you are also twisting your spine and all the muscles in the same direction over and over again. This creates an imbalance in muscles and a continual twisting of the spine.

Don't think that vertebrae in your spine aren't going to suffer, too. They can become misaligned (subluxated) and affect the function of delicate nerves. I have enough golfers as patients to know that this is fact.

So what can you do about it? Start adding some other forms of exercise that will be beneficial to your spine, like swimming or bicycle riding. And if you really love the game of golf, a spinal examination by a doctor of chiropractic is in order.

Perhaps a problem is developing and it can be corrected. This may save you the crisis of an emergency visit for treatment at some future time.

Golfers may seek relief for their back pain at Schlaffer Chiropractic Office, 789-1369.

## Osteoporosis

This month has been focused on the effects of osteoporosis. The key to fighting osteoporosis is understanding what it is, knowing if you may be at risk, and knowing what you can do to prevent it.

**WHAT IS OSTEOPOROSIS?** The word means "porous bone," loss of the bone material causes decreased density along with increased brittleness and a decrease in calcium, which leads to changes in posture, fractures, and pain.

Fifteen to 20 million people have osteoporosis, making it a major health problem. All females lose bone after menopause, but all don't necessarily develop osteoporosis. After 35 years of age, women lose bone mass at a rate of one-percent a year, so it is important to be on a program of prevention.

### FACTORS THAT INCREASE RISK OF OSTEOPOROSIS:

- being a small, white woman
- family relatives with osteoporosis
- early menopause (before age 40)
- early hysterectomy with removal of ovaries
- frequent dieting
- taking: diuretics, laxatives, corticosteroids, Heparin, antacids with aluminum, dilantin
- teenage pregnancy/no pregnancy
- smoking
- high alcohol use
- unmanaged stress
- no menstrual cycle with exercise for more than one year
- chronic diarrhea or surgical removal of part of the stomach or small intestine
- kidney disease

- lack of exercise/sedentary lifestyle
  - high protein diet, high salt diet, low calcium diet, lack of vitamin D
  - high caffeine use (over five cups a day)
  - aging
  - rheumatoid arthritis
- The critical years to build peak bone mass are 12 to 35 years!

### PREVENTION:

1. Exercise — weight bearing exercise (walking is best!) for 30 to 40 minutes three to four days a week. This increases efficiency of calcium absorbency.
  2. Calcium supplements — 1,500 mg non-dairy calcium is the best.
  3. Go vegetarian! Due to its acidity and protein content, red meat promotes the excretion of calcium.
  4. Vitamin D supplements — at least 400 IU a day.
  5. Lifestyle changes...
    - smoking impedes activation of vitamin D and less calcium is absorbed
    - alcohol puts women at risk for osteoporosis
    - drinking more than five cups of coffee a day cause excretion of calcium into the urine
    - phosphorus hinders calcium uptake (one more reason to stop drinking soft drinks)
    - aluminum causes increased calcium excretion. Read labels: antacids with aluminum, baking powder with aluminum, foods wrapped in aluminum foil. Do not use aluminum cookware.
    - be aware of the foods that are "nightshades." Nightshades contain certain acids that interfere with calcium use.
    - try and manage stress. Stress decreases the absorption of calcium and increases the amount lost in the urine.
- If you would like more information regarding osteoporosis, please contact our office. Dr. Nelson maintains an office at Hampden County Chiropractic, 850 Springfield Street, Feeding Hills. She is available to answer questions on Monday and Wednesday from 1:00 to 2:00 p.m. at 786-4820.
- She is also available to groups to lecture on this specific topic (osteoporosis) and other topics. Please call the office for more information.

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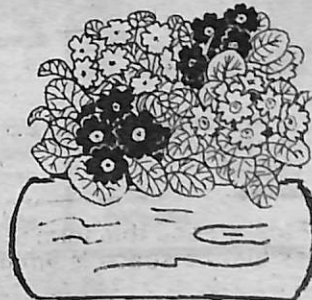
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● Kills broadleaf  
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*For Your Health - continued...*

## Nancy Dell To Hold "War On Weight" Seminar On May 20th

For the latest information on weight management techniques, be sure to attend nutritionist Nancy Dell's WAR ON WEIGHT seminar on Monday, May 20th, from 6:30 to 9:30 p.m. at the Hamada Inn, West Springfield.

To register, call (413) 786-2957. The registration fee is \$29.

\*\*\*

According to Dell, sometimes hunger has nothing to do with when and why we eat. If you have recently lost your job, had an accident, or couldn't pay a bill, you may turn to food for comfort.

Sweet and fatty foods truly make us feel better in times of stress. Fats release a brain chemical called dopamine that calms you down.

Carbohydrates like sugars and starches cause the brain to release serotonin—our "feel good" brain chemical. By the way, chocolate is 50-percent fat and 50-percent carbohydrate ... the perfect mix for feeling better.

To take control of stress eating, find other ways to make your body and mind feel good.

Here's a list of ideas. Keep them posted on your refrigerator:

- \*Take four deep breaths.
- \*Go for a walk.
- \*Call a friend.
- \*Play your favorite music.
- \*Read a book
- \*Take a bubble bath.
- \*Go fishing.
- \*Play solitaire.
- \*Go to the movies.
- \*Write a letter.
- \*Play a game.
- \*Do a crossword puzzle.

Stress management is a crucial part of weight management. Many people need to get a handle on the thoughts in the mind to get control of the food that goes into the mouth.

*Check our classified pages*



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**Spring Plant Sale**  
May 21st — 6-8 PM  
May 22nd — 8 AM - 6 PM

*call for Free Video*

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Directions to VOC-TECH CENTER:— Mass. Pike to Exit 5; bear right after toll booth; take left at lights on to Memorial Dr. (Rt. 33N); look for Ames Plaza on right then take right at next lights on to James St. (turn before P.J. Scott Restaurant on right); take right at 1st light onto Johnson Rd.

## Fitness First Health & Fitness Center Offers Tips About Overtraining

The above phrases are often associated with the behaviors that individuals have engaged in that will likely lead to overtraining.

Too much training is not necessarily a good thing. Research has shown that doing too much exercise can adversely affect your performance and impair your health, and may actually do more damage than doing too little exercise.

Just as exercise can be a great stress reliever, it can also become a major source of stress on your body. Overtraining or doing too much exercise can be counterproductive and increase your likelihood to injury.

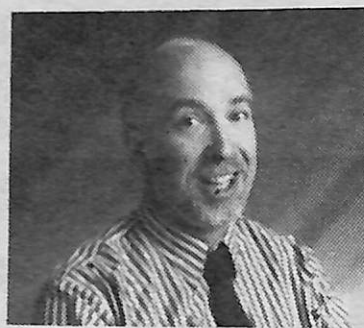
There are many signs and symptoms associated with overtraining. A feeling of unusual fatigue and an increase in resting heart rate are most often associated with overtraining. You may also experience a decrease in performance or unusual muscle soreness.

Some other physiological signs also associated with overtraining are frequent colds, virus infections, and loss of appetite. Some people also experience psychological symptoms such as boredom, tension, insomnia, and (most importantly) a loss of enjoyment in their exercise program.

A properly designed exercise program can produce many physical and mental benefits. In order for this to do so, however, it must be within your physical capabilities so that you are not overstressed.

If you are experiencing any of the above signs or symptoms that are commonly associated with overtraining, please see your fitness professional for some expert advice on your current training program.

Remember, in some cases more is not necessarily better! Here's to better health through proper exercise.



## "Every Child Counts"

**Child Self-Esteem Seminar** (Ages 9-14)  
**Saturday, June 8th**

**Captain Charles Leonard House**  
10:00 A.M. - 11:30 A.M.

Dr. Steve Sobel is a former teacher, school principal, special education director and now devotes the majority of his time speaking at major conferences on issues regarding self-esteem, attitude and selected motivation issues for children as well as adults.

**Co-Sponsored by The Agawam Advertiser News**

**WHAT IS COVERED IN THE SEMINAR:** Dr. Sobel will discuss, in a very upbeat and supportive manner, the following strands of information.

- How to handle rejection
- How to make sound choices and judgments in social and school settings
- How to feel more self-assured and confident
- The importance of communicating effectively with peers and parents
- How to feel "good enough"
- How to get along better with others in difficult situations
- The importance of setting goals

## The New England Institute For Stress Management

*"High Impact" Seminars And Consultation Services*  
425 Union Street, West Springfield

Please send this form to the address above with the registration fee of \$10 per child as soon as possible, as space is limited. Checks are payable to Dr. Steve Sobel. If you have any questions, call Dr. Sobel at 413-785-1259.

Name Of Child/ren Attending \_\_\_\_\_

Age/s \_\_\_\_\_ Amount Enclosed (\$10 Per Child) \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

I give permission for my child/ren to attend the seminar offered by Dr. Sobel on Self-Esteem for Children on Saturday, June 8, 1996.

Parent's Signature \_\_\_\_\_ Daytime Phone (\_\_\_\_) \_\_\_\_\_



**For Your Health - continued...****Award-Winning Speaker Dr. Tami Nelson  
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Dr. Tami Nelson, winner of the Western Mass Young Careerist Speech Competition, is an experienced lecturer and teacher who, in addition to a bimonthly class on spinal health taught in her office, is available to lecture on the following topics:

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- Stress may cause physical illness as well as

emotional problems

- Learn how to take action for a healthier, happier future

**PREVENTION OF WORK-RELATED INJURIES**

- A discussion of workplace ergonomics
- Learn simple techniques to incorporate into your day to prevent problems (i.e.: neck and upper back pain, fatigue headaches, arm pain, carpal tunnel syndrome, low back pain, leg pain)
- You can benefit from this lecture if you stand all day, sit, or lift

**HEADACHES AND NECK PAIN**

- Do you suffer with head or neck pain?
- This informational program will offer options for dealing with chronic headaches.

**WOMEN'S HEALTH ISSUES**

- Learn alternative ways to treat:
- PMS

- Painful menstrual cycles
- Ovarian cysts
- Candidiasis
- Pregnancy-related and postpartum problems
- Menopause
- Osteoporosis

**LOW BACK PAIN**

- Discover the causes of low back pain, the different diagnoses, and the varying treatments available.
- Learn how to prevent low back problems.

Dr. Nelson is available to lecture on the above topics at your club or place of business. She maintains an office at Hampden County Chiropractic, 850 Springfield Street, Feeding Hills, and is committed to promoting health and pain prevention. To arrange a lecture or make further inquiries, please call 786-4820.

**Sleep Disorders Group  
At Mercy Hospital**

AWAKE (Alert, Well, And Keeping Energetic), a support group for persons with sleep apnea and other respiratory-related sleep disorders, will meet on May 21st from 7:00 to 8:30 p.m. in the Deliso Conference Center at Mercy Hospital.

Participants will find support through education, lifestyle and therapy adjustments, and sharing of ideas. Professionals will lead discussions of the latest trends in the diagnosis and treatment of sleep-disordered breathing, and there will be time for socializing and refreshments.

The group is sponsored by the hospital's Respiratory-Related Sleep Disorders Center; meetings are free of charge.

For more information, call James Evitts, R.R.T., at (413) 748-9610.

**Health Screenings At  
Mercy Hospital**

The Department of Patient Education at Mercy Hospital will conduct the following health screenings during May:

**Colorectal cancer screening** - May 20th, 9:00 to 11:00 a.m., Memorial House Auditorium; \$4 donation.

**Free blood pressure screening** - May 20th, 9:00 to 11:00 a.m., Memorial House Auditorium.

**Blood glucose screening** - May 30th, 8:00 to 10:00 a.m., Memorial House Auditorium; \$2 donation.

**Cholesterol screening** - May 30th, 8:00 a.m., Memorial House Auditorium; \$10 donation.

No advance registration is required; however, fasting (water is allowed) for 12 hours prior to testing is required.

Blood pressure results will be available on site; all other results will be mailed to participants.

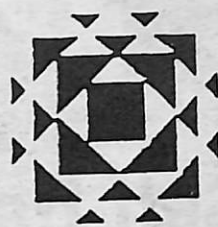
For more information, call the Patient Education Department, (413) 748-9024, weekdays between 8:00 and 9:00 a.m., or leave a message.

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| * Carpal Tunnel Syndrome | * Generalized Weakness    |

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# Arts

## ACROSS

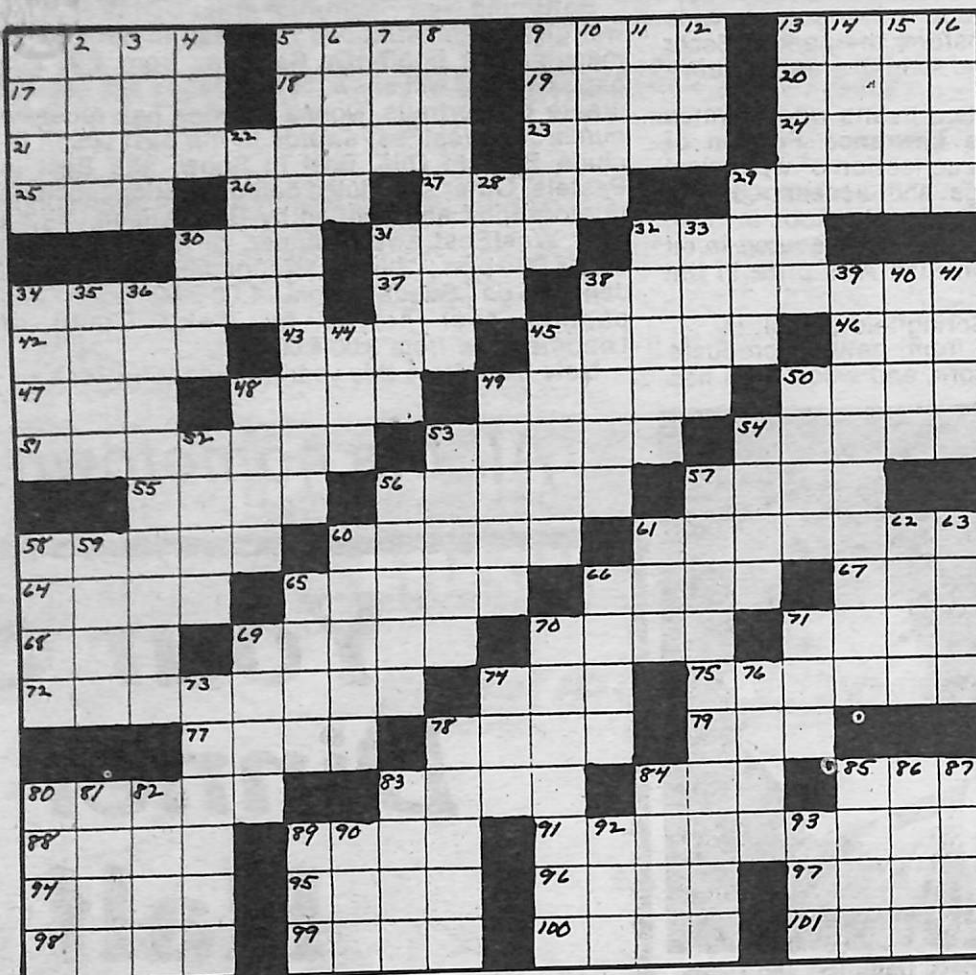
- 1 Shopping items
- 5 French Premier
- Leon
- 9 Vamp Theda
- 13 Forty thieves name
- 17 Mame
- 18 Chaplin's lady
- 19 State strongly
- 20 Give off
- 21 Arm badges
- 23 Japanese port city
- 24 Give a clue
- 25 Devour
- 26 Before (pref.)
- 27 Ness and his gang
- 29 "— song of sixpence"
- 30 "Life's no — of roses"
- 31 Wampum unit
- 32 British machine gun
- 34 Influence peddler often
- 37 Grampus
- 38 Surgical problem
- 42 A.K.A. Elia
- 43 Bacchanalian event
- 45 Money to a mod
- 46 Roman 7
- 47 Refs' kin
- 48 "Bills and —"
- 49 Protected product name
- 50 Stoop from the waist
- 51 Name derivation
- 53 Like unseasoned food
- 54 Cleo's Nile boat
- 55 Gypsy gents
- 56 Give a leg up
- 57 Vat
- 58 Mesa's relative
- 60 High or low follower
- 61 Part of RN's TLC
- 64 Musical piece
- 65 Nibs
- 66 Pitcher's no-no
- 67 "— of good feeling"
- 68 Peter to Henry
- 69 Punishes
- 70 Tab
- 71 Implores
- 72 Scoffers
- 74 "Big — Leroy Brown"
- 75 Trues up
- 77 Gentlemen titles
- 78 Tree trunk
- 79 "A little — will do you"
- 80 Animal like being
- 83 Evil deity

- 84 Golfer Crenshaw
- 85 Belfry denizen
- 88 Vita
- 89 Roseanne once
- 91 Actress/singer married to Kovacs
- 94 Cupid
- 95 Ripened
- 96 Ski slope mover
- 97 Opera highlight
- 98 HST's lady
- 99 "— by you?"
- 100 Lip
- 101 Forest animal

## DOWN

- 1 Paul Bunyon's ox
- 2 Emanation
- 3 Pesky insect
- 4 Streets (abbr.)
- 5 Where chairmen hold sway
- 6 Native knowledge
- 7 And (Ger.)
- 8 Expert knowledge
- 9 Half follower
- 10 The Bard's river
- 11 C.S.A. soldier
- 12 "We — not amused"
- 13 Lagging
- 14 Infamous Idi
- 15 Hope's partner on the road
- 16 "— boy!"
- 22 Graf — of WWI
- 28 Popular apple for short
- 29 Spore
- 30 Protective consumer's agency
- 31 Fens
- 32 Mix together
- 33 Peruse
- 34 Down in the dumps
- 35 Highway exit or entrance
- 36 Entreat persistently
- 38 Wild brown geese
- 39 Conifer
- 40 Peal
- 41 Part of a triangle
- 44 Cowboy Rogers
- 45 Military V.I.P.'s
- 48 Inflorescence
- 49 Storms
- 50 Money depository
- 52 "The haves and have —"
- 53 Novelist's output
- 54 Frank "Bring 'em back alive" —
- 56 Unruly kids
- 57 Troubadours
- 58 Headman
- 59 "Once — a time"
- 60 Chicago team
- 61 Ball (Fr.)
- 62 Itch in a way
- 63 Game fish
- 65 "— Barrel Polka"
- 66 "one's time"
- 69 Soft cheese

## MEET THE MASTER — by Dick Mastroianni



- 70 "Swan Lake" or "Nutcracker Suite"
- 71 Apron part
- 73 Chemical compounds
- 74 Constrictor
- 76 Turner
- 78 Poets of yore
- 80 Talk incessantly (slang)
- 81 Frost
- 82 Alien spaceships
- 83 Witches' potable
- 84 Inclination
- 85 Unclothed
- 86 French friend
- 87 Russian ruler
- 89 "— humbug"
- 90 "Long — and far away"
- 92 Business abbr.
- 93 "Dear old —"

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each and  
every week...

## Puppets At Ag. Library On May 18th

On Saturday, May 18th from 2:00-3:00 p.m., the Gerwick Puppets will present "Alladin and the Magic Lamp."

The classic tale of young boy who tries to defeat an evil magician comes to life in this exciting show featuring a flying carpet, a jeweled cave, an all-powerful genie, and several lively puppet characters.

PLEASE NOTE: The Gerwicks suggest that this program is appropriate for children aged five and up, as well as for grownups. Registration will be limited due to fire laws.

Free tickets are available at the library, 750 Cooper Street, for Agawam and Feeding Hills families.

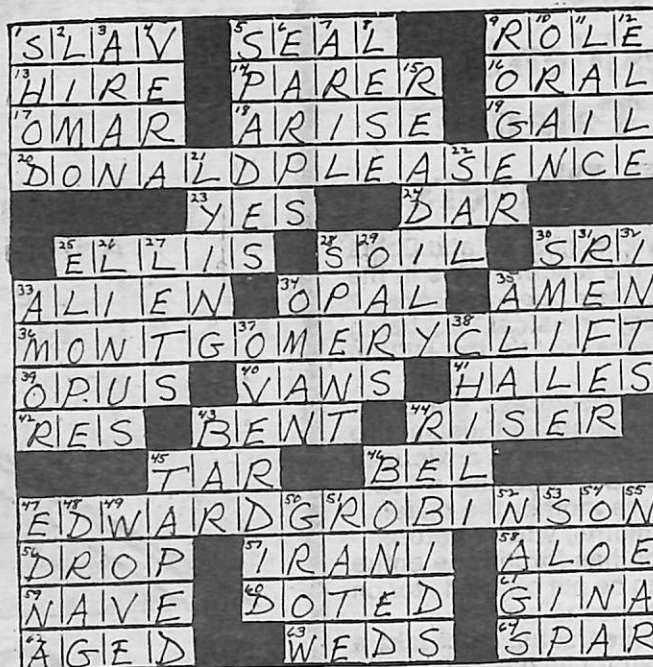
## Preschoolers Program On Music At Lib.

Agawam and Feeding Hills preschoolers aged 2½ to five are invited to an evening of exploring the sense of hearing with "SOUNDS OF MUSIC" at the Agawam Public Library on Tuesday, May 21st, 6:30-7:30 p.m.

Join us for some noisy stories and a sweet sounding craft. Families with a 9:00-5:00 schedule are especially encouraged to come.

Call 789-1550 or stop by at 750 Cooper Street to register.

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Expires 6/30/96



# WestFest At Stanley Park May 18-19

Artists, craftsmen, and photographers from throughout New England will be participating in the WestFest Arts Festivals' juried Arts & Crafts Show at Stanley Park. On May 18th and 19th approximately 135 exhibitors working in a wide variety of media will transform the park's soccer field into a brightly colored swirl of creative activity.

Western Massachusetts artisans whose wares will be on sale include Lawrence Preston of Hadley returning with his collection of whimsical painted home furnishings and accessories, including his signature blueberry pie stool. In 1994, his surrealistic "Bathroom Sink," executed in oil on wood took the Best in Fine Arts prize in the festivals' award show.

Donald R. Blanton of Springfield exhibit includes jewelry created from natural products such as coconut, rams horn, and wood. Don has

created a special process which marbleizes his work, creating distinctive finishes for many of his sculptures and jewelry.

Returning New Hampshire artist Donna Harkins will give demonstrations this year, in addition to manning her booth. On Saturday from 1:00-2:00 p.m., Harkins will show the technique she uses to create oil portraits. Donna Harkins has received numerous WestFest awards in the past which include Best in Oils, Best in Show, and Best in Pastels. Other scheduled demonstrations include photography and lighting by Ron Wilson, also a past WestFest award winner, on Saturday from 3:00-4:00 p.m.; floral arrangements by Irene Jensen on Sunday from 1:00-2:00 p.m.; and pastels over acrylic by Heidi Coutu of Longmeadow from 3:00-4:00 p.m.

New exhibitors this year include Windsor's

Stephen Meakin with his painted stone faces, Timothy Fichter of Munsonville, New Hampshire exhibiting pottery, and from Springfield, MA, Brendon Stecchini with steel chimes for the mechanical age, and Lyn Snow with her floral watercolors.

Visitors to WestFest will also find music, juggling, ventriloquists, and singers on two stages throughout the weekend. Displays of youth art, hands-on activities, and special demonstrations are offered especially for children. A food court and picnic area and ample free on-site parking are available.

All activities are handicapped accessible. Festival funding is provided in part by the Massachusetts Cultural Council through the Westfield and Southwick Arts Council. WestFest, Inc. is a non-profit community arts organizations.



STEVEN SANDS, JR., as Prince Dauntless and Debra Macey Taylor as Queen Aggravain in the Hilltop Players' production "Once Upon A Mattress" at the Red Door Theatre in Feeding Hills.

## Agawam Residents Show Their Talents With Hilltop Players

Agawam residents Steven Sands, Jr. and Debra Macey Taylor play two of the leading roles in the 23-member production of "Once Upon A Mattress."

The hilarious Broadway musical is being presented, this its final weekend, by the Hilltop Players Family Theatre.

As the exuberant Prince Dauntless the Drab, Steven Sands brings a desperate enthusiasm to the Oedipal role of the royal heir who is anxious to find a princess wife capable of passing a "sensitivity" test by his countess mother the queen.

Taylor plays the queen mother whose apronstring strangehold on her son has forced the entire kingdom's marital status to be put on hold - for on one is to marry until the prince is wed.

The king, played by Lyle Pearsons, must take a backseat to this whole affair for he has been mute by a witch's curse "until the mouse devours the hawk." Sands plays the "mouse" to timid perfection as he frantically woos a new princess on trial, Winifred the Wobegone, played by Mary Broderick.

Sands' strong voice in such numbers as "I'm In Love With A Girl Named Fred" and "Man To Man Talk" coupled with Broderick's comic timing and expressive features makes the first act-closer a sure-fire audience pleaser.

Sands, who is only a junior at Agawam High School, displays poise and confidence in this, his third outing with the Hilltop Players, having also performed in "Sound of Music" and "Finian's Rainbow."

His singing talents have also been a welcome addition to Riverside Park's Friends in Harmony shows as well as with the Agawam High School Show Choir.

As Queen Aggravain, Debra Macey Taylor makes her debut with Hilltop. She brings a gutsy, brash characterization to the dominant matriarch and her natural sense for comedy gives life to such numbers as "Sensitivity" and "Spanish Panic."

Though she has been away from theatre for a time, Taylor is no stranger to performing as she has been a featured singer in A Class Act Cabaret and the Harvest Festival Cabaret. She is also a soloist and part of the St. Cecilia's Choir. One can catch Debra Macey Taylor with the popular Friends in Harmony group performing this summer as part of Riverside Park's special events.

You can catch these two talented performers at The Red Door Theatre, 152 South Westfield St., Feeding Hills, MA for their final two performances of "Once Upon A Mattress," Friday, May 17th and Saturday, May 18th at 7:30 p.m.

At \$5 a ticket, director Margie Secora has suggested that reservations be made by calling 789-2026.

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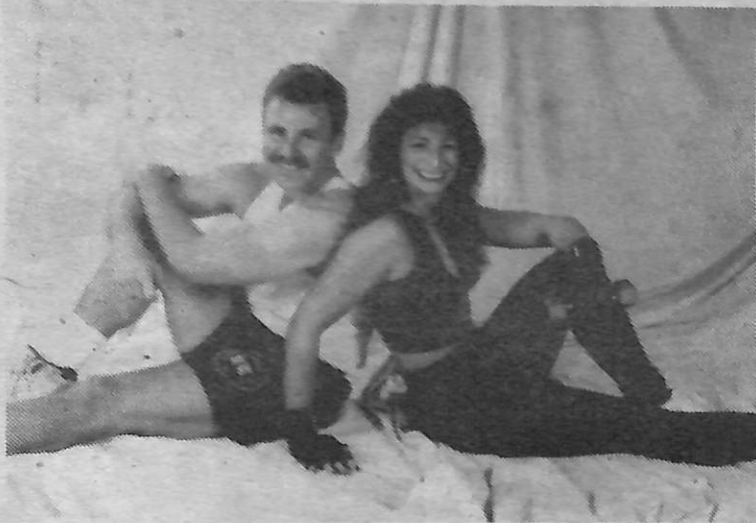
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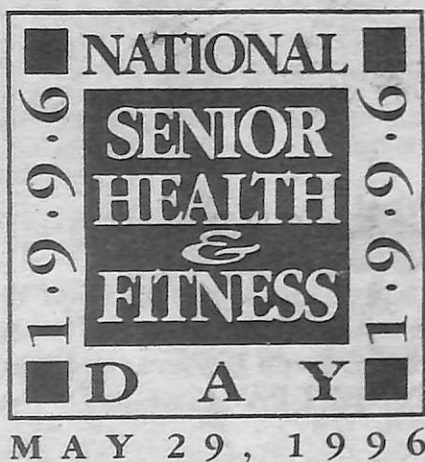
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## Education

### Elementary Students Declared Winners Of Medical West Contest

Medical West Associates of Agawam recently sponsored a contest for the students in Agawam's grammar schools called "What Belongs In The Medicine Cabinet?"

The children were asked to identify whether an item was "medicine" or "candy" from a large poster. The contest was held in conjunction with National Poison Control Month, and the purpose of the contest was to make children more aware of the fact that it is often very hard to tell the difference between "medicine" and "candy."

Altogether, more than 900 children participated in the contest from three of Agawam's grammar schools. Children in grades one through four were eligible.

Medical West would like to congratulate the winners of the contest. **Amy Osgood**, a third grader from Phelps School, **Joey B'Shara**, a third grader from Granger School, **Robert Lombardi** and **Nicholas Roberts**, first graders from Clark School, and **Danny Murphy** and **Eric Niedziela**, third graders from Clark school.

Each of the children who won the contest received a framed Certificate of Merit with their name on it. They also won for their entire classroom a party complete with cupcakes and Hoodsie cups!

So, as not to leave the kindergarteners out, Medical West Associates of Agawam is setting up a special presentation for each of the classes called "Everything at Gramma's House Isn't Candy." In this presentation, the children will participate in an interactive program designed to teach what household products can be harmful.

On behalf of all the people who volunteer on the Community Service Team at Medical West in Agawam, we would like to thank all of the students, teachers, and principals who participated in this program, and especially Mr. Donald Charest for recommending the program.



THE PHELPS SCHOOL WINNER in the "What Belongs In The Medicine Cabinet" contest was Amy Osgood. Amy is pictured with teacher Sheryl Mardeusz (left) and Barbara Myers and Nancy Cullen from Medical West. RELATED PHOTO ON NEXT PAGE.



CHILDREN IN GRADE 3, Room 19 at Phelps School participated in the "What Belongs In The Medicine Cabinet" contest sponsored by Medical West Associates of Agawam. Advertiser

News photo by Jack Devine.



JOSEPH B'SHARA from Granger School was that school's winner of the "What Belongs In The Medicine Cabinet" contest sponsored by Medical West Associates. From left - Jodi Abderhalden, student teacher; Susan Nowell, classroom teacher; Joseph B'Shara, and Nancy Cullen, Medical West representative. RELATED PHOTO ON NEXT PAGE. Advertiser News photo by Jack Devine.

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## Project S.E.E. Students At Clark And Granger Learn About Trees

Project S.E.E. (Specific Enrichment Education) Students at James Clark and Clifford Granger Elementary Schools used the theme of trees to learn about math, science, art, music, poetry, and literature.

Earlier this year, students estimated how many paper rolls it would require to build a birch tree of average size. Later, Project S.E.E. Students built a model of a birch tree and challenged their classmates to estimate how many rolls were used.

Students studied the poetry of Robert Frost and noted how trees inspired his work. Then students wrote Haikus, applying the scientific knowledge they had learned about trees in their verse.

Project S.E.E. Students performed in a play based on Shel Silverstein's book, "THE GIVING TREE," that emphasizes the importance of caring for others.

Students also read "THE VOICE IN THE WOOD" by Claude and Frederic Clement, and "MUSIC IN THE WOOD" by Cornelia Cornelissen. Both of these books demonstrate how trees provide people with the gift of music.

Project S.E.E. Students met at Clifford Granger School on Thursday, March 21st, with Cornelia Cornelissen, who explained how cellos are made using her book, "MUSIC IN THE WOOD." She also discussed how authors get their ideas for writing and the process of publishing a book.

Aaron Helfand, a seventh-grade Williston-Northampton Academy student, accompanied Cornelissen. After familiarizing students with the parts of a cello, Helfand put on a musical performance.



CORNELIA CORNELISSEN, author of "MUSIC IN THE WOOD," watches as Williston-Northampton Academy student Aaron Helfand plays the cello for Granger and Clark School Project S.E.E. Students. Cornelissen's book tells the story of a craftsman (her real-life husband) who creates cellos. Advertiser News photo by Jack Devine.

## Townwide Spelling Bee Set For Middle School

A townwide Spelling Bee for seventh and eighth grade students will be held Friday, May 17th at 7:00 p.m. at the Agawam Middle School.

Competing in the spelling bee will be a representative from each homeroom class in the seventh and eighth grades at the Junior High School. The public is invited to attend the Spelling Bee.

For those that cannot attend, the event will be broadcasted live on cable TV.

The pronouncer this year will be Paul Sutton, Channel 40 weatherman. The moderator is Sasha Zebryk. Judges are Judith Clini, reference librarian; Nancy Thompson, Agawam Town Council president; and School Committee member Linda Galarneau.

Awards will be presented to all participants and prizes will be given to first and second place winners at each grade level.

For more information, please call Sasha Zebryk at 789-1608. The Spelling Bee is being sponsored by the Agawam Junior Women's Club, a member of the General Federation of Women's Clubs and the General Federation of Women's Clubs in Massachusetts.

## Reception For Ryder Being Planned For Friday, May 31st

A reception for Superintendent of Schools Bernard Ryder, in honor of his retirement, will be held Friday, May 31st from 3:00-5:00 p.m. in the Agawam Junior High School Cafeteria.

Refreshments will be served. The public is cordially invited.

## Clark School Contest Winners Named



THE "WHAT BELONGS IN THE MEDICINE CABINET" contest sponsored by Medical West Associates of Agawam saw the above third graders named as winners. From left - Nancy Cullen, Medical West representative; Nicholas Roberts, Robert Lombardi, Eric Niedziela, and Danny Murphy, student winners; and Kathy King, classroom teacher. Advertiser News photo by Jack Devine.

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GENEVIEVE ROSE

## Genevieve Rose Named To UMass Dean's List

Genevieve Rose has been named to the University of Massachusetts' fall of 1995 Dean's List for outstanding scholastic performance.

Genevieve majors in jazz performance and music education. She is a member of the University Jazz Band, UMass Wind Ensemble, Chamber Jazz Ensemble, and also performs with numerous other groups, on- and off-campus.

Genevieve will be playing with the Eric Bascom Quartet during the Long Meddowe Days Concert and Picnic on Friday, May 17th, at 7:00 p.m. The group is opening for Livingston Taylor, who is scheduled to perform at 8:00 p.m.

The event will be held at the Longmeadow High School football field, and the gates open at 6:00 p.m. Admission is \$3 per person (free for children under six years of age).

## Kids At The Children's School Raise \$390 For Easter Seals

Youngsters from The Children's School in Feeding Hills hopped recently to help people with disabilities expand their independence, raising \$390 in an Easter Seal HOP-N-ING.

The children spent a week learning about disabilities—what causes them, how disabilities affect people's everyday lives, and the equipment used to cope. After that, they were ready to help.

Each child secured donations from family and friends for every hop performed during a three-minute HOP-N-ING. The funds raised help provide Easter Seal services for men, women, and children with disabilities.

Easter Seal services include summer camp, therapeutic swim programs, physical and occupational therapy, speech therapy, equipment loan, technology for independence, support groups for people recovering from strokes, and information and referral services.

Last year, nearly 16,000 children across Massachusetts learned about disabilities and hopped for Easter Seals, raising \$212,000.

The HOP-N-ING is sponsored by T J Maxx, WB56, WWLP-TV22, and Business Equipment Depot.



**SIXTH GRADE WINNERS** in the Junior Women's Club's 1996 essay contest were named recently. From left - Rose Sharpe, Junior Women's Club representative; Alyssa Goodrow, April Rondeau, and Renee Couture, contest winners; and Louis Conte, Middle School assistant principal. Advertiser News photo by Jack Devine.



**FIFTH GRADE ESSAY CONTEST WINNERS** sponsored by the Agawam Junior Women's Club. From left - Wilma Gillan, Jr. Women's Club; Marci Meunier, Dave Rosenberg, and Nicole Gendreau, students; Rose Sharpe, Jr. Women's Club; and Louis Conte, Middle School assistant principal. Advertiser News photo by Jack Devine.

## Middle School Winners Named In Jr. Women's Club's Essay Contest

The Agawam Junior Women's Club selected the winners of the 1996 essay contest for all fifth and sixth grade students.

Students were asked to write on the following topic: "You've been given one extraordinary power by 'Harry the Magnificent.' What will it be, and how will you use it?"

Each essay was judged on Creativity, Originality, Legibility, and Content. In the fifth grade, the first place winner, **David Rosenberg**, won a \$50 Savings Bond. The second place winner, **Marci Menier**, won a gift certificate to Games & Lanes.

And the third place winner, **Nicole Gendreau**, won a gift certificate to Topper's.

In the sixth grade, the first place winner, **Renee Couture**, won a \$50 Savings Bond. The second place winner, **Alyssa Goodrow**, won a gift certificate to Games & Lanes. And last, the third place winner, **April Rondeau**, won a gift certificate to Topper's.

The Agawam Junior Women's Club is a member of the General Federation of Women's Clubs and the General Federation of Women's Clubs of Massachusetts.

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### Agawam School Department Position Available

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Superintendent's Office — Application must be  
made in writing to the Associate Superintendent,  
1305 Springfield Street, Feeding Hills, MA 01030 no  
later than May 24, 1996.



## 'Bop & Pop' Concert Showcases Talents Of Agawam's Musicians

by Kathy Cassanelli  
News Editor

For the 50 or so family and friends gathered in the AHS auditorium for the Annual Bop and Pop Spring Concert performed by the High School's jazz band, show choir, freshman choir, and choreography classes, it was a night to remember. For those who didn't attend, it was the last time they're likely to see senior Justin Casinghino for just three bucks.

With selections from "Fame," "Flashdance," "The Phantom of the Opera," and "Les Miserables" topping the bill, the students of music teacher Steven Files and band director Tammy Watson held their audience captive in a two-hour show showcasing their musical talents.

Seniors Justin Casinghino and Alan Blake presented their original compositions, "The Doctor's Inn" and "Not For Theory," respectively, to an enthusiastic audience.

Other highlights from the evening included sophomore Irene Brown performing "On My Own" to a standing ovation; Casinghino's "Everything Happens to Me"; and Blake's saxophone solo "Georgia On My Mind."

Complimented on the performance of her jazz students, Ms. Watson said, "Sometimes I wonder if they're as good as I think they are and then I look over my students thinking, 'Here's Justin Casinghino, who just won an honorable mention in the state-wide jazz competitions; here's Brad Tilden, who's just returned from playing in England with the Springfield Symphony's Young People's Orchestra; here's Alan Blake, a fine young composer, and here's Mike Baggetta, who's won many soloist awards,' and I say to myself, 'Yeah, they're that good!'"



IN PHOTO LEFT, Kevin Tampone plays a jazz solo as Justin Casinghino (lower right) looks on; IN PHOTO RIGHT, Irene Brown was one of the vocal soloists at the Annual "Bop and Pop" Concert at Agawam High School. RELATED PHOTOS ON NEXT PAGE. Advertiser

News photos by Jack Devine.

## Four Town Students Recognized By WNEC

At the recent held Annual Honors Convocation conducted at Western New England College, several residents of Agawam and Feeding Hills were among those students who were recognized for their various accomplishments at the college.

Matthew J. Christy of Feeding Hills, son of George and Denise Christy, was inducted into

WNEC's Chapter of Alpha Lambda Delta Honor Society, which recognizes students who have maintained a 3.5 or better grade point average.

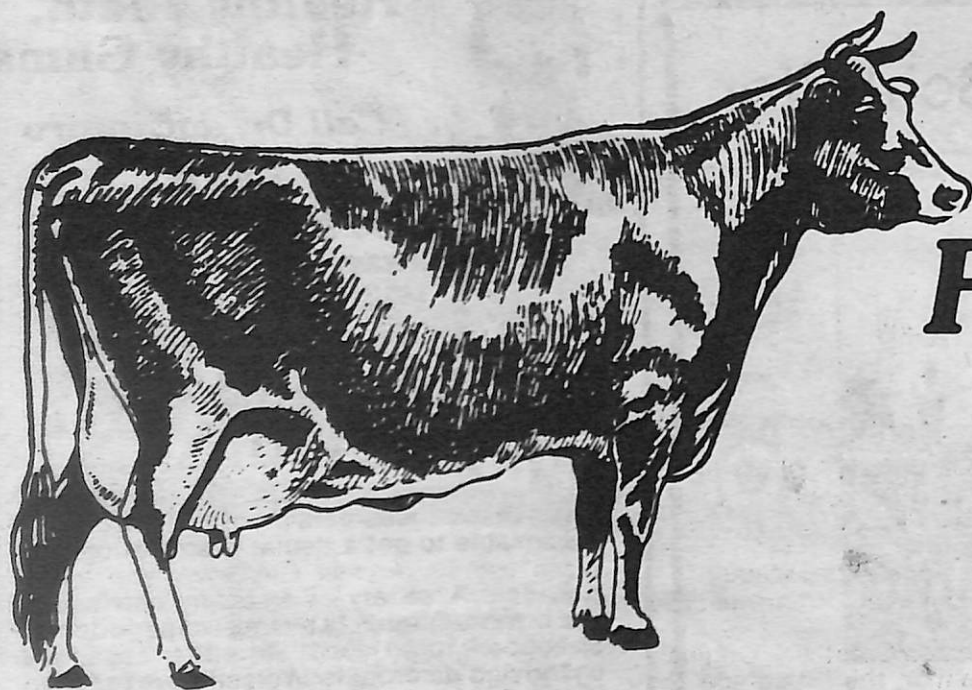
Julie A. Dialessi of Agawam, daughter of Robert and Lynn Dialessi, received the CALI Excellence for the Future Award - Law and Economics.

Christina M. Ianello of Agawam was inducted

into the Alpha Lambda Delta Honor Society. She is the daughter of Richard Ianello of Longmeadow and Filomena Dergola of Agawam.

Michael R. Kisielewski of Agawam, son of Ronald Kisielewski and Carole Settembro of Wethersfield, CT, was inducted into the Pi Sigma Alpha national honor society.

## AHS Athletic Department



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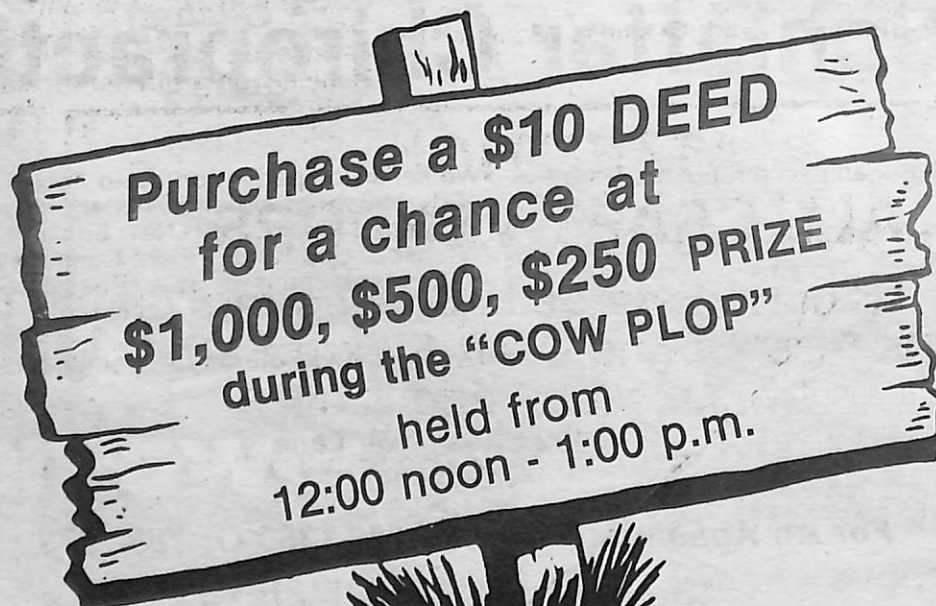
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## Bop And Pop Concert At Agawam High



THE ANNUAL AGAWAM HIGH SCHOOL Bop And Pop Concert was held recently and part of the night's entertainment was provided by the school's Freshman Chorus (above) and the Combined Choruses, both under the direction of faculty member Stephen Files. Advertiser

News photos by Jack Devine.



NICOLE BRITTAIN

## Nicole Brittain Receives Scholarship Award At Mitchell College

Nicole Brittain of Feeding Hills has received the George A. Mudge Scholarship Award from Mitchell College. This scholarship is given to an academically superior student who has achieved outstanding accomplishments.

A Dean's List student, Nicole is majoring in Marine Biology at Mitchell College.

She is the daughter of Peter and Gail Brittain of Feeding Hills.

## Car Wash Planned To Benefit AHS Band

A car wash to benefit the Agawam High School Band will be held on Saturday, May 18th from 12:00-3:00 p.m. at Topper's Ice Cream, 312 Springfield St., Agawam.

Tickets are \$4 for cars, \$7 for vans and trucks.

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## AHS Guidance...

by Judith Cohen  
Acting Director  
AHS Guidance Dept.

### Addressing A Parent's Concern Regarding AHS

Last week, a father of a Junior High student called to ask me about the high school. He had heard and read so many negative things about the high school that he was concerned about letting his child enter the portals of AHS.

How sad that good news about the high school is NOT what catches the reader's eye! Sensational and negative news are certainly the grabbers and do start the deadly virus of discontent.

Well, I regrouped for a minute, not wanting to respond in a defensive manner yet wanting to let the caller know that we do have a pretty good school here and turn out some awesome kids! With your indulgence, I would like to share the gist of the conversation.

The caller asked me about the course selection. I explained that we have a full selection of courses to tempt and challenge any student. Although we no longer have honors courses, certain courses, by their nature, are more difficult, require prerequisites, and therefore become more selective.

Advance Placement courses are offered in most major subjects and enjoy an adequate enrollment. Like other schools, we have basic requirements that necessitate youngsters receiving a well-rounded education and a demanding schedule.

When questioned if our students are ready for college, I answered that as in all high schools, those who have taken demanding college preparatory courses and have worked hard to achieve are absolutely ready for college, and history has proven that our graduates have performed very well. Many have graduated with honors and have gone on to graduate school. A past graduate, Ms. Hebert, has returned to her alma mater as an excellent mathematics teacher!

What I particularly applaud at our school is the dedicated staff who is ever-willing to help a child meet his/her potential. But—and this is a big BUT—the student must be available and willing to speak up and seek help!

I was asked about violence. Our new administration has been working very hard to ensure a safe environment for students and staff. There have been disciplinary actions taken to help accomplish this goal. With over 1,200 students, it is only realistic to assume that there will be a few problems. A school, after all, mirrors the outside world.

If it is decided to have a police officer in the halls, it is only to be proactive, not reactive. Many schools are doing just this. It by no means implies that we are running a jungle here! To the contrary, we are simply looking to ensure and maintain an environment conducive to learning.

Materials and equipment are being updated, but this takes time and money. Much more has to be done, but we have started and that's exciting!

Just come into the Guidance Office to see our counselors who are now happy campers working on their new computers. The monitors make it easier to see, and with less eye strain comes increased productivity!

As I told my caller, things are happening, but concerned parents (like he obviously is) can continue to make important things happen and perhaps facilitate their happening. By forming in-to groups, perhaps doing some fundraising for the schools, and by speaking up to express concerns and positive ways to alleviate them, the schools will continue to improve to positively impact the students of today as they become the backbone of tomorrow.

In several surrounding communities, successful groups have formed, ascertained what is needed in the schools, and through diligence have made these needs realities. I urge you all to stay involved, make constructive criticism, come visit our schools, and search for positive ways to affect change.

This is your community, in essence, your schools, so work hard to be proud of them. We invite you to care!

\*\*\*

#### GUIDANCE BULLETIN

**COLLEGE ACCEPTANCES** - Congratulations!  
Kelly Shaw, STCC; Shanna Benoit, STCC;  
Elaina Almora, Westfield State; Joshua Lightcap,  
Baran Institute of Technology.

## Agawam Schools' Weekly Lunch Menu

**Monday, May 20th:** Pepperoni-topped pizza, tossed garden salad with spinach greens & Italian dressing, chilled diced pears, milk.

**Tuesday, May 21st:** Steamed frankfort in roll, Boston baked beans, seasoned green beans, mustard, relish, catsup, chocolate brownie or fruit cup, milk.

**Wednesday, May 22nd:** Rotini with meatsauce, seasoned broccoli cuts, Italian bread & butter, fresh Mac apple, milk.

**Thursday, May 23rd:** Taco boat with cheese topping, creamy cole slaw, rosy applesauce, raspberry jello with topping, milk.

**Friday, May 24th:** Chilled orange juice, grilled cheese sandwich, pickle chips, three-bean salad with dressing, ice cream, milk.

## Agawam Junior High Jazz Band Receives Gold Medal At Festival

The Agawam Junior High School Jazz Band, under the direction of Scott Thomson, received a Gold Medal for their performance at the Massachusetts Association Of Jazz Educators Western District Junior Jazz Festival.

The performance took part at South Hadley High School on Monday, May 6th. Seven bands from Western Massachusetts took part in this festival, one of four similar festivals throughout the state.

The Jazz Band performed for an appreciative audience and three adjudicators, who rated the band in several areas, including musicianship, technique, and improvisational skills.

Also receiving recognition for outstanding musicianship were Betsy Cowan, Pat Lennon, and Mary Manning.

**PLEASE REMEMBER that Jack Devine needs at least 48 hours notice to cover your event. Call Jack at 789-0053.**



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THE SHAKESPEARE SOCIETY at Agawam High School recently celebrated the Bard's birthday with a week-long festival culminating in a dress-up day. Advertiser News photo by Jack Devine.

## William Shakespeare Alive & Well At Agawam High School

by Kathy Cassanelli  
News Editor

It's a good thing they didn't have a cake at this birthday bash—452 candles would undoubtedly have touched off a smoke alarm. There were no presents and the guest of honor didn't attend, yet the party was a huge success.

It was no ordinary birthday party as the Agawam High School Shakespeare Society celebrated William Shakespeare's birthday with a week-long festival culminating in a dress-up day and a performance of scenes from the plays presented by Larry O'Brien's AP English students.

O'Brien said this was the second year his classes have participated in a celebration of Shakespeare's birthday. "The kids decorated the showcase, made posters, and performed skits in the other English classes," O'Brien said. "This year, we're having a performance of scenes from the plays in the auditorium. I think they've done a great job."

O'Brien said his students earned class credit by collecting points in a Shakespeare Week Playbill keeping track of their participation in events, including dressing in Elizabethan costume on Shakespeare's birthday.

Dressed as Ophelia, Shakespeare Society Lady Chamberlain **Alicia Harvey** pointed out that the dress-up day at AHS was actually being held on the bard's baptismal day, three days after his April 23rd birthday.

As Lord Chamberlain of the Shakespeare Society, **Dan Houle** dressed for the occasion, but not as any particular character. Houle said he was dressed as a typical Elizabethan actor might dress—sort of an all-purpose Shakespearean character.



THE AHS VERSION OF THE Shakespeare Society, from left - The Lord & Lady Chamberlain, Dan House and Alisa Harvey, with faculty advisor Lawrence O'Brien. Advertiser News photo by Jack Devine.

Houle said the students would be presenting scenes from a number of plays, including *Macbeth*, *Hamlet*, *The Tempest*, and *Much Ado About Nothing*.

"We wanted a variety that maybe people hadn't read. The purpose is to make people more interested in Shakespeare's work," Houle said.



SUSAN ARNOLD

## Susan Arnold To Graduate From WNEC School Of Law

Susan Arnold of 72 Wagon Wheel Drive, Feeding Hills, will be graduating from Western New England College School of Law with a Juris Doctor degree this Saturday, May 18th.

During her studies at WNEC School of Law, Susan was in the top 10 percent of her class and wrote for the Western New England Law Review. She will graduate *cum laude* at this Saturday's commencement ceremonies.

Susan is a graduate of Agawam High School, class of 1989. After high school, she spent four years at the University of Massachusetts at Amherst, earning a Bachelor of Arts in English in 1993.

She plans to spend this summer studying for the bar exam, then sitting for the exam in July of this year.

After the bar exam, Susan will be relocating to the Fitchburg area to join the firm of Erb & Erb, a general practice firm, where she hopes to specialize in estate planning.

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## Sports

# Brownie Girls Stop Blue Devils At The Wire, 69-67

by Dave Rollins  
Sports Editor

You won't find the term "gut-check" in the dictionary. But the Agawam High girls' track team found it last Thursday afternoon up at Harmon Smith Field.

In sports, gut-check means a time when you put your record, reputation, and pride on the line. It was time for the Brownie girls to do just that. They came in at 5-1. (Agawam is unbeaten on the track. But they had to forfeit the West Springfield meet over a technicality in a student's report card.) The 6-0 Blue Devils of Northampton came calling. Both teams were battling for first place in the Valley League. Agawam prevailed, 69-67.

### Meet Decided In Track Events

This meet was decided in the track events. And perhaps the meet also made it clear that Agawam is a solid contender for some good things in the Western Mass. Tournament.

The irrepressible Sue Defilipi started things out in fine fashion for the Brownies, winning the high jump with a launch pad leap of 5'1". Though it was far from her personal best and AHS record of 5'4", Defilipi was smiling as usual after the tough win when 'Hamp's Kristen Ludwiczack (who has jumped 5'6" this season) misfired at 5'1".

At the other end of the field, Agawam wasn't faring quite as well. Their long and triple jumpers were going up against a 'Hamp team led by state long jump champion Tabitha Pyles. The main Brownie hope for both events was Danielle DiStefano. The competition between them didn't disappoint.

Pyles had jumps of 13'10", 14', and an event winner 15'2" in her three tries. DiStefano went 12'4", 14'4½", and 14'5", which was good enough for second place.

Pyles and DiStefano locked up in the triple jump as well. Once again, Pyles prevailed with a 34'4½" effort on her first try. DiStefano nailed a 33'5½" triple on her second attempt, which was where she ended up - in second.

The 100-meter high hurdles was won by 'Hamp's Ann Rundquist at 18.0. But the real battle for second and the combined points occurred between Agawam's Barbara Maloni and Christine Campbell. It was a dead heat between the two talented freshmen. The timers gave Campbell second at 18.4. Maloni clocked in at 18.5 for third.

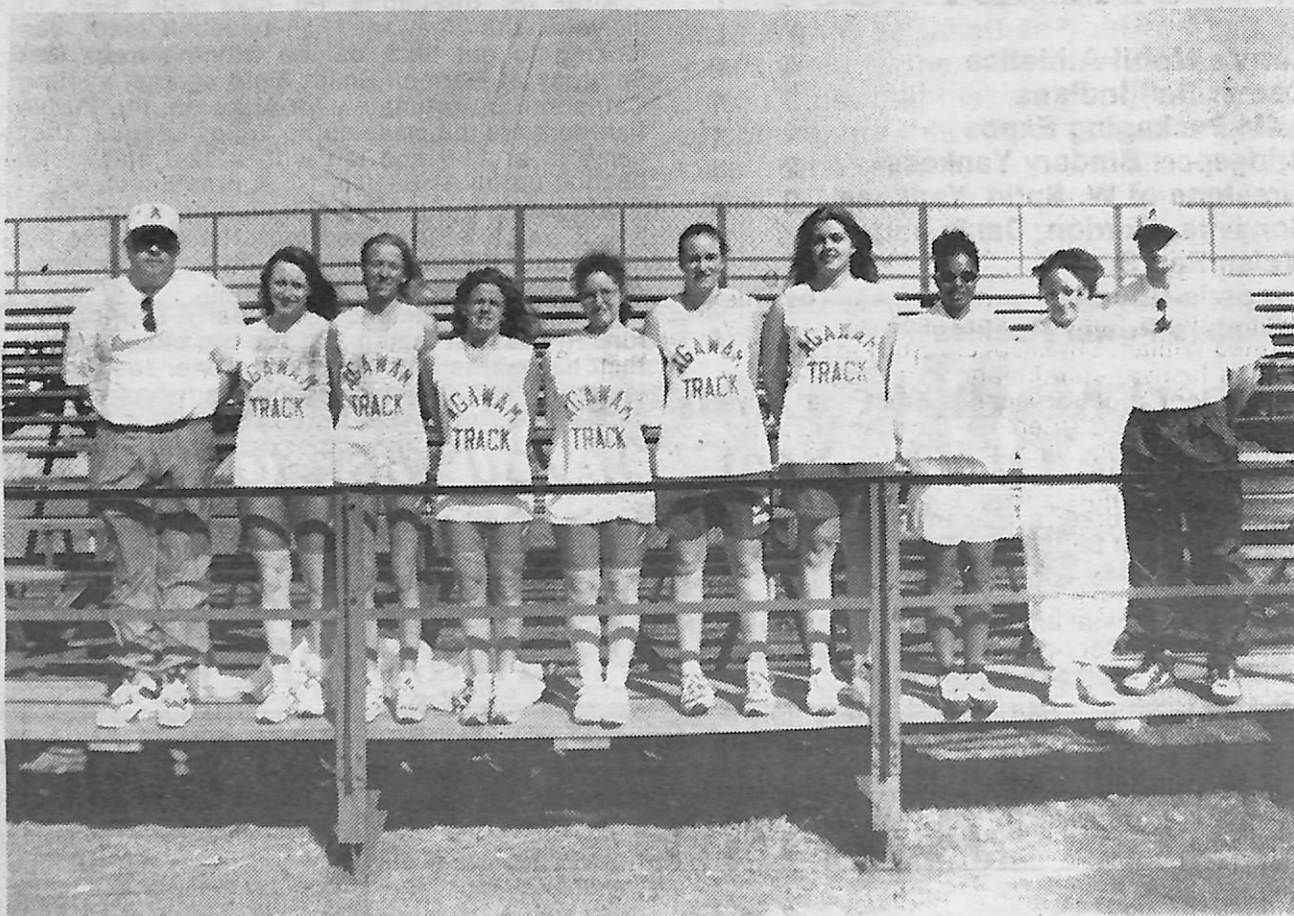
DiStefano, shutout so far, was hungry for a win. She got it in the 100-meter dash, beating her former nter, Pyles, in a drag race, 13.2 to 13.4. The Brownies' Kara McDade, running Pyles' draft, took third with a 13.6.

The mile saw some Blue Devil redemption and some grim Brownie determination. Maggie Coyle (6:03.5) pulled out first and led to the tape. Agawam's Sara Cote was 100 meters behind her at the gun lap. Then Northampton's April Grant began to pressure her. The final 100 meters saw both of them race for the finish line. Grant took second. Cote, who really isn't a miler, gutted it out and finished third at 6:25.6, which gave Agawam a vital point.

SEE GIRLS' TRACK - Page 41...



MEMBERS OF THE AGAWAM HIGH girls' track team are right in the running for a shot at the Western Mass. Team title in a few weeks. Advertiser News photo by Jack Devine.



HEAD COACH DEAN VECCHIARELLI (left) and Assistant Coach Dan Pryce with Class of 1996 members of the Agawam High girls' track team. Team members are, from left -Melissa Fleming, Sue Defilipi, Kara McDade, Kathy Willis, Jamie Thomas, Christy Agvinaga, Alicia Mahov, and Gina Marcil. Advertiser News photo by Jack Devine.

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## Agawam Little League STANDINGS (As Of 5/11/96)

MAJOR LEAGUE	W	L
Bridgeport National Royals	2	0
Hastie Fence Athletics	2	1
Hood's Giants	2	1
Rollaway Mets	2	1
Scott's Citgo Braves	2	2
Agawam DARE Orioles	2	2
Valenti's Restaurant Red Sox	2	2
Schlaffer Chiropractic Indians	1	2
Agawam Public Mkt. Yankees	1	3
Soda City Dodgers	0	2

MINOR LEAGUE	W	L	T
Lions Club Orioles	3	0	0
Luigi's Pizza & Pasta Braves	2	0	0
Parrotta's Auto Sales Athletics	2	1	0
Ayre Real Estate Giants	1	1	1
Teddy Bear Pool Mets	1	1	0
Bolduc Screen Printing Yankees	0	1	1
Dreyer Plumb. & Heat. Dodgers	0	1	0
Polish Club Royals	0	1	0
Longhi's Golf Center Indians	0	2	0
VFW Post 1632 Red Sox	0	3	0

## Agawam Babe Ruth STANDINGS

	W	L
Larry's Mobil Athletics	4	0
Corner Deli Indians	3	1
AKM Packaging Expos	2	1
Bridgeport Bindery Yankees	2	1
Firestone of W. Spfld. Yankees	2	2
Bonavita, Gordon, Danie and Walsh Red Sox	1	3
Topper's Royals	1	3
Berkshire Power Rockies	0	4

## Robert M. Burke Earns "Rookie Of The Year"

Robert M. Burke, a student at Southern Vermont College in Bennington, Vermont, has received the "Rookie of the Year" award in men's soccer.

Burke, a criminal justice major, is a graduate of Agawam High School. He is the son of Paula A. and Robert F. Burke of Agawam.



SENIOR CLASS MEMBERS of the 1996 Agawam High varsity baseball team. From left - Jim Baldyga, Chris Chechile, Jon Jacobsen, Coach Boo Smith, Dan Pellegrino, Mike Loguidice, Mike Domaingue, Jamie Scherban, and Jay Peloquin. Advertiser News photo by Jack Devine.

*Brownies Bounce Back With 2 Straight At Presstime...*

## Undefeated Cathedral Sends AHS To 9-2 Schoolboy Defeat

by Dave Rollins  
Sports Editor

After its frustrating 1-0 loss last week to Holyoke, the Agawam High baseball team was looking to get back on the winning track last Saturday at Harmon Smith Field against visiting Cathedral. Unfortunately for Agawam, the Purple Panthers are the class of the Valley League. They came in at 11-0 and left with a 12-0 slate after beating up on AHS (10-5, 1-2 at presstime), 9-2.

Jon Jacobsen (5 IP, 5 hits, 7 runs, 4 earned, 4 K's, 2 walks) started and took the loss. The big right-hander wasn't helped much by his defense, which made five errors behind him.

The Panthers jumped on top early, scoring two runs in the first inning. But the big blow came in their half of the third. Panther catcher Joe Streble launched a 400-foot plus, three-run homerun to centerfield that would have been out of Fenway

Park. The Brownies, down by five, weren't able to recover from Streble's blast.

Another part of their problem had to do with Cathedral's pitcher, Chris Capuano. The big senior left-hander fanned 14 hitters, including three straight in the second and sixth and gave up four hits.

The big blow for the Brownies was a run-scoring triple by Bryan Menard (1-3, 1 RBI) in the sixth inning which added to a run they picked up in the fourth when Todd Godfrey (1-3) singled in Jacobsen.

Dan Pellegrino (2 IP, 3 hits, 2 runs, both earned, 2 K's, 1 walk) came in to pitch the sixth and seventh innings.

At this writing, Agawam has lost three straight games.

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**GIRLS' TRACK - from Page 39...**

The meet was heading towards Maalox time for the attending Brownie faithful. Agawam needed some stand-up people to step up. They got four of them in the 4x100 (Kara McDade, Amy Loudfoot, Melissa Almquist, and Melissa Fleming). They won the event in a time of 53.3, with Fleming coming down the anchor leg like the finish line was a magnet and she was pure steel.

More was needed. It was tendered by Sue Defilipi and Jen Stratton in the 400-meter. Stratton blasted out to a substantial lead after 60 meters. But Defilipi is a master at this distance. She had to be sneaky quick. Stratton set the pace and set up Defilipi perfectly. She came down the stretch with enough gas left in her tank to take it in a personal best time of 63.9. Jen recorded third with a 66.2. 'Hamp's Ludwiczak (65.9) was second.

Northampton now led, 49-46.

The 300 low hurdles featured Pyles, who is also a state champion and unbeaten in the event, and Maloni. Maloni also took an unbeaten 300 low hurdle record into the matchup.

Both came off the blocks well. But Pyles, show-

ing better speed and senior experience, slowly pulled away, winning in a time of 47.2, which is the current best in the Pioneer Valley this year. Maloni managed a 49.9 for second place.

Agawam didn't win the 800-meter. But they showed great effort and desire. Cindi Alfano and Jessica Dutton were side-by-side down the stretch. Alfano (who collapsed from exhaustion at the tape) just nipped Dutton, 2:47.2 to 2:50.3. That second and third Brownie showing put them within striking distance of the Blue Devils, who now led the meet 60-53.

In track, the 200-meter is the pure speed race. DiStefano and Fleming were the featured Brownies in this one. Both shot to the front of the field from the get-go. DiStefano, displaying her raw power, pounded home first (27.9). Fleming, more of a glider, came in second at 28.8. Those two fine efforts knotted up the score at 61.

**The Crucial 2-Mile**

The 2-mile was crucial. Hamp's Maggie Coyle was the favorite to grab the five first place points. Agawam needed at least a second to have a chance of winning the meet in the final event - the 4x400 relay.

The field started out slowly. But the 2-mile is a race of strategy. Agawam's Melissa Cote was well aware of that. She tucked herself into the second slot and ran her race. She indeed finished second (13.52). Those three crucial points would be the key to the meet.

Cote, who was crying after the two-mile, said she was going for the first. But the realization that she had set her team up for a possible win took some of the tears away.

Stratton, Ellamarie Atkins (her first time in the event), Alfano, and Defilipi carried the team and Brownie faithful hopes in the 4x400, with the Devils now up by three, 67-64.

Stratton bolted from the blocks and had a big edge in her lap. Atkins took the baton and maintained the lead Cote had given her. Alfano took over with a 50-yard head start. But the 'Hamp runner started to close the distance. Defilipi was the anchor. She was off like a greyhound and finished it up in fine fashion, helping the team record a 4:33 time and more importantly, the hard-fought 69-67 victory.

## At Agawam High On Sunday, May 19th, The Cows Will Be On The March!

by Dave Rollins  
Sports Editor

You have to love this. On Sunday, May 19th, from 11:00 a.m. to 1:00 p.m., Agawam High School is going to hold a fundraiser for its athletic program.

It is going to be about as weird as you could ever imagine. Read on before you tune out. "I've done this before, when I was the Athletic Director at Middleboro High School," AHS Athletic Director Kathy McSweeney commented. AHS faculty member Gerry Smith, who happens to be the father of Agawam High baseball Coach "Boo" Smith, was in McSweeney's office. "I know this thing. They used to do it in Kansas," he said.

What is it? On Sunday, the school will have two cows up at the football field. We have not yet determined what breed of cows they will be. But here is the program. The students at AHS will sell deeds (they have already been doing it), right up until 11:30 a.m. Each deed will cost \$10. The field will be marked off into four, four-by-four-foot

squares.

The cows will be allowed to wander around the field. I don't know how to put this in a delicate manner. If the cow (two of them) "plops" in a designated square, the person who bought the deed for that square, wins \$1,000. If a cow happens to "plot" again in a designated square, the deed holder for that square will win \$500. If the cow desires to launch again on a square, the person holding the deed will win \$250.

McSweeney couldn't help but smile. "We are trucking these cows in," she said.

What kind of bovines are they? Who knows? They are being supplied by a local farmer.

There is absolutely no admission charge for this event. "We might have five or 500 people for this thing," McSweeney said. "We are talking about \$15,000 in income. We will give out \$2,000 in prizes. The rest goes to our athletic program."



### Golf Tip Of The Week...

Compiled by  
**Jim Modzelesky,**  
PGA  
Oak Ridge Golf Club,  
Feeding Hills, MA

### A Good Rule Of "Thumb"...

Your left thumb can help you regulate the length of your swing.

To shorten your swing, draw the thumb up the grip. To lengthen your swing, run your thumb farther down the shaft.

You must still make a good body turn, of course, but this rule of thumb will take care of the rest.

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## American Lung Association Plans Annual Golf Classic For June 6th

The American Lung Association of Western Massachusetts 1996 NYNEX Clean Air Classic Golf Tournament will be held Thursday, June 6th at Shaker Farms Country Club, Westfield.

Sponsored by Bertera Lincoln Mercury, Chrysler Plymouth, Subaru, Dodge & Suzuki, the tournament will feature a hole-in-one prize on each par 3, including an automobile on the ninth hole.

Costs are as follows:

**Player:** \$100 includes everything: lunch, golf carts, prizes, photos, refreshments, and dinner;

**Tee or Green Sponsor:** \$100 includes attractive company sign and listing in the program book;

**Silver Sponsor:** \$250, two players and a tee or green sponsor;

**Gold Sponsor:** \$450, four players and a tee or green sponsor;  
**Dinner Only:** \$30.

Any gift or contribution to this tournament will help this cause.

Guest player and speaker will be Bob Montgomery, former Red Sox catcher and baseball announcer. Eileen Curran, News 40 anchor/reporter, will act as Honorary Chairperson.

Local tournament committee members include Ken Barnes, Chairman, Sam Gourley, and Kirby Gearing.

Make your reservations early. A maximum of 156 golfers will be allowed. Last year, reservations sold out early!



**CLEAN AIR GOLF CLASSIC** committee members of the American Lung Association are preparing for the big tournament slated for June 6th. **IN TOP PHOTO** - Ken Barnes, Ed Plante, Kirby Gearing, Paul Kalill, and Fred Salvatore. **PHOTO BELOW** - Mike Ashe, John Croci, Vin Brozini, Dave Lyne, and Mario Sakellis, Lung Association executive director. Advertiser News photos by Jack Devine.



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## Agawam Thunder Set To Participate In Prestigious Tourney

The Agawam Thunder has been selected to compete against soccer teams from throughout the United States and Canada during the **National Soccer Hall of Fame's Summer Soccer Tournament Series**.

This year marks the 13th year for this annual event held in Oneonta, New York, located 23 miles southwest of Cooperstown. In the past two seasons, this prestigious event has attracted 665 travel soccer teams representing 14 states and two Canadian provinces, with over 40,000 spectators.

The **National Soccer Hall of Fame** sponsors the event in a continuing commitment to promote and develop American soccer.

The **National Soccer Museum**, currently located in downtown Oneonta, allows the tournament participants and spectators to appreciate the history of American soccer through its exhibits and video library. The museum traces the roots of American soccer, which dates back to the Civil War days.

All tournament matches are played at the Hall's Wright National Soccer Campus in Oneonta. The campus has been the site of numerous soccer events, including the Hall of Fame game, NCAA post-season play, and the PUMA Cup.

There are currently four state-of-the-art soccer fields, which represent phase one of the developing soccer campus. This 61-acre site will soon include a new National Soccer Museum, a 6,000 seat stadium, and an indoor soccer arena.

The Agawam Thunder will begin competition on Saturday, August 17, 1996, with matches continuing through the weekend. They will compete in the Girls' Under 13 Division, and will square off against teams from throughout the United States and Canada.

Check our classified pages

## Youths Can Sign-Up For Fall Football

The Agawam Youth Football Association will hold player registration on Tuesday night, May 21st, at the Middle School cafeteria from 7:00 to 9:00 p.m. New players must submit a copy of their birth certificate at registration.

The junior team is for those entering the fourth, fifth, or sixth grade in September. Junior players cannot turn 13 years of age on or before December 31, 1996.

The senior squad is made up of players entering the seventh and eighth grade this fall. Senior players cannot turn 15 years of age on or before December 31, 1996.

The registration fee is still \$75 per player. The fee for families with more than one child registering is \$100 per family. Coaches and staff will be available to answer questions about the football program.

This fall, the Agawam Warriors will be entering their eighth year in the Suburban Amateur Football League of Western Massachusetts. We hope you will join the football program and keep the winning tradition alive.

Best  
local  
news

## Rain Wipes Out Riverside Race Night

For the fourth time in 1996, Riverside Park Speedway was forced to postpone its Saturday night programming.

On May 11th, heavy rains and fierce winds cancelled the remainder of the NAPA Auto Parts 100/four-division special event. With 12 laps already completed in the Strictly Stock feature, this coming Saturday's (May 11th) program will offer a new format beginning with the continued Strictly feature.

At 6:00 p.m., the Strictly Stocks will run the final laps of the 20-lap feature. This will be followed by a Late Model feature of 25 laps, the Pro Stock feature of 50 laps, and the 100-lap NASCAR four-type Modified feature.

And that is not all! The program will also feature a brand new show for the Late Models and Pro Stocks with heat races and a new feature; Late Models will run a second feature of 25 laps, and Pro Stocks will run a second feature of 40 laps.

(NOTE: NASCAR four-type Modifieds will only run the 100-lap feature—no second Modified race will only run on May 18th. Meanwhile, the Strictly Stocks will not run another program on May 18th.)

The management of Riverside Speedway will honor grandstand "rain checks" only as a thank you to the fans that came out. However, pit passes will not be honored based on the second program in the Late Models and Modified divisions.

Admission for the event will be \$14.99 for adults, and \$2.99 for children 11 years of age and

under. The pit fee (with a new pit pass required) is \$18; everyone entering the pit pays.

Points will be awarded in all divisions, including the NAPA Auto Parts points for the first series of features.

\*\*\*

A total of 126 cars filled the pit area at Riverside Park Speedway for the Budweiser/NAPA Auto Parts "May Day Fantastic."

In NAPA Strictly Stock action, Glen Reilly beat out Tony Keilty and Dennis Charette. The second heat was won by Chris Valerio over Keith Miller and Dennis Brilla; heat number three was won by Jon Waterhouse, followed by Jim Sommers and Al Leone; in the fourth heat, Patrick Townsend won over Keith Carzello, Scott Ciak, and Pat Kretchman.


Late Model heats were won by Joe Czarnecki, P.J. Pelc, Joe Rzysteck, and the consi by Wayne Coury. Pro Stocks were won by Les Hinkley, Jeff Barel, Blaine Belz, and Barry Gray.

The NASCAR four-type Modified was qualified, with Eric LeClair beating out Reggie Ruggiero and Rob Summers. The second heat was won by Tony Papale over Richard Savary and Chris Kopec. Dan Avery won the third heat over Brian Schofield, Ted Riggott, and John Anderson. Fran Principi won the consi ahead of Bert Mervin and Brichie Gallup.

For more information on the format change for this Saturday, May 18, 1996, please call the 1-800-370-7488 hot line, then hit number 4 for updated race information.

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## Outdoors New England

by Kent Servis  
Outdoor Writer

### Fishing Smaller Waters - Part 3

In the first two parts of this series, we discussed some of the finer points of successfully fishing smaller waters like farm ponds and shallow backwaters. In this concluding article, we will briefly examine some of the lures and baits that have proved themselves as winners.

There is no such thing as a "miracle" lure that guarantees results. There are, however, many fine lures that when fished intelligently, will do the job that they were designed to do.

In the spring when water temperatures are cool and the bass are "bulking up" prior to nest building and spawning, some of the heaviest fish of the year are available. Like any predator, the bass will be an opportunistic feeder, getting the most "bang for the buck" in terms of prey captured versus energy expended.

The cooler water temperatures of spring usually demand a bait that can be fished more slowly while still providing enough realistic action to entice a strike. Lures that imitate wounded bait fish can be real producers.

Recent innovations have produced a new generation of lures that are known as suspending baits. These lures are principally elongated minnow imitators that will dive two to five feet upon retrieve. When the angler stops the retrieve, the lure remains suspended at whatever depth was achieved.

Twitches of the rod tip cause the lures to wiggle in an erratic manner signaling nearby predators that an easy meal is available. The Suspending Rogue and the new K.B. Special (which is made by local tackle tycoon Al Gag) are some of my personal favorites. There are other similar lures on the market and, if fished properly, will also yield good results.

Spinnerbaits with large blades can be fished quite slowly. Unlike the previously discussed lures, spinnerbaits can and should be fished in and around shallow weeded areas and thick brush. A varied stop and go retrieve that allows the lure to fall and then resume its course, is often the ticket to success when fishing spinnerbaits in cooler water temperatures.

When using this type of retrieve, many strikes will occur as the spinnerbait is falling into deeper water. The angler must be alert to even the slightest twitch in the line. A bass can simply inhale a lure, and if the fish is coming up from deeper water to inhale a bait that is falling, there may be no feeling of the hit.

Spinnerbaits with large blades will give off a pulse as the blades turn. This is the throbbing pulse that the fishermen can actually feel through the rod. When you don't feel the throb of the blade, set the hook! Something has stopped the bait from moving.

Warmer weather may dictate a more active presentation, with tandem blade spinnerbaits or propeller type "buzz baits." This is my absolute favorite type of top water fishing. When an aggressive bass clobbers a buzz bait being cranked across the surface, there is a special excitement that is difficult to equal!

Classic jig and pig combinations are excellent choices as well as plastic twister tail grubs. These lead jig combos also work well along the

drop offs.

In the colder water situations, I prefer the pork rind dressing on a jig because traditional plastic worm material will stiffen up in the colder water. A minor technicality, but one worth considering. The pork frogs remain extremely flexible and may give more lifelike action in the cold water.

The addition of a live shiner hooked through the lips can make an attractive dressing to any living rubber type jig. Night crawlers fished with a bottom walking sinker rig can be deadly. The only problem encountered with fishing crawlers is that smaller and perhaps less desirable fish like punkinseeds will quickly put a major dent in your worm supply.

Warmer water temperatures will drive fish into shaded areas and/or deeper water. A common sense approach to lure selection and presentation techniques will pay off all year in terms of angling success.

Remember, if you are not going to eat that fish or have it mounted by a taxidermist, carefully release it to fulfill nature's destiny and to provide an angling thrill another day.

#### THE SHAD ARE IN THE RIVER AND HITTING!

Fluctuating river levels have discouraged many river fishermen, but the Atlantic Shad have started their spring run up the Connecticut River and its tributaries. The larger female or roe shad have not arrived in numbers, but the smaller buck shad are available as of this writing. A recent outing with Peter Longo of Agawam provided plenty of action.

The key to success is in determining the proper size shad dart that's needed to overcome the deeper and faster moving water. Depth control and light conditions are the most important considerations in lure selection. Fish do not see colors the way that we do. To them the world probably appears similar to watching black and white television.

Colors will appear as different shades of gray depending on how much light penetrates the water. Sometimes a darkening sky or passing cloud cover will change the colors that are more visible to the fish.

Anglers fishing classic red and white darts may be having a field day, when changing light conditions shut off the action and the only people catching fish are those who are fishing green and chartreuse.

The point of all this? Bring along a healthy supply of darts in different weights and color combinations.

### FISH REPORTS

#### FRESH WATER

Kurt at Saunders Boat Livery at Congamond Lakes reports that due to the fluctuating weather conditions, fishing action has slowed. There have not been any notable catches brought in. The trout that are taken, have largely been caught by bait fishermen, although some of the early morning trollers have scored on a few fish.

Mr. Robblets at Robblets Sport Shop in Granby, Connecticut, gave a similar account of slow action. Once weather conditions stabilize, the fishing action should pick up. The high water conditions in area streams have prevented the instant harvest of freshly stocked trout, insuring some quality angling opportunities for the future weeks.

Lake Ontario fishing has suffered from the same weather fluctuations and high winds as the rest of the Northeast. Hopefully, the coming weeks will see better action.

Hudson River striped bass fishing is getting hot. Despite murky waters from heavy rains, some nice fish have been landed. Live herring have accounted for the lion's share of the striper action.

The next few weeks should see the peak of the striper run.

Connecticut River shad fishing is building to a peak that will occur in two to three weeks. The river and its tributaries such as the Chicopee and Agawam Rivers will hold sizable populations. Once the water levels recede to near-normal spring conditions, the action should be hot and heavy.

#### SALT WATER

Party boats and six-man charters have been hampered by poor weather conditions. Some cod are being taken on offshore areas; however, in-shore populations of cod are becoming more difficult to find.

Coastal striper fishing will get better as the water warms. Some stripers continue to be caught near the mouth of major rivers. The Thames River continues to provide action on schoolie stripers. Reports of larger fish have started to filter in, and the fishing should start to improve.

Flounder fishing in bays and river mouths has been spotty. Things should improve as the weather becomes more stable.

## 'Kamp For Kids' Golf Tourney At Oak Ridge

For the 20th year, it's time to "Tee It Up For KIDS!"

The 20th Annual "Kamp For Kids" Open Golf Tournament will be played on **Wednesday, May 29th**, at Oak Ridge Golf Club in Feeding Hills. In celebration of 20 years, golfers and friends of kids through Western Massachusetts will be enjoying a day of fun and helping to create a future of hope for families and kids who have disabilities.

Entry fee for the tournament is only \$75, and it

includes lunch (catered by Frigo's), greens fees, golf cart, and the banquet at Oak Ridge.

There are many opportunities to win prizes and awards: hole-in-one contests, door prizes, and a Charity Raffle which offers (among other prizes) round-trip air fare for two anywhere in the continental United States, compliments of AMERICAN AIRLINES, the official airline of the "Kamp For Kids" Golf Tournament.

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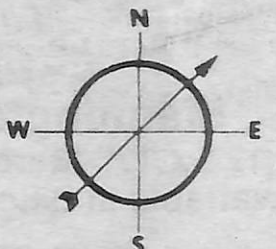
"Quality Work With A Personal Touch"

Staining, Spraying, Wallpaper Hanging  
Screen & Window Repair  
Interior & Exterior Painting

Free Estimates
413-786-3370

## Northeast Builders

(Since 1975)



- Roofing • Siding • Kitchens And  
Baths • Additions • Major Remodeling

Lots And Lots Of References And A  
Complete Portfolio

Rick Pfeffer  
4 Lenox Street, Feeding Hills

789-1150

Reg. No. 116963; Const. Sup. No. 000450

Free Estimates ... Full Licensed And Insured

## Lyman Custom Remodeling

- Kitchens
- Bathrooms
- Additions
- Hutches, Corner Cabinets, And  
Other Specialty Furniture



High Quality Workmanship  
Free Estimates • Fully Insured

Michael G. Lyman  
63 Columbia Drive  
Feeding Hills

789-3032

License No.  
048883

Have The Very Best Possible Time At Your  
Next Party

## Experienced Professional Disc Jockey

Not A Single Dissatisfied Customer  
**(413) 789-0829**

Charles Parker

37 Sheri Lane  
Agawam

## Vinyl Siding Windows Installed

Over 25 Years Experience  
Quality And Pride In Our Work



THE CHAREST CO. INC.  
HOME IMPROVEMENTS

42 White Birch Terrace, Feeding Hills  
786-8666

## Myrtle Beach Area Property

Century  
21.



## Boling & Associates, Inc.

7722 N. Kings Hwy.  
Myrtle Beach, South Carolina 29572  
Business (803) 449-7449  
Bus. (800) 634-2500, Fax (803) 449-8802  
Res. (803) 399-0305

Jack Shaughnessy

Formerly Of Agawam



Each Office Is Independently Owned & Operated





# Classified

## SERVICES

**AFFORDABLE LAWN CARE—LANDSCAPING:** Spring clean-up, aeration, mowing, dethatching, edging, hedge trimming, rototilling, bulk clean-up (cellars, etc.), top-seeding lawns, complete granular lawn care programs. Please call **789-9556**.

**SUMMER CAMP:** Basketball World Day Camps. Learn from NBA coach and scouts who teach the pros! Wilbraham and Monson Academy, June 24th-28th; Suffield Academy, July 29th-August 2nd. Boys/girls. Call for brochure. (860) **668-1656**.

**CARPENTRY SERVICES:** Additions & remodeling, family rooms, cellars, kitchens & baths, Florida rooms & screen porches, decks & replacement windows, wood siding & sheds. 25 yrs. exp. Fully insured & references. No job too small. Call George Bernier, **786-8452**.

**BILL SPEAR FORESTRY SERVICES:** Complete tree removal, trimming. Land cleared. Senior citizen discount. FREE ESTIMATES. Fully insured. Call **786-5081**.

**APPLIANCE AND REFRIGERATOR REPAIR:** Mr. Service. Fast, competitive prices. One call does it all. Your hometown repairman. Call (413) **789-1883**.

**DAVID'S WINDOW CLEANING AND JANITORIAL**  
Mother's Little Helper! Floors waxed, rugs shampooed, walls washed. Commercial and residential. Call Paul Ferrarini, (413) **786-4436**.

**NORTHEAST BUILDERS:** Custom homes & remodeling (since 1975). Fully insured & licensed. Rick Pfeffer, 4 Lenox St., Feeding Hills, MA 01030. Reg. No. 116963; Const. Sup. No. 000450. (413) **789-1150**.

**BANQUET FACILITY NOW OPEN** at picturesque St. Anne's Country Club in Feeding Hills, exclusively with Anne's Catering of West Springfield. All-occasion banquet room with seating up to 200 people. Wedding packages available. Call Anne's Catering at **736-8388**.

**CURLEY'S LAWN SERVICE:** Specializing in residential mowing and lawn maintenance. **786-4622**. Special discounts and priority service to seasonal mowing customers. A full-service, experienced landscape contractor. Free estimates. (See our display ad in this paper.)

**PAUL'S TREE SERVICE:** Removal, pruning, grinding, lot clearing, trimming hedges, cabling and bracing, lightning protection. Neat clean-up (no mess left). Call Paul Cocchi, **733-7520**.

**S & R LANDSCAPING:** Residential & commercial lawn maintenance. Creative design; new lawn & repair; spring & fall cleanups; stone; mulch; fertilizing; snow plowing; sanding. "Quality job at a reasonable price." Marc Bryden, Beeper: **846-8095**. Phone/Fax: **781-1135**. Neal Messier, Beeper: **730-0211**.

**CARPENTER:** Small jobs to custom homes. Honest work at today's prices. Senior discounts and free estimates. Call Stephen Gould, **786-6887**.

**CHRIS SORENSEN & SON SEPTIC SERVICE:** Septic systems pumping (emergency service). Licensed septic systems inspections; septic tanks & leach systems repaired. Sewer connections, complete service, new installations. Ludlow, **413-583-3238** or **1-800-718-7889**.

**EA WHITE LANDSCAPE CONTRACTOR:** Lawn maintenance; spring clean-up; shrub trimming; landscape design; mulch & stone installation and/or delivery; seeding & sodding; lawn aeration. Commercial & residential. Fully insured. Edward White, (413) **786-2366**.

**AJ POOL SERVICE:** POOL OPENINGS, service, and repairs. Liner replacement. Good rates. Call the Sapelli Brothers, **786-2103**.

**ROTOTILLING:** Gardens rototilled. Reasonable rates. Why shovel or dig? **1-413-667-3930**.

**PERSONALIZED WEDDING INVITATIONS.** All Occasion Invitations. Select in the comfort of your home. For an appointment, call Gail Roberts, **413-786-7231**.

**ARDIZONI CUSTOM CARPENTRY:** Building & remodeling. Kitchens, baths, additions, decks, new construction, general carpentry, fully insured (lic. no. 038529). **789-1458**, Feeding Hills. Quality workmanship since 1966.

**JODY'S DAYS FAMILY DAYCARE:** Has full-time openings, birth to pre-school, Clark School area, healthy meals, reasonable rates & hours, CPR/FA certified. OFC number **177523**. Call **786-4428**.

**ADAM BROTHERS LANDSCAPING:** Weekly mowing; landscape design; lawn renovation; trimming/pruning; dethatching; yard cleanups; mulch/stone; soil testing; retaining walls; ponds/patios; snowplowing; rototilling. Free estimates & senior discounts. "Your Lawn & Garden Experts." Michael Adam and Steven Adam, 66 Country Club Drive, Westfield, MA 01085. **562-1781** or **786-8981**.

**HOUSEKEEPING:** I have an opening for bi-weekly cleaning. Won't last. Call Rose, **786-5325**.

**LIL' ANGELS FAMILY DAY CARE:** Now has openings for full- & part-time care. Quiet street, fenced-in yard, and lots of TLC. Lic. no. **178005**. Call **789-2213**.

**AGAWAM FAMILY DAYCARE:** Phelps School District. CPR/FA Certified. Flexible hours, reasonable rates. Fenced-in backyard/play area. License no. **175320**. References available. Call Donna at **789-4162**.

**LISA'S LITTLE PEOPLE HOME DAY CARE:** Has full- & part-time opening for infants. Loc. off Spfld. St., F. Hills area. Lic. no. **91710**. Call Lisa at **786-3193**.

## WANTED

**HOUSE WANTED:** Relocated from Florida. Looking for three-bedroom house. One bedroom on ground floor with bath. Call **592-9840**.

**HELP WANTED:** Waitresses—Full-time, part-time for summer. College students welcome. Pond House Restaurant, 1422 Main Street, Agawam. Stop in and ask for Kathy Edelman.

**HELP WANTED:** Sales/distribution—Expanding company with active customer base seeks mature, self-motivated, organized individual for local route sales with high income potential. Van, base salary, and expenses provided along with expert training and support. Sales experience helpful but not required. Reply to: **TRADEPORT INC., Box 893, East Windsor, CT 06088**.

## FOR SALE

**FOR SALE:** Affinity golf clubs, fiberglass 3-PW bag, umbrella, covers for clubs, shoes (size 11½ - used 3 times)—\$450.00; also gym, Pro 9545 Weider, brand new—\$450.00; basketball hoop & pole, new. **786-5325**.

**FOR SALE:** 1994 Bay Liner open bow Merc. Cruise. Covers, trailer and accessories. Due to sickness. 70 hrs. on it. Call **786-3730** after 6:00 p.m.; ask for Bruce.

**FOR SALE:** Dickens' Village collection. Houses and accessories. Prices below true market value. Call **786-6359**.

**FOR SALE:** New contemporary living room set, kitchen table, 4 chairs, TV, VCR, dishes, pots, pans, dresser and mirror, and many more items. Best offer. Please call **789-1213**.

**BOAT FOR SALE:** 1988 Marlin 265 Raven. Low hours. (2) 175 IO's, 4 new Batts, Ref, Stove, Heat, H.W., VHF, Depth, Radar Arch, Trim Tabs, Full Canvas, w/Trailer. \$15,000. (413) **786-4960**.

**FOR SALE:** 4 H.P. Snap-on Handmower. Excellent condition - 2 yrs. old. Mulcher & Rear Bagger. \$125.00. Call **786-6519**.

## BAZAAR

**LLAMA BAZAAR '96:** May 25th & 26th, 10 AM - 5 PM. FREE! Demonstrations, hands-on experience, spinning, packing, shearing and more. Stamford, Vermont on Mass. border. (802) **694-1417**.

## PERSONAL

**THANK YOU ST. JUDE**  
For prayers answered. Publication promised.  
P.B.P.

## TAG SALE

**TAG AND BAKE SALE:** Saturday, May 18, 1996, 10 AM to 4 PM. Springfield Turnverein grounds, 176 Garden St., F. Hills. Wide assortment of goods.

**TAG SALE:** 50 Albert Street, Agawam. Saturday, May 18th — 9 AM to 4 PM.

**GARAGE SALE:** May 18 & 19 from 10-4 at 129 Parker Street, Agawam (off Main St.). A 6 family sale in a three car garage. Furniture, toys, household items, clothes, jewelry, and more.

## FOUND

**FOUND:** Domestic long-hair kitten, 6 months old; gray tiger with white feet. Suffield St. near Doloris Lane. Call **789-1191**.

## FOR RENT

**SUMMER RENTALS:** Brewster, Cape Cod. View of bay, walk to beach. Only 1 week available in 2 bedroom cottage, Aug. 24 to 31, \$520. Several weeks still available in 1 bedroom cottage, \$370. Call **786-1599** after 4:00 p.m.

*Best local news*

**NOW OPEN FOR SEASON**

- Assorted Decorative Stones
- Loam
- Mason and Concrete Sand
- Storage Sheds
- Mulch

All Traprock Products  
Wallstone  
Delivery Available  
Bird Baths  
Garden Edging

**Quarry Truck Co., Inc.**  
& LANDSCAPE SUPPLY YARD

15 HUDSON DRIVE • SOUTHWICK, MASSACHUSETTS  
Wholesale & Retail

OPEN DAILY: Monday Thru  
Saturday 8:00AM - 5:00PM  
Sunday 10AM - 3PM

Office: 413-737-7127  
Yard Phone: 413-569-3723  
WALT SZCZEPANIK

**Chris Sorensen & Son**  
**SEPTIC SERVICE**

**SEPTIC SYSTEMS PUMPING** EMERGENCY SERVICE

Licensed Septic Systems Inspections

**SEPTIC TANKS & LEACH SYSTEMS REPAIRED**

SEWER CONNECTIONS  
COMPLETE SERVICE  
NEW INSTALLATIONS

**413-583-3238**  
**1-800-718-7889**

LUDLOW

**Bill Spear Forestry Services**

**Call today!! to schedule all SPRING RESIDENTIAL work!!! before trees leaf out**

- ★ TREE REMOVAL
- ★ TREE TRIMMING
- ★ LAND CLEARING
- ★ BRUSH CHIPPING
- ★ STUMP GRINDING

Year-Round 24-Hour  
Emergency Storm Service

FULLY INSURED

Serving Agawam And Surrounding Area  
For Over 10 Years

**FREE ESTIMATES / SENIOR CITIZEN DISCOUNT**

All Phases of Professional Tree Work **786-5081**



# Riverside

Please Excuse Us, Agawam,  
But The Runners Are Runnin'



**Sunday, May 19th**

*RUN WITH RICKY*

**KIDS' FUN RUN At 1:00 P.M.**

A 30 yard 440 yard run (based upon child's age)  
around the oval speedway track.

**DIVISIONS: KIDS**

2 & under — 30 Yds.  
3-4 — 50 Yds.  
5-6 — 110 Yds.  
7-8 — 220 Yds.  
9-10 — 220 Yds.  
11-12 — 220 Yds.  
13-14 — 440 Yds.

**separate races for boys & girls**

**AWARDS:**

Boys' and girls' prizes will be:  
1st place — Bicycle  
2nd place — Radio  
3rd place — Sports Equipment

**RIVERSIDE SPECIAL: KIDS (up to age 14)**

For the \$11.00 entry fee all runners will receive FREE Park Admission and FREE entry to all rides and attractions and two FREE Bonus Badge tickets for their parents or guests.

**RIBBONS AND T-SHIRTS:**

As a memento of the special kids race, ribbons commemorating participation will be given to each runner finishing their event. T-Shirts will be given to the first 1000 kids entered. All finishers in the 2-and-under division will also receive a stuffed animal.

**New England 8K Championship**  
**7:00 PM**

An 8K road race through Agawam, starting at the main gate and finishing in the stadium. Flat course - perfect for a personal record. No bicycle escort. For more information, please call Donna, (413) 786-9300, ext. 3203. Cash prizes; entry fee, \$15.00; T-Shirts to the first 800 participants entered.

**USA Track & Field**  
*New England 8K*  
*Championship*  
*And*  
**KIDS' FUN RUN**



**Riverside**

OFFICIAL USE ONLY

Last Name									
First Name									
Address (include apartment no.)									
City/Town									
State		Zip Code				Age		Sex	
<input type="checkbox"/> 8K		<input type="checkbox"/> Fun Run				<input type="checkbox"/> Wheel Chair			
Team Competition (8K only)									
USATF No.						Club No.			
Team Affiliation									

Cut on Line

For good and valuable consideration, including PARTICIPANT being permitted to participate in the Twilight 8K ("EVENT") to be held on May 19, 1996 at Riverside Park, I, the undersigned participant ("Participant"), for myself, my successors, heirs, assigns, executors and administrators forever release and discharge Anheuser-Busch, Incorporated, its wholesalers, Riverside Park Enterprises, USATF-NE, and all its representatives, Sheriff's Track Club and Coca-Cola Company, all sponsors of the EVENT (Hereinafter individually and collectively in all combinations referred to as "BUSCH") from all claims, causes of action, costs and judgments that I now, or hereafter may have or claim to have against BUSCH for personal injuries, including death, and damages to property, real or personal caused by or arising out of PARTICIPANT'S involvement in the EVENT.

I further agree to and do hereby assume any and all risks of personal injuries to PARTICIPANT, including death, and damages to PARTICIPANT'S property, real or personal, caused by or arising out of PARTICIPANT'S involvement in the EVENT.

I further agree for myself, my successors, heirs, assigns, executors and administrators to indemnify and hold BUSCH harmless from all claims and suits for personal injuries, including death, and damages to property, real or personal, caused by PARTICIPANT'S act or omission and arising out of PARTICIPANT'S involvement in the EVENT, and from all judgments and costs recovered in said claims and suits and from all expenses incurred in defending said claims or suits.

I further agree that PARTICIPANT'S photographs, pictures, slides and movies taken or made by BUSCH in connection with PARTICIPANT'S involvement in the EVENT, or any reproduction of the same, as well as PARTICIPANT'S name, and in any manner be used by BUSCH, or by any person, corporation, partnership or association authorized by BUSCH.

I warrant that PARTICIPANT is in good health and has no physical condition that would prevent PARTICIPANT from participating in the EVENT.

I HAVE READ AND UNDERSTOOD THE FOREGOING RELEASE AND SIGN IT VOLUNTARILY.

Signature of parent or guardian if under 18 • PROOF OF AGE IS REQUIRED

